

# Moonshine Ink



Vintage 4, Nip 10

What's Brewing in Truckee

14 September – 11 October 2006

Priceless



## Edison's Medicine

How America's need for cheap energy has left us vulnerable to attack; and what we can do about it, 23

### Also in this edition:

Resort development turned Permaculture exhibition, 9  
'Real Skills for Real Jobs,' 17  
To pop a top or not? 30

## La medicina de Edison

Cómo la necesidad de Estados Unidos de tener energía económica nos dejó vulnerables para el ataque; y qué podemos hacer con esto, 22

### También en esta edición:

El desarrollo de un Resort resultó en exhibición de Permacultura, 8  
'Habilidades Reales para Trabajos Reales', 16  
¿Destapar una gaseosa o no? 30

# Wash and Learn

Dear Umbra,

What can I do about washing my car in a more eco-friendly way? Is phosphate-free soap enough, or should I just suck it up and go to the drive-through car wash every time?

~ Katie, North Carolina

Dearest Katie,

You are one of those fastidious people I see busily washing their cars on Saturdays. I always wonder why some people are driven to go to such lengths, while others consider washing their cars somewhere below replacing their toothbrush on life's long list of things to conveniently forget about. One of the little mysteries.

Washing the car at home might be cheaper and handier, but I'm afraid you have to suck it up. It's nearly always better to go to the commercial car wash. They use less water, and in the U.S. they are required to send their used water off for treatment, or to take other measures that lessen the impacts of their discharge. Some of them even reuse their water. Home washes, on the other hand, usually drain directly to storm sewers that eventually empty into streams, lakes, rivers, or bays, affecting our fish friends and the health of the water.

A survey a few years ago by the International Carwash Association (really!) found that a little under half of Americans prefer to suds up in the driveway, though. So if you do decide to keep washing the car at home, here are a few tips. Try not to do it very often. When you do it, park the car on your lawn, which acts as a natural filter for the soap, dirt, oil, and other gunk that would otherwise run down your driveway and straight into the drains. (Of course, you might not want that stuff on your lawn, either, if you stop to think about it.)

Next, consider the biggest problem with washing at home: water usage. One estimate says the average home wash uses 116 gallons of water. You don't



**Don't try this at home.  
No lo haga en el hogar.**

want to be a water-waster, do you? Use less by buying a nozzle that controls the flow from your hose, or by using a bucket – this will help you keep an eye on how much you're using. You might even collect rainwater or gray water from your house and wash with that. Guess what commercial car washes do? Mix air and water half and half, so they get pressure without volume. Smart. And as a result, most commercial washes use 60 percent less water in the entire process than you use just rinsing off your car.

When it comes to soap, you might try an eco-friendly soap like Dr. Bronner's, or no soap at all. The detergents in regular car cleaners hurt our fish friends by destroying a mucus layer that protects them from bacteria and parasites. They can also cause trouble by reducing the surface tension of water, which makes it easier for fish to absorb organic chemicals such as pesticides. Even the smallest amount of soap can make our fish friends unhappy – including those labeled biodegradable and low-phosphate.

Here's a final idea: you could park your car and never drive again. After all, a parked car is a clean car, right? Just a thought.

~ Buffly, Umbra

"Yours is to wonder why, hers is to answer (or try)." Umbra Fisk answers questions on all things environmental for Grist ([www.grist.org](http://www.grist.org)). This column was published on 21 August 2006.

# Lavar y aprender

Querida Umbra:

¿Qué puedo hacer para lavar mi coche de una manera más ecológica? ¿Vasta con utilizar jabón sin fosfato o debería llevarlo siempre hasta el lavadero de coches?

~ Katie, North Carolina

Queridísima Katie:

Eres una de esas personas mañosas que veo lavar sus coches los sábados. Siempre me pregunto por qué algunas personas llegan a tal extremo mientras que otras consideran lavar sus coches en algún lugar de modo que puedan reemplazar su cepillo en la larga lista de cosas que sería conveniente olvidar. Uno de los pequeños misterios.

Lavar los coches en la casa de uno puede resultar ser económico y práctico, pero me temo que tienes que evitarlo. En la mayoría de los casos, suele ser mejor ir a un lavadero de autos comercial.

Utilizan menos agua, y en los Estados Unidos se les requiere que envíen su agua utilizada a ser tratada, o que tomen otras medidas que disminuyan el impacto de su descarga. Algunos hasta reutilizan su agua. Los lavados que se realizan en el hogar, por otro lado, suelen drenar a las bocas de tormenta que desaguan en arroyos, lagos, ríos o bahías, y de esta manera afectan a nuestros amigos los peces y el bienestar del agua.

Una encuesta llevada a cabo unos años atrás por la International Carwash Association (Asociación internacional de lavaderos de autos) (¡En serio!) halló que un poco menos de la mitad de los estadounidenses prefieren la espuma del jabón en la entrada de la casa. Por lo que si decides seguir lavando el coche en tu hogar, aquí encontrarás algunos consejos. Intenta no hacerlo con mucha frecuencia. Cuando lo hagas, estaciona el auto en el césped que actúa como filtro natural del jabón, la mugre, el aceite, y otras porquerías que de lo contrario se escorrirían por la entrada e irían directo a las alcanc

tarillas. (Por supuesto, que tampoco querás toda esa mezcla en tu césped, si es que te detienes a pensarla).

Luego, considera el problema mayor que implica el lavado en el hogar: el consumo de agua. Un estudio indica que el lavado promedio en las casas utiliza 116 galones (438 litros) de agua. No querrás ser una despilfarradora de agua, ¿o sí?

Utiliza menos: compra una boca que controle el flujo desde la manguera, o utiliza un balde – esto te ayudará a controlar la cantidad que utilizas. Incluso puedes recolectar agua de lluvia o aguas grises de tu casa y utilizarlas para lavar. ¿Sabes lo que hacen los lavaderos de autos comerciales? Mezclan aire y agua mitad y mitad, de modo que obtienen presión sin volumen. Inteligente. Como resultado, la mayoría de los lavaderos comerciales utilizan un 60 por ciento menos de agua en todo el proceso que lo que utilizas sólo para enjuagar tu coche.

En cuanto al jabón, puedes probar con un jabón inocuo para el medio ambiente como Dr. Bronner's, o no utilizar ningún jabón. Los detergentes en los limpiadores comunes de autos dañan a nuestros amigos los peces al destruir una capa de mucosa que los protege de las bacterias y los parásitos. También pueden ocasionar daños al reducir la tensión de la superficie de agua, que les facilita a los peces absorber los químicos orgánicos tales como los pesticidas. Hasta la cantidad más pequeña de jabón puede hacer que nuestros peces se vean afectados, incluso aquellos que se etiquetan como biodegradables y de bajo fosfato.

Aquí hay una idea final: podrías estacionar el auto y no volver a conducir jamás. Después de todo, un coche estacionado es un coche limpio, ¿no es así? Sólo una idea.

~ Sacando brillo, Umbra

"Tu preguntas, ella responde(o intenta hacerlo)". Umbra Fisk responde acerca de todo lo relacionado al medio ambiente para Grist ([www.grist.org](http://www.grist.org)). Esta columna fue publicada el 21 de agosto de 2006.

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## Cover Stories



23

**9 Resort development turned Permaculture exhibition**

Sierra Hot Springs was going to be gated, but now it's going to be educational

**17 'Real Skills for Real Jobs'**

Sierra College works to meet community needs through programs that train for the 'real world'

**23 Edison's Medicine**

More than 50 percent of U.S. electricity is fueled by coal-fired power plants; Brian Woody looks at the archaic system and its disadvantages, while presenting an option for 'getting' renewable energy in your home today

**30 To pop a top or not?**

Linda Lindsay investigates the effect soda has on our culture and our bodies

## News



7

**5 Election 2006 coming up****7 Trout Creek Restoration****10 Design and Do**

Round up of success stories from the area

**15 Avenue of Change**

Kings Beach group works to address their community issues

**19 What's a Happening**

Saving lives on I-80; new kind of neighborhood; and be fire safe this winter

**21 Cup o' Coffee, Round o' Golf**

Java Jabber meets the Ponderosa Golf concerned citizens group; what they think and what they did

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**Editor's Box:  
Percolating Premises**

Sometimes we know not what we do. Last month's edition, without intention, had a central theme of "love your mother." (Mother Earth that is.)

We had a thorough article on recycling that pointed out the ways we can be better consumers of her resources. Picassos Among Us highlighted art that reconnects us to her. And the center story, "Rebuilding Pakistan," documented the poignant story of cherishing all her people and places. Many of you told us you enjoyed that issue (let's put it in writing, folks), which made us feel good for us and the earth.

This month, without intention, another theme percolated to the surface: Collaboration. Picassos Among Us, on page 43, uses the term directly this month (seems Carole is the litmus test or something); other stories allude to it. The Sierra Hot Springs story, page 9, and Java Jabber, page 21, illustrates what can happen when a community bands together to voice its opinion. The story on page 15, about Creciendo Unidos, a Kings Beach organization, describes a community coming together to work out its problems and the center story demonstrates how we could collectively drive the energy market toward renewable energy solutions. We hope you enjoy this theme as well. If you do, drop a note to editors@moonshineink.com (in spanish or english).

This month marks two milestones for Moonshine Ink. First and foremost, as of late August, one of Moonshine Ink's founders has officially said 'sayonara' to never-ending deadlines. Anne Grogan has left the stage, on to other less sleep-deprived endeavors. See her editorial, page 13. Secondly, you are holding the biggest edition we've printed in the history of Moonshine Ink – 44 pages of pure unadulterated brew. ~ Mayumi

## Mountain Life

**32 Addicts discover yoga, ayurveda**

Local recovering addict develops a retreat based on achieving balance within body and mind

**33 Kids Page**

Looking at sports at the Truckee Library

**35 A Snowy September**

She may be black but she's as fun as snow; Flip interviews his first foster dog and likes it.

**37 Do you hear the Belles singing?**

Truckee's women a cappella chorus teams up with the Sierra Mountainaires for mid-west fun

**38 Vegans like breakfast too****40 Psychedelic tour of body**

Go to the planetarium to see deep within our bodies

**43 Cooperation & Art**

Cooperation comes in many forms and just as many magnificent results, by Carole Sesko



43

**The Regulars**

The Spout .....	13
Wellness & Learning .....	starts 33
Rocking Stone cultural beat .....	starts 37
Classifieds .....	42

## En Español

**4 Se acercan las elecciones****6 Recuperación de Trout Creek****8 El desarrollo de un Resort resultó en exhibición de Permacultura**

Sierra Hot Springs iba a ser cercado, pero ahora será educacional

**14 Camino para el Cambio**

Un grupo de Kings Beach trabaja para tratar los problemas de su comunidad.

**16 Habilidades Reales para Trabajos Reales**

Sierra College trabaja para atender las necesidades de la comunidad a través de programas de entrenamiento para el 'mundo real'.

**18 Que está pasando**

Salvando vidas en la I-80, una nueva clase de vecindario, y seguridad contra incendios.

**22 La medicina de Edison**

Más del 50 por ciento de la electricidad de EEUU proviene de plantas de generación a carbón; Brian Woody analiza el arcaico sistema y sus desventajas, y presenta una opción para obtener energía renovable en su hogar hoy.

**30 ¿Destapar una gaseosa o no?**

Linda Lindsay investiga el efecto que tienen las gaseosas en nuestra cultura y nuestros cuerpos.

**La Caja del Editor:****Premisas Infiltradas**

A veces no sabemos lo que hacemos. La edición del mes pasado, sin intención, tuvo el tema central de

"ama a tu madre" (me refiero a la Madre Tierra). Tuvimos un minucioso artículo sobre reciclado que indicó cómo podemos ser mejores consumidores de sus recursos. Picassos Entre Nosotros destacó el arte que nos reconecta con ella. Y el artículo central, "Reconstruyendo Pakistán", documentó la conmovedora historia de apreciar toda su gente y sus lugares. Muchos de ustedes nos dijeron que disfrutaron esa edición (dígano por escrito amigos), y eso nos hizo sentir muy bien por nosotros y por la tierra.

Este mes, sin intención, otro tema se filtró hacia la superficie: Colaboración. Picazos Entre Nosotros utiliza el término directamente este mes (parece que Carole es la prueba definitiva o algo así); otras historias aluden al término. El artículo sobre Sierra Hot Springs, página 9, y Java Jabber, página 21, demuestran lo que puede suceder cuando una comunidad se une para expresar su opinión. La nota de la página 15, sobre Creciendo Unidos, una organización de Kings Beach, describe a una comunidad reunida para resolver sus problemas, y el artículo central demuestra cómo colectivamente podríamos dirigir el mercado energético hacia soluciones de energía renovable. Esperamos que también disfruten este tema. Si les gusta, envíen una nota a editors@moonshineink.com (en inglés o español)

Este mes marca dos hitos para Moonshine Ink. Primero y principal, a partir de agosto, una de las fundadoras de Moonshine Ink ha dicho oficialmente "sayonara" a las interminables fechas límites. Anne Grogan ha dejado el escenario, para dirigirse hacia trabajos que no priven tanto el sueño. Vean su editorial, página 13. Segundo, tienen en sus manos la edición más grande que hayamos impreso en la historia de Moonshine Ink – 44 páginas de un brebaje puro e inalterado.

~ Mayumi

## Reuniones Muy Importantes

• **Comunidades 'Habitable y Caminables':** Una serie de 3 talleres educativos para inspirar, educar, y resaltar los elementos de una comunidad habitable y caminable. Comienza el **18 de sept.** de 5:30 a 8p.m. en el Centro de Conferencias de North Tahoe en Kings Beach. Se realizarán talleres adicionales el **3 y 27 de oct.** Para información contactar a Pam Jahnke al 530-546-9000 o visite [www.ntbamainstreet.org](http://www.ntbamainstreet.org).

• **Viviendas Accesibles:** Los primeros promotores en la región tendrán su próxima reunión el **20 de sept.** Para información comuníquese con WHATT al 530-587-7567 o [katie@whatt.org](mailto:katie@whatt.org).

• **Arreglando la Cueva:** Caltrans propone reemplazar el actual túnel "Cueva de ratón" en Hwy. 89 por una estructura más ancha con cuatro carriles para dar espacio a los peatones y ciclistas. Caltrans realizará una reunión abierta en el Ayuntamiento de Truckee el **27 de sept.** de 4 a 7 p.m., para darle al público la oportunidad de comentar sobre los planos del diseño preliminar, alternativas propuestas, y el cronograma del proyecto. No habrá presentaciones formales, y el público está invitado a presentarse en cualquier momento dentro del horario. Para contactar a Caltrans Distrito 3, llame al 530-741-4211 o visite [www.dot.ca.gov/dist3/](http://www.dot.ca.gov/dist3/)

• **Plan general Truckee 2025:** es tiempo de que el Concejo de la Ciudad revise el Plan

> **Lunes 25 de sept.** – Sesión de revisión de las recomendaciones de la Comisión de Planeamiento

> **Lunes 2 de oct.** – Audiencia pública para recibir comentarios del público.

> **Lunes 16 de oct.** – Continuación de la audiencia pública para comenzar las deliberaciones.

Todas las reuniones comienzan a las 6 p.m. y se realizarán en la Cámara del Concejo en el Ayuntamiento. La fecha límite para presentar comentarios escritos o verbales es el 2 de octubre.

# Se Acercan las Elecciones

Por Ronnie Colby  
Moonshine Ink

Este 7 de noviembre los residentes del área de Truckee tendrán la oportunidad de votar algunos cargos importantes. Son de relevancia particular para nuestra zona las elecciones para los puestos en: Distrito Congresional 4, Concejo de la Ciudad de Truckee, Administración Área 1 del Distrito Escolar Unificado de Tahoe Truckee, Distrito del Hospital Tahoe Forest, Distrito de Servicios Públicos de Truckee-Donner, Distrito del Aeropuerto de Truckee, Parques y Recreación Truckee-Donner, y Distrito de Sanidad de Truckee.

Existe un gran cinismo respecto al voto. De 75.000 posibles votantes en el Condado de Nevada, sólo 63.575 (84,4 por ciento) están registrados para votar. Cerca de un 66,8 por ciento de esos votantes registrados participaron en la elección gubernamental de 2002. En otras palabras, de 75.300 votantes potenciales, unos 44.268 votaron efectivamente. Hay 31.032 personas (41 por ciento) en el condado que no votaron. Otra forma de verlo: 59 por ciento del

condado determinó quién goberaría al otro 41 por ciento. Esto es democracia. Probablemente Gil Scott-Heron todavía esté preguntando "¿Esto es un mandato?" Tal vez es sólo una película de clase B, como dijo él.

Estos números deberían demostrarles a los residentes del Condado de Nevada – y del vecino Condado de Placer, cuyas estadísticas no son muy distintas – la importancia que un individuo ciertamente puede tener en el resultado de una elección. Judy Price, administrativa del Municipio de Truckee, comentó a Moonshine Ink que unos 32 votos determinaron el puesto de un Concejal en las últimas elecciones.

¿Por qué a la gente le resulta fácil sentirse sin poder? 'Soy sólo una persona; mi voto no importa' Escucho esto todo el tiempo. ¿Qué pasaría si todos tuvieran la perspectiva opuesta? Y si siempre escuchara 'Todos mis vecinos y yo vamos a dedicar una hora de nuestro tiempo (cada dos años) y votar. Descubrimos que la suma puede significar algo.' Mejor aún, dedique una hora más y familiarícese con las personas que dirimirán su pueblo, su compañía eléctrica, su distrito congressional. ¿Son estas personas "del

pueblo"? ¿Están interesados en representar nuestros intereses, o tienen una agenda aparte? ¿Qué pasó con la iniciativa de agregar una casilla que diga "ninguno de los anteriores" en la boleta electoral?

Si los pueblos tienen los líderes que se merecen, como parafraseó Jefferson, entonces estimado lector, ¿Qué hará con su situación política? ¿Valió la pena su inversión en sabiduría política? ¿O el escrutinio mediocre de candidatos reveló un verdaderamente mediocre e inescrupuloso mandatario? Cualquiera sea el caso, el 7 de Noviembre sólo recuerde: votar los incentiva.

En la edición de oct/nov de Moonshine tendremos la cobertura completa de las elecciones locales. El mejor lugar para actuar es el nivel, amigos. La política regional afecta nuestras vidas más directamente; las decisiones se toman de acuerdo a las prioridades de las carreteras, vecindarios, escuelas y agencias locales. Infórmese. Investigue los candidatos. Vaya a conocerlos a las reuniones de la Cámara de Comercio, del Concejo de la Ciudad, etc... Pregúntele por qué creen que están calificados.

~ Para recibir asistencia en español sobre cómo registrarse para votar, comunicarse con la oficina de Secretaría de Estado, número gratuito, 1-800-232-VOTA.

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pagado por el Comité para Electo Tom Anderson Juez, P.O. Box 2810, Nevada City, CA 95959

# El Temperamento Judicial Correcto

## Local Elections Loom

By Ronnie Colby  
Moonshine Ink

This November 7, Truckee area residents will get to vote for some particularly important offices. Of particular relevance to our area are the races for 4th Congressional District, Truckee Town Council, Tahoe Truckee Unified School District Trustee Area 1, Tahoe Forest Hospital District, Truckee-Donner Public Utility District, Truckee Tahoe Airport District, Truckee-Donner Parks and Recreation, and Truckee Sanitary District positions.

Great cynicism exists about voting. Of 75,300 eligible voters in Nevada County, only 63,575 (84.4 percent) are registered. Around 66.8 percent of those registered voters turned out in the 2002 gubernatorial election. In other words, out of 75,300 potential voters, some 44,268 actually voted. That's 31,032 people (41 percent) in the county who didn't vote. Another way to look at it: 59 percent of the county determined who would manage the other 41 percent. This is democracy. Gil Scott-Heron is probably still asking,

"This is a mandate!?" Maybe it's just a B-movie, like he said.

These numbers should show Nevada County residents – and neighboring Placer County residents, whose statistics are not much different – the importance that an individual can indeed have on an election's outcome. Truckee Town Clerk Judy Price told Moonshine Ink that some 32 votes determined the seating of one Councilmember in the last race.

Why are people so good at feeling disempowered? I'm just one person; my vote doesn't matter.' I hear this all the time. What if everyone had the flip perspective? Instead, what if I always heard, 'All of my disempowered neighbors and I are going to take one hour (out of every two years) and vote. We figured that together it might be worth something.' Better still – take a second hour and familiarize yourself with who is about to be running your town, your electric company, your congressional district. Are these people actually "of the people?" Are they interested in representing your interests, or do they have an agenda that sounds like they know better than you do? Whatever hap-

pened to that initiative to get a "none of the above" box to check on the ballot?

If people get the leader they deserve, as Jefferson paraphrased, what then, dear reader, do you make of your political situation? Has your investment in political wisdom paid off? Or has lackluster scrutiny of candidates revealed a truly lackluster, unscrupulous incumbent? Whatever the case, just remember this November 7: voting encourages them.

Watch for complete local election coverage in the Oct/Nov edition of the Ink. The local level is the place to act, folks. Regional politics affect your life most directly; decisions are made regarding roads, developments, schools, and local agencies' priorities. Educate yourself. Research the candidates. Go meet them at Chamber of Commerce mixers, Town Council meetings, board meetings, etc... Ask them why they think they're qualified.

See <http://new.mynevadacounty.com/elections> for info on voting in Nevada County; see [www.placer.ca.gov/Recorder/Elections](http://www.placer.ca.gov/Recorder/Elections) for info on voting in Placer County; for more general information, see <http://www.smartvoter.org/> or <http://www.ss.ca.gov/elections/>.

### Really Important Meetings

- Livable Walkable Communities:** A 3-part series of educational workshops to inspire, educate, and highlight the elements of livable and walkable communities. Begins **Sept. 18** from 5:30 to 8 p.m. at the North Tahoe Community Conference Center in Kings Beach. Additional workshops will be on **Oct. 3** and **Oct. 27**. For info, contact Pam Jahnke at 530-546-9000 or visit [www.ntbamainstreet.org](http://www.ntbamainstreet.org).

- Affordable Housing:** The premier advocate in the region holds their next meeting on **Sept. 20**. For info, contact WHATT at 530-587-7567 or [katie@whatt.org](mailto:katie@whatt.org).

- Fixin' the Mousehole:** Caltrans is proposing to replace the existing "Mousehole" tunnel on Hwy. 89 with a wider structure with four lanes to better accommodate pedestrians and bicyclists. Caltrans is holding an open house at Truckee Town Hall on **Sept. 27**, from 4 to 7 p.m., to give the public a chance to comment on preliminary design maps, proposed alternatives and the project's schedule. There will be no formal presentation and individuals are invited to drop by any time. To contact Caltrans District 3, call 530-741-4211 or visit [www.dot.ca.gov/dist3/](http://www.dot.ca.gov/dist3/)

- Truckee 2025 General Plan:** It's time for Town Council to review the Plan.

- > Monday, **September 25** – Review session on Planning Commission recommendations
- > Monday, **October 2** – Public hearing to accept public comments
- > Monday, **October 16** – Continued public hearing to begin deliberations

All meetings start at 6 p.m. and are to be held in the Council Chambers at Town Hall. Deadline for submitting written or verbal comments to the Council is October 2.



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*The Right Judicial Temperament*

## Respira Tranquilo, Nueva York

Los estudiantes de las escuelas de Nueva York respirarán tranquilos este otoño gracias a una nueva ley que obliga a las escuelas del estado a comprar suministros de limpieza ecológicos.

~ Poughkeepsie Journal,  
1 de Septiembre de 2006

## Burning Man, conoce a Cooling Man

En un intento por compensar la cantidad estimada de 1 tonelada de gases de invernadero que emite cada participante de Burning Man (durante su aventura desde el hogar al desierto), [www.coolingman.org](http://www.coolingman.org) ofrece la oportunidad de calcular la cantidad de polución que uno produce y también formas de mitigar esta polución, ya sea plantando un árbol, o comprando "créditos" o "compensaciones" que se invierten en proyectos de energía renovable.

## ¿Leí bien?



"Por favor, no arroje las colillas de cigarillos al piso. Las cucarachas están enfermando de cáncer."

## Tiempo de Miseria

La confianza de los consumidores de Estados Unidos cayó en agosto a su nivel más bajo desde noviembre de 2005, la caída mensual más grande desde el Huracán Katrina.

~ The Economist.org, 31 de agosto de 2006

## G'Day, Mate

Steve Irwin, el famoso "Cazador de Cocodrilos" de Australia, murió al ser atacado por una manta raya mientras filmaba en la Gran Barrera de Coral. Durante la grabación de una serie llamada "Los más Mortales del Océano" Irwin nadó muy cerca de una manta raya que para defenderse le atravesó el pecho con su cola venenosa.

~ Associated Press,  
4 de septiembre de 2006

## ¿Evolución o Patrañas?

El porcentaje de adultos estadounidenses que aceptan la teoría de la evolución ha caído de 45 a 44 por ciento en las últimas dos décadas. Sin embargo, de 33 naciones "modernas" estudiadas, sólo la población de Turquía es más reticente a la idea de que los seres humanos descendieron de los animales. Patrañas

~ Science Magazine.org,  
11 de agosto de 2006

# Comienza la restauración del Trout Creek

### El Concejo de Truckee:

Barbara Green

Craig Threshie

Josh Susman

Vice alcalde Richard Anderson

Alcalde Beth Ingalls ausente

Asamblea 17 de agosto, 2006

Por Ronnie Colby

Moonshine Ink

Durante los últimos siete años, la Alcaldía de Truckee ha trabajado para restaurar una sección de 6.600 pies de largo del Trout Creek desde la calle Bridge, por el acueducto de hormigón a lo largo de Jibboom Street, debajo de la calle Donner Pass, alrededor del área circular, y finalmente hacia el Truckee River. El proyecto está en la primera de sus tres fases, que se concentrará en el área más pequeña del área propuesta para ser reparada pero también la más costosa sobre la base de pies lineares, debido al arroyo que pasa por Donner Pass Road, según dijo Dan Wilkins, ingeniero de la alcaldía. Este proyecto reemplaza la alcantarilla rectangular por la cual ahora corre el arroyo. El agua en la alcantarilla actual corre a unos 250 pies cúbicos por segundo, aún así unos 870 pie cúbicos por segundo es la tasa que se necesita para cumplir con los requisitos sobre inundaciones de cien años. La fase uno implica un puente construido sobre el área de Jibboom Street debajo del cual fluye el arroyo y la restauración del canal del arroyo para lograr un fondo natural con vegetación y rocas. Grandes cantidades de agua podrán pasar por debajo de Donner Pass Road sin ocasionar inundaciones durante las tormentas. Los proyectos también financiarán el refortalecimiento de diques débiles presentes cerca de las áreas ferroviarias del área circular.

-Las residencias de Trout Creek Road "quizá nunca deberían haberse construido" - expresó Wilkins- debido a que las propiedades se inundan durante las tormentas. Trout Creek Road y el Catholic Church Parking Lot (estacionamiento de la Iglesia Católica) se inundaron dos veces el pasado invierno. El nuevo sistema de drenaje en la intersección de aquella ruta y Donner Pass Road estará conformado por una alcantarilla con un depósito de tratamiento de agua de tormenta en el frente y una compuerta de charnela y alcantarillas en la parte posterior de manera que durante las inundaciones, el agua no pueda volver hacia las propiedades afectadas. -No se trata de un proyecto que pondrá fin a los



**Recorran el Trout Creek:** Alguna vez, recorran el Trout Creek. El viaje completo comienza en las aguas centrales de Creek desde Swiss Lane en Tahoe Donner. De lo contrario, comiencen en las calles Jibboom y Bridge cerca del puente sobre la carretera 80 donde el Trout Creek baja en dirección a la alcantarilla rectangular de la calle Jibboom. Luego, sigan la alcantarilla hacia el Este, a lo largo de Donner Pass Road, Truckee Tahoe Lumber, paralelo a Glenshire Drive, a través de Truckee Tree Company (ex Trout Creek Landscape Supply), paralelo a las vías ferroviarias, y finalmente debajo de las vías hacia el Truckee River.

problemas de las inundaciones en el área ferroviaria o en Trout Creek Road- señaló Wilkins- aunque sí eliminará los problemas de las inundaciones en el estacionamiento de la Iglesia Católica-dijo.

### Impactos fiscales de la Fase 1

El presupuesto inicial de la alcaldía para la fase 1 era de \$1.197.546 pero la licitación mínima requiere de \$519.600 adicionales. El Presupuesto General proveerá otros \$ 319,629, y la Redevelopment Agency y el Facilities Impact Fee Program aportarán cada uno \$100.000 para la cifra final como licitación por parte de Yubacon Inc. Durante las preguntas por parte del Concejo, el director de la alcaldía, Tony Lashbrook, expresó que "aunque nuestra capacidad de financiar proyectos de desarrollo sigue en aumento, este será un gran golpe en nuestra capacidad de financiamiento actual". El Ingeniero de la Alcaldía, Dan Wilkins, afirmó que no se retrazarán otros Proyectos de mejora de capital (Capital Improvement Projects), "pero esto representa \$ 319.000 menos que pueden ingresar en el [nuevo] campo de la corporación de la alcaldía, por ejemplo". Wilkins agregó

que existe la probabilidad de que se puedan ahorrar unos \$50.000 si se utiliza más hormigón que acero, ya que el hormigón tiene mayor durabilidad que el acero en el caso del clima de Truckee.

Los costos de las otras áreas de Trout Creek serán dados a conocer "una vez que estén finalizadas" dijo Wilkins, en respuesta a una pregunta formulada por el vicealcalde Richard Anderson. Él afirmó que el costo esperado es de \$3,2 millones, pero la restauración del Creek podría sin duda exceder esta cantidad. La intención por parte de la Alcaldía es completar la Fase 1 hacia fines de esta temporada de construcción.

Lisa Wallace, del Truckee River Watershed Council, aclaró que la restauración del Trout Creek ha sido una prioridad durante años. El Watershed Council entiende el costo causado por planes precarios de hace años y agradeció a la Alcaldía por la planificación actual. Denny Dickinson, un residente de Truckee, anunció que este será el puente más rápido que jamás se haya construido. Se preguntó qué sucederá si no se termina para el invierno. Wilkins explicó que existen planes de contingencia: si no se cumple el plazo de calificación del 15 de octubre, entonces el proyecto "será detenido durante el invierno de manera adecuada y permanecerá en un estado que permitiría al arroyo correr en su ubicación actual durante el invierno". La intendencia entonces esperaría hasta el próximo otoño cuando el nivel de agua haya bajado un décimo de residuo líquido en la primavera. Un integrante del Concejo, Threshie, preguntó si el puente nuevo será lo suficientemente ancho como para tener bici sendas, y Wilkins respondió afirmativamente. Con esto, el Concejo aprobó el contrato.



# Trout Creek's Restoration Begins

**Truckee Town Council:**  
**Barbara Green**  
**Craig Threshie**  
**Josh Susman**  
**Vice Mayor Richard Anderson**  
**Mayor Beth Ingalls ausente**

Meeting August 17, 2006

By Ronnie Colby  
*Moonshine Ink*

For the last seven years, the Town of Truckee has been working to restore a 6,600-foot long section of Trout Creek from Bridge Street, through the concrete flume alongside Jibboom Street, under Donner Pass road, around the balloon tract, and finally to the Truckee River. The project is entering the first of three phases, which will focus on the smaller section of the proposed restoration area but also the most expensive on linear foot basis, due to the stream undercrossing at Donner Pass Road, Town Engineer Dan Wilkins said. This project replaces the box culvert that the creek now runs through. The current culvert is rated at



**Wander Trout Creek some time.**  
The full trip begins at the Creek's headwaters off Swiss Lane in Tahoe Donner. Otherwise, start at Jibboom and Bridge streets near the Hwy 80 overpass where Trout Creek cascades toward the Jibboom Street box culvert. Then follow the box culvert east, across Donner Pass Road, alongside Truckee Tahoe Lumber, parallel Glenshire Drive, through Truckee Tree Company (formerly Trout Creek Landscape Supply), parallel the railroad tracks, and finally under the tracks and into the Truckee River.

250 cubic feet per second, yet some 870 cubic feet per second is the rating needed to accommodate 100-year flood requirements. Phase 1 will see a bridge built over the section of Jibboom Street that the Creek flows under and restoration of the stream channel to a natural bottom with boulders and vegetation. Sizable amounts of water will be able to pass below Donner Pass Road without flooding during storm events. The projects will also fund reforestation of existing weak levees near the railyard balloon tract.

Trout Creek Road residences should "probably never should have been developed," said Wilkins, since the properties flood during storms. Trout Creek Road and the Catholic Church Parking Lot flooded twice last winter. The new drainage system at the intersection of that road and Donner Pass Road will be a culvert with a storm water treatment vault in front and flap gate and culverts at the other end so that during floods, water cannot backflow into affected properties. "This is not the project that will get rid of all flooding problems in the railyard or on Trout Creek Road," Wilkins emphasized. Though it will eliminate flooding problems in the Catholic Church parking lot, he said.

## Fiscal impacts of Phase 1

The Town original budget for the first phase was \$1,197,546 but the lowest bid requires \$519,600 more. The General Fund will provide \$319,629 more, and the Redevelopment Agency and Facilities Impact Fee Program will each kick in \$100,000 for the final amount as bid by Yubacon Inc.

During questions from Council, Town Manager Tony Lashbrook said that "even though our ability to fund redevelopment projects continues to grow, this would be a big hit on our current funding capability." Town Engineer Dan Wilkins said that other Capital Improvement Projects won't be delayed, "but this is \$319,000 less that can go into the [new] Town corporation yard, for example." Wilkins added that there is the likelihood that some \$50,000 can be saved by using more concrete than steel, as concrete outlasts steel in Truckee's climate.

Work costs on other Trout Creek sections will be known "when they're finished" Wilkins quipped, in response to a question from Vice Mayor Richard Anderson. \$3.2 million is the expected cost, but Creek restoration could cer-

tainly exceed this amount, he said. The Town's intent is to have Phase 1 done by end of this construction season.

Lisa Wallace, Truckee River Watershed Council, noted that Trout Creek's restoration has been a priority for years. The Watershed Council sees the cost of poor planning years ago and thanked the Town for its planning this time around. Truckee resident Denny Dickinson said that this stands to be the fastest bridge ever built. He wondered what happens if it's not finished by winter. Wilkins said there are contingency plans: if the October 15 grading deadline is not met, then the project gets "properly winterized and will be left in a state that would allow the creek to function in its current location for the winter." The Town would then wait until next fall, when water level has again subsided to one-tenth spring run-off.

Councilmember Threshie asked if the new bridge is wide enough for bike lanes, and Wilkins said it would be.

With that, the contract was approved by Council.



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## Breathe Easy, New York

New York school kids will breathe easier this fall thanks to a new law that requires schools in the state to purchase environmentally friendly cleaning supplies.

~ *Poughkeepsie Journal*,  
September 1, 2006

## Burning Man, meet Cooling Man

In an attempt to offset the estimated 1 ton of greenhouse gases that each Burning Man participant emits (throughout their adventure from home to desert), [www.coolingman.org](http://www.coolingman.org) offers an opportunity to calculate the amount of pollution one produces as well as a way to mitigate this pollution either by planting a tree, or purchasing "credits" or "offsets" that invest in renewable energy projects.

## Did I read that right?



## Miser Time

American consumer confidence fell in August to its lowest level since November 2005 making it the biggest one-month drop since Hurricane Katrina.

~ *The Economist.org*,  
August 31, 2006

## G'Day, Mate

Steve Irwin, the famed "Crocodile Hunter" from Australia, was killed by a stingray while filming in the Great Barrier Reef. Shooting a series called "Ocean's Deadliest," Irwin was killed when he swam too close to the stingray and the stingray defended itself by pushing its poisonous barb through Irwin's chest into his heart.

~ *Associated Press*,  
September 4, 2006

## Evolution, Schmevolution?

In the past two decades, the percentage of American adults who accept the theory of evolution has fallen from 45 percent to 40 percent. However, of 33 "modern" nations surveyed, only Turkey's population is more resistant to the idea that human beings evolved from animals.

~ *Science Magazine.org*,  
August 11, 2006

# Aprovechando los recursos

**Nuevo proyecto planeado para el Sierra Hot Springs provee de un destino ecologista para todos**

Por Jennifer McCombs  
Moonshine Ink

A veinticinco millas al Norte de Truckee, en el somnoliento pueblo de Sierraville, un reciente escándalo de urbanización dio lugar a una nueva idea de protección del medio ambiente que no sólo promoverá un destino ecologista sino que también protegerá y mejorará los recursos naturales del Sierra Hot Spring.

En junio de 2006, el urbanizador de tierras Norm Brown (NC Brown Development) rescindió el contrato con los dueños del Hot Springs, en el que planeaba transformar el Sierra Hot Springs en un "centro turístico exclusivo de clase mundial" con más de 200 habitaciones y una cancha de golf, rodeado de puertas para que Hot Springs fuera una comunidad privada. Brown rompió el pacto en medio de una fuerte desaprobación por parte de la comunidad local y rural de Sierraville y alianzas ambientales.

Poco tiempo después de que Brown se hiciera a un lado del acuerdo de urban-

ización, envió un correo electrónico en el que decía que Hot Springs "no era apropiado" para la construcción. Quizá, no sea "apropiado" para construir un centro turístico de lujo, pero según otras fuentes, la tierra en la que se encuentra el Hot Springs ofrece de una pléthora de recursos apropiados para construir un complejo que se base en los principios de la agricultura permanente.

Eileen "Beanie" Rose del High Sierra Permaculture Institute (Instituto de Agricultura Permanente de High Sierra) se involucró con el Sierra Hot Springs durante el escándalo del NC Brown Development. "El pueblo de Sierraville sabía lo que quería y lo que no quería y se unieron porque no creían que el acuerdo de desarrollo con Norm Brown fuera algo positivo", explica Rose.

Hot Springs están ubicados en una de las áreas de conservación más valiosas de California según dice Steve Frisch del Sierra Business Council. La urbanización en la tierra podría dificultar el ciclo natural de anidación y la reproducción de las aves que ha prosperado allí durante



muchos años, dijo.

-Sierra Hot Springs están ubicados en unos de los pantanos más increíbles del estado y en él viven más de 200 especies de aves- agrega Frisch. -Cualquier urbanización sustancial en el lugar dañaría en gran medida el ecosistema natural.

Aunque Frisch cree que la tierra puede no ser apropiada para la urbanización con estilo de centro vacacional, él avala la idea presentada por Rose y el Permaculture Institute y agrega que la idea encuadra en los parámetros del plan general de la comunidad para el Hot Springs.

El plan consistirá no sólo en utilizar el agua de las termas como una fuente de calor para la construcción natural sino también en protegerla como una fuente de bien público y confianza para todos los que la utilizan. Rose agrega que la meta es no cambiar la tierra ni urbanizar sobre ella sino incorporarla en la construcción.

El plan funcionará con sistemas que incluyen construcciones naturales (fardos de paja, mazorca y adobe), la energía renovable y los combustibles renovables, la silvicultura sostenida, la agricultura orgánica anual con invernaderos que podrían ayudar a que Sierraville se convirtiera en una comunidad más independiente y autosuficiente. No se trata sólo de una urbanización dentro de los límites de conservación y preservación sino que ofrecería información educativa para

## Agricultura Permanente

La agricultura permanente es un sistema de diseño que utiliza la ecología como base para el diseño de sistemas integrados de producción de alimentos, viviendas, tecnología apropiada y desarrollo de la comunidad.

todos aquellos que estén interesados.

-Queremos que las personas sean conscientes de que este tipo de desarrollo es posible - dice Rose. - Somos educadores y activistas y buscamos enfoques innovadores y prácticos frente a la crisis apremiante tanto económica como ambiental de hoy.

Los planes para el complejo aún están en la etapa de evaluación pero Rose señala que se trata de un proceso largo que fomentará la acción positiva en la tierra que rodea la comunidad y Hot Springs.

- Se puede hacer muchísimo con los recursos disponibles y realmente me entusiasma comenzar con el proyecto- dice Rose.

Para saber más acerca de lo que sucede con el plan de acción de Sierra Hot Springs, contactarse con el High Sierra Permaculture Institute en [highsierrapermaculture.org](http://highsierrapermaculture.org).

## Making Lemonade...

**New project planned for Sierra Hot Springs provides an eco-friendly destination for all**

By Jennifer McCombs  
Moonshine Ink

Twenty five miles north of Truckee, in the somewhat sleepy town of Sierraville, a recent development scandal spawned a new idea in conservation that will not only promote an eco-friendly destination but will also protect and enhance the Sierra Hot Spring natural resources.

In June of 2006, land developer Norm Brown (NC Brown Development) backed out of his contract with the owners of the Hot Springs, where he planned to transform the Sierra Hot Springs into an "exclusive world-class resort," with more than 200 rooms and a golf course, surrounded by a gate to make the Hot Springs a private community. But he reneged on the deal amidst strong disapproval from the local and rural community of Sierraville and surrounding environmental alliances.

Soon after Brown backed out of the development deal he issued an email that stated the Hot Springs were "unsuitable" for building. Maybe it's "unsuitable" for

building a luxury resort but according to other sources the land that the Hot Springs sit on provides a plethora of resources suitable for building a development based on the principles of permaculture.

Eileen "Beanie" Rose of the High Sierra Permaculture Institute became involved with the Sierra Hot Springs during the NC Brown Development uproar. "The town of Sierraville knew what they wanted and didn't want and they came together because they didn't believe the development deal with Norm Brown was a good thing," says Rose.

The Hot Springs are located in one of the most valuable conservation areas in California says Steve Frisch of the Sierra Business Council. Development on the land could hinder the natural cycle of bird nesting and breeding that has thrived there for many years, he said.

"The Sierra Hot Springs are situated on some of the most remarkable wetlands in the state and it supports over 200 species of birds," adds Frisch. "Any substantial development on that land



**Permaculture** is a design system that uses ecology as the basis for designing integrated systems of food production, housing, appropriate technology and community development.

would do great damage to the natural ecosystem."

While Frisch believes the land may not be suitable for resort style development he supports the idea presented by Rose and the Permaculture Institute and adds that the idea fits within the parameters of the community's general plan for the Hot Springs.

The plan will be to use the hot springs water as not only a heat source for natural building but also to protect it as a public good and trust resource for everyone using it. Rose adds that the goal is to not change the land or develop over it but to incorporate it into the building.

"We believe in assuming responsibility for maintaining the availability of natural resources for present and future

generations," says Rose.

The plan will operate with systems that include natural building (strawbale, cob and adobe), renewable energy and renewable fuels, sustainable forestry, year-round organic agriculture with greenhouses that could help Sierraville become a more self-reliant and self-sustainable community. Not only would the development act within the boundaries of conservation and preservation but it would offer educational information for anyone interested.

"We want people to be aware that this type of development is possible," says Rose. "We are educators and activists seeking innovative and practical approaches to the pressing environmental and economical crises of our day."

The plans for development are still in the appraisal stage but Rose points out that the process is a long one that will encourage positive action towards the land that surrounds the community and Hot Springs.

"There is so much that can be done with the resources at hand and I'm just really excited to get started on the project," says Rose.

To find out more about what is happening with the Sierra Hot Springs plan of action contact the High Sierra Permaculture Institute at [highsierrapermaculture.org](http://highsierrapermaculture.org).

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## What's Happening: Briefly

# A tip of the Stein to you

### Local architectural team wins green building contest

Three local architectural interns from Truckee, named "Team Donner Party," won top prize at the Sacramento Emerging Green Builders' Natural Talent 2006 Design Competition. The competition challenged the participants to design an affordable residential infill project for the Sacramento Housing and Redevelopment Agency with home designs that met the Gold requirements for the pilot version of LEED™ for Homes.



**Team Donner Party** are successful greenies

Team Donner Party consists of Patrick Higgins, Scott Thomsen, and Beth Harris. Patrick Higgins has been working at Ward-Young Architecture & Planning since February 2006, involved with the research, documentation and implementation of LEED™ Standards. Scott Thomsen has been working at Ward-Young Architecture & Planning since 2004, taking a big interest in all aspects of sustainable architecture and was also a finalist in this competition in 2004. Beth Harris assists in all aspects of design at Gaunt Zimmer Design, working closely with the Senior Architects since she started in November 2005.

Team Donner Party's Project was composed of multi-family and single-family residential buildings. A few details which made their design unique were the suggested use of limited materials and a cost effective approach in both production & materials. They used the landscape to influence their design and minimized direct and indirect environmental damage. Also incorporated in this project was modularity, making it easier and less costly to convert space from one use to another. Their project can be viewed at <http://www.sacegb.org/contest/winningimages.html>. As winners, Team Donner Party will continue onto the national competition to be held at the USGBC's Annual Green Building Conference & Expo in Denver, Colorado, this November.

### Clear Capital named one of nation's most innovative companies

Truckee-based Clear Capital earned a spot on Inc. Magazine's annual list of the fastest-growing private companies in the U.S. The property valuation company is number 30 on the list, which includes firms whose revenues have increased substantially over a three-year period. Clear Capital's revenues increased more than 1,700 percent from 2003 to 2005. Inc. Magazine Editor Jane Berentson explained the Inc. 500 lists companies that are poised to change the future of business. "These are the most innovative, dynamic, fast-growth companies in the nation. The ones... creating systems that let us conduct business faster and easier."

"Our growth has given us the opportunity to positively impact more customers, vendors and co-workers than we ever anticipated" said Duane Andrews, Clear Capital CEO. "The Inc. 500 selection is a great honor to our staff that, daily, lives out Clear Capital's motto: Wherever it leads. Whatever it takes."

### Schaller earns luxury real estate specialist status

Lil Schaller with the Schaller Family Real Estate, affiliates of Dickson Realty, has earned the prestigious Certified Luxury Home Marketing Specialist designation in recognition of her experience, knowledge and expertise in the luxury home market. Schaller has been in real estate locally since 1990 and specializes in the Truckee and North Lake Tahoe market.

### Bar of America's fine wine

Pacific Crest Grill & Bar of America recently became the only Truckee restaurant to receive the Wine Spectator's Award of Excellence. The award requires a minimum list of 100 selections; however, Pacific Crest Grill & Bar of America offers one of North Shore's most extensive wine lists, with more 350 wines from the world's finest wine regions.

The Award of Excellence is awarded to restaurants with a unique selection of wines supported by quality producers. The wines must appeal to a wide array of wine lovers while being a thematic match to the restaurant's cuisine in both style and price. This is the first year Pacific Crest Grill & Bar of America has been honored with this award. They are one of six Tahoe establishments including Wild Goose, Christy Hill, Graham's at Squaw Valley, Plumpjack and Café Fiore (in South Shore) to receive this award.

## What's Happening: *Briefly*



### Duck for Charity

The Truckee Sunrise Rotary Club's 12th annual Duck Races will take place on Friday evening, October 6, beginning at 4 p.m. on Bridge Street between Church and Commercial Row. Local merchants and organizations decorate and 'donate' full-sized "Decorator Ducks." These Ducks are shown to the crowd and then are judged by a panel of local artists for their originality and artistic aspects. There is also "Daytona Ducks" races. The Truckee Sunrise Rotary Club used last year's proceeds of more than \$16,000 to support local youth recreation and athletics, school programs, scholarships, drug abuse prevention and the Rotary Angel Network. Contact Jeff Sparksworthy 530-386-4275 to purchase your sponsor Duck.

### The Psychology of Hope

Dr. Roberto Dansie will present this workshop where participants will learn how to identify the four main components of learning styles (experience, knowledge, trust, and power); the developmental stages in the learning process; the dynamics between culture and education; habit building techniques for meaningful learning; and how to incorporate the key principles of the Psychology of Hope in school, at home and in the community at large. To be held October 14, from 6 to 8 p.m. at the Best Western Truckee Tahoe Inn. RSVP for this FREE workshop to meganv@snccs.org or call Sierra Nevada Children's Services at 530-272-8866.

### Remodeling for the Not-So-Green Home

For homeowners who want to make their existing homes both green and gorgeous, but don't know where to begin – help has arrived. On Tuesday, September 19 at 7 p.m., the Sierra Green Building Association presents Carol Venolia's discussion on "Natural Remodeling for the Not-So-Green House." This event will be in Truckee at the new Cedar House Hotel. The admission is FREE for SiGBA members and \$5 for non-members. For info, visit [www.SiGBA.org](http://www.SiGBA.org), or contact Julie Duvivier at 914-819-8060.

### How to handle volunteers

Truckee Tahoe Community Foundation is sponsoring a workshop on how to recruit, train, and recognize volunteers. The workshop will be held September 21, from 1 to 4 p.m. at the North Tahoe Conference Center. Cost \$35. For info, call 587-1776. This workshop is part of the 2006 Non-Profit Training Workshop Series jointly sponsored by the Parasol Community Foundation and Truckee Tahoe Community Foundation.

### Humane Society Orientation

Come learn about all the different ways to volunteer your time to help the homeless dogs and cats of the Truckee area. Humane Society of Truckee-Tahoe's hosts a New Volunteer Orientation on September 26, from 5:30 to 6:30 p.m. at the Truckee Town Hall. Call 581-0667 or e-mail Catherine Swenson at [volunteers@hstt.org](mailto:volunteers@hstt.org) to RSVP.

### Community Foundation giving away more money

October 2 is the closing date for grant applications to be considered for funding during the Fall 2006 Competitive Grant Cycle at the Truckee Tahoe Community Foundation. Call Phebe at 587-1776 for questions about possible projects or the application process.

# Truckee River Day

work  
enjoy  
restore  
**October 15**

FUN WILL BE HAD BY ALL

On Truckee River Day, volunteers work on projects that restore and protect the Truckee River. Everyone is welcome. Activities for the whole family!

Pre-registration is required...

get registration forms at local businesses, or at: [www.truckeeriverday.org](http://www.truckeeriverday.org), or call 530-550-8760 for forms.

**530-550-8760**

**[www.truckeeriverday.org](http://www.truckeeriverday.org)**



Truckee River Watershed Council  
Conserving, enhancing, protecting, restoring the Truckee River Watershed

*This November 7th, vote for...*



**SANDY KORTH &  
BILL QUESNEL**

TRUCKEE TAHOE AIRPORT BOARD

**Together, Sandy & Bill will continue to foster positive community relationships by...**

- maintaining a viable general aviation facility that meets the needs of our local pilots and residents
- pursuing practical ways to help mitigate negative impacts on our neighbors



**This November, let's keep moving forward.**

Proudly endorsed by both

**FoTTA**  
Friends of the Truckee Tahoe Airport

and

**CARE**  
Community Airport Restoration Effort

Paid for by the Committee to Elect Sandy Korth and by the Committee to Elect Bill Quesnel

## Cómo llegamos allí es lo que importa

Visité por primera vez el cementerio de Truckee hace unos 12 años cuando estudiaba la historia del periódico de Truckee para una clase en UNR. Lo recorrió y recabé los nombres y fechas de las añejas lápidas y luego fui a la biblioteca y leí ediciones pasadas del Truckee Republican en microficha. Los periódicos eran distintos

en esa época e incluían una pléthora de información personal, por ejemplo, quién no

pagó sus cuentas a término, quién tenía correspondencia en el correo, quién se había emborrachado la noche anterior. Aprendí muchísimo más de los personajes históricos de Truckee de lo que un epitafio en una lápida podía enseñar. Mientras leía detenidamente aquellos periódicos viejos y los vinculaba con los nombres que encontré en el cementerio, comencé a sentirme muy arrraigada a este lugar.

En aquel entonces, jamás había pensado que podría llegar a ser dueña de un periódico en Truckee o que me apasionaría con este lugar a un punto tal que a veces se me estruja el corazón. Pero hace cuatro años acordamos con Mayumi Elegado en ayudar a fundar Moonshine Ink, y a partir de Moonshine Ink, mi amor por Truckee ahora está aún más firme y afianzado que nunca. Mientras le pongo fin a mi compromiso con Moonshine Ink y con toda seguridad le entrego completamente las riendas a Mayumi, me gustaría dar las gracias y hacer algunos comentarios en mi última columna editorial de Moonshine Ink.

En primer lugar, me gustaría agradecer la amplia aceptación por parte del pueblo de Truckee de la traducción de Moonshine Ink al español. Cuando Truckee comenzaba a estar en auge, la mano de obra del pueblo estaba en gran parte compuesta por inmigrantes chinos. Pero no se permitía que los chinos fueran enterrados en el cementerio de Truckee, y el periódico una vez publicó que los chinos debían e iban a ser eliminados del pueblo. Vergonzosamente, así sucedió.

Moonshine Ink se fundó con la misión de crear una comunidad más fuerte, que incluso mejore entre nosotros el nivel de integración en nuestro pequeño pueblo. Me complace saber que muchos lectores utilizan Moonshine Ink como herramienta de aprendizaje del idioma. Me complace saber de varias situaciones en las que los artículos bilingües de Moonshine Ink crearon las bases de conversaciones que de otra manera no hubieran tenido lugar, ya sea debido a las barreras percibidas tanto culturales como del idioma. Estoy agradecida de haber visto que otras organizaciones comenzaron a tratar de llegar a nuestros residentes de habla hispana de maneras que nunca antes se había intentado en Truckee. Por todo esto estoy extremada-

mente orgullosa y aprecio a todos aquellos que seguirán adelante con su esfuerzo.

Por sobre todo, me gustaría agradecer a toda la comunidad de Truckee por la amable acogida que le han dado a Moonshine Ink. Su apoyo, ayuda y respuesta me respaldaron, y no hubiera podido hacerlo sin ustedes. Su confianza en Moonshine Ink me ha bendecido con lecciones para la vida que siempre voy a valorar, y hay algunas que me gustaría compartir.

En cuanto a la confianza:

Mi tarea de informar acerca de las noticias locales para Moonshine Ink estuvo acompañada por un profundo sentido de obligación hacia nuestros lectores y el resto de la comunidad de Truckee. Yo sabía que nuestros lectores confiaban en que yo siempre daría lo mejor de mí: ser justa, precisa y directa. Estos ideales no sólo se convirtieron en mis metas profesionales sino que también en mis metas personales, quizás porque vivimos en un pequeño pueblo. Sabía que no quería actuar mal y poner en peligro la confianza que los lectores tienen en mí. A través de Moonshine Ink aprendí a considerar siempre las consecuencias de mis acciones, no sólo para mí sino que también para toda mi comunidad. Aprendí que soy esencial para mi comunidad, como todos nosotros lo somos. ¿Podría haber aprendido una mejor lección?

Una mejor lección:

Cuando por primera vez oí acerca de Pat Davison y de su trabajo, yo, uno con la tierra, pensé que Pat Davison era la peor amenaza para el planeta desde los pesticidas. Por suerte, mientras informaba para Moonshine Ink, tuve la oportunidad de informarme mejor, de observar a Pat Davison en el trabajo, primero para CABPRO y ahora para CATT. La mayoría de las veces, es la persona más astuta y mejor preparada en las reuniones públicas. Se preocupa por el medio ambiente, incluso por las personas. Entiende que en una democracia aquellos que se muestran hacen política, y ella se muestra. Con una intención sincera logra que las cosas se lleven a cabo. Me gustaría parecerme más a ella. Me gustaría que más de nosotros nos pareciéramos más a ella.

En general, la mejor lección que aprendí de Moonshine Ink proviene de gente como Pat Davison, que me enseñó a apreciar toda opinión dada de manera apropiada y a esforzarme por entender aquello con lo que estoy en desacuerdo.

Es hora de que pasemos a otro asunto, pero no sin darle las gracias a la comunidad que hizo que Moonshine Ink fuera grandioso, y a Mayumi, que lo mantendrá grandioso. Aliento a que todos sigan apoyando a Moonshine Ink y a los medios independientes y a que recuerden que la información es vital para una democracia exitosa. Ténganla mientras puedan.

### Desde la Destilería

Por Anne Grogan

## Estimado Moonshine Ink

### ¿Experimenta las noticias?

ABC News en la actualidad produce un informe acerca de los crecientes cambios en nuestro entorno físico, y busca ejemplos interesantes de personas que se enfrentan con las diferencias en su vida a diario. ¿Acaso su vida se ha visto afectada de manera directa por el calentamiento mundial? De ser así, por favor escriba:

<http://abcnews.go.com/International/story?id=2094224>

### Moonshine en mi lengua madre

Buen día, mi nombre es Catalina. Quería agradecerles por el diario que publican de manera mensual. No solo me ayuda a enterarme de todo lo que sucede en el pueblo sino que además me hace sentirme a gusto ya que esta escrita en español mi lengua madre.

Muchas gracias por los temas interesantes que tratan. Es muy lindo enterarse de lo que sucede en el lugar que uno vive y, además, poder acceder a la información en castellano.

Yo soy argentina, vine a truckee hace un tiempo y es indefinido el tiempo que me quedaré pero estoy segura de que nunca olvidaré este periódico.

~ gracias moonshine!  
Catalina Ruiz

### “Rescate” de un anzuelo ilegal

Dos semanas atrás, mi marido y yo llevamos a mis perros a su lugar preferido en el Truckee River a fin de que nadaran y jugaran con la pelota. Por lo general, se trata de un lugar que pocas personas escogen, la mayoría son locales. A veces vemos rastros de basura y los levantamos. Esta vez, sin embargo, vimos un gran recipiente Styrofoam con la palabra “CARNA-DA” impresa más linda que nunca en el a unos 50 metros del sedal. Nos senti-

Moonshine Ink ofrece un espacio donde usted puede expresarse. Publicar un dibujo, una carta, una llamada a la acción o simplemente una idea loca. Envíe un email a [editors@moonshineink.com](mailto:editors@moonshineink.com) o llame al 530.587.3607.

mos frustrados, y nos disturbó aún más ver que nuestro perro, Satchmo, que ya estaba en el agua, acarreaba el sedal tras él. A medida que se nos acercaba, vimos que no sólo había buscado la pelota con éxito (¡Buen chico!) sino que también tenía ¡un gran anzuelo con 50 pies de sedal atascados en la pierna! Después de intentar quitarle el anzuelo, advertimos que se trataba de un anzuelo con púas, no permitido por la ley en el Truckee River. Tras \$220 y 10 puntos, logramos quitar el anzuelo de la pierna de nuestro perro.

Pero el problema persiste: alguien estuvo allí pescando con anzuelos de púas con carnada y arrojando su basura. ¡Por suerte Satchmo “rescató” el anzuelo abandonado antes de que algún niño se lo clavara en el ojo! Pero es triste pensar que tenemos tantas personas descuidadas que vienen a este pueblo (o de este pueblo) y que sólo contamos con 2 guardianes de juego que vigilan el área. A pesar de que el Truckee River puede no ser parte de la jurisdicción vigilada por la policía, sería bueno ver menos trampas de velocidad puestas para los residentes locales y más policías que vayan tras la basura (eso es una multa de \$1000 versus una multa de \$300; estoy segura de que la policía podría utilizar el financiamiento extra). En cualquiera de los casos, por favor colabore con la comunidad e intente recoger basura cuando salga. Si pesca, por favor respete las restricciones (que figuran en la mayoría de los mejores lugares y que están muy visibles) que se establecen de manera que todos podamos disfrutar del Truckee River.

~ Sara Zimmerman

### Fortaleza Cultural

Moonshine Ink apoya firmemente el establecimiento de la región de Tahoe-Truckee como una comunidad con una vibrante diversidad cultural. Estamos buscando activamente contribuciones de la comunidad de habla hispana para conocer sobre qué les gusta leer y saber, qué es importante para las familias de la zona, y qué historias tienen para compartir. Por favor escribanos o llámenos, en español o en inglés, y coméntenos.

(530) 587-3607  
[editors@moonshineink.com](mailto:editors@moonshineink.com)

## How We Get There Matters

I first visited Truckee's cemetery about 12 years ago while studying the history of Truckee's newspaper for a class at UNR. I walked around collecting names and dates off the aging headstones and then went to the library and read through old editions of the Truckee Republican on microfiche. Newspapers

were different back then and included a plethora of personal information, like who failed to pay their bills on time, who had mail at the post office, who got drunk the other night. I learned a whole lot more

about Truckee's historic characters than a headstone epitaph could possibly imply. As I perused those old newspapers and paired reports with the names I found in the cemetery, I began to feel deeply rooted in this place.

I never dreamed then that I might own a newspaper in Truckee or that I would become passionate about this place to the point it sometimes bends my heart. But four years ago I agreed with Mayumi Elegado to help found Moonshine Ink, and because of Moonshine Ink, my love of Truckee is now even more firmly and intractably entrenched than ever before. As I wrap up my involvement with Moonshine Ink and faithfully turn the reins over completely to Mayumi, I would like to offer thanks and a few comments in my final Moonshine Ink editorial column.

First, I would like to acknowledge Truckee's broad acceptance of Moonshine Ink's translation into Spanish. When Truckee was first booming, Chinese immigrants comprised much of the Town's labor force. But the Chinese weren't allowed burial in Truckee's cemetery, and the newspaper once printed that the Chinese should be and would be run out of town. Shamefully, they were.

Moonshine Ink was founded with the mission of creating a stronger community, which to us included improving the level of integration in our small town. I am pleased to know that many readers use Moonshine Ink as a language-learning tool. I feel blessed to know of a few occasions when Moonshine Ink's bi-lingual articles created the foundation for conversation that might not otherwise have taken place, either due to perceived language or cultural barriers. And I am grateful to have seen other organizations begin to reach out to our Spanish-speak-

ing residents in ways that have never before been attempted in Truckee. For this I am overwhelmingly proud and I appreciate all those who continue to make the effort.

Next and foremost, I would like to thank the entire Truckee community for the kind reception you have given Moonshine Ink. Your support, assistance and feedback sustained me, and I couldn't have done it without you. Your trust in Moonshine Ink has blessed me with lessons for life that I will always cherish, and a few I'd like to share.

### Regarding Trust:

My task of reporting local news for Moonshine Ink came with a deep sense of obligation to our readers and the rest of the Truckee community. I knew our readers trusted me to always do my best: to be fair, accurate and straightforward. These ideals became not only my professional goals but also my personal goals, probably because we live in a small town. I knew I didn't want to misbehave in a way that would endanger my readers' trust in me. I learned through Moonshine Ink to always consider the consequences of my actions, not only for myself, but also for my community. I learned I am integral to my community, as we all are. Could I have learned a better lesson?

### A Better Lesson:

When I first heard of Pat Davison and her work, I, One-With-The-Earth, thought Pat Davison was the worst thing to hit the planet since pesticides. Thankfully, while reporting for Moonshine Ink, I had the opportunity to become better informed, to observe Pat Davison at work, first for CABPRO and now CATT. She is most often the sharpest and best-prepared person in public meetings. She cares about the environment, including its people. She understands that in a democracy those who show up make policy, and she shows up. With sincere intention she makes things happen. I wish I were more like her. I wish more of us were more like her.

Overall, the best lesson I learned from Moonshine Ink comes from people like Pat Davison, who taught me to appreciate a properly informed opinion and to strive to understand that with which I don't agree.

It's time to move on, but not without giving thanks to the community that made Moonshine Ink great, and to Mayumi, who will keep it great. I encourage everyone to continue supporting Moonshine Ink and independent media and to remember that information is vital to successful democracy. Get it while you can.



**From the Still**

By Anne Grogan

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BY SAMANTHA \*

Artist Samantha was part of **THE FUNKY CARTOONISTS** that got their start in Cathee St. Clair's "Cartooning for Kids" workshop, held last summer (2005) at InnerRhythms Dance Studio in Truckee. In this class the eight- to twelve-year-olds explored the basics of cartooning: combining simple shapes and learning to draw backgrounds and "turn-arounds" (views of a character from all angles). At the end of the five-day program, each cartoonist was expected to complete at least one original spot-gag (single-frame cartoon) and/or an original strip (multi-frame cartoon). Inspired by entries in their personal gag books, The Funky Cartoonists cranked out cartoon after cartoon, and surprised even themselves with the quality of their work. For information contact Cathee at 530-587-1806 after September 26.

## Dear Moonshine Ink

### Experiencing Hot Flashes?

ABC News is currently producing a report on the increasing changes in our physical environment, and is looking for interesting examples of people coping with the differences in their daily lives. Has your life been directly affected by global warming? If so, please write:

<http://abcnews.go.com/International/story?id=2094224>

Moonshine Ink offers a place where you can spout off. Publish a drawing, a letter, a call to action or even just a kooky idea. Email [editors@moonshineink.com](mailto:editors@moonshineink.com) or call 530.587.3607.



big Styrofoam container with the word "BAIT" ever so nicely printed on it sitting next to about 50 feet of line. Frustrated, we became even more disturbed when we saw our dog, Satchmo, already in the water, dragging the line out with him. As he came near us, we saw that he not only successfully fetched his ball (good boy!), but he got a big hook with the 50 feet of line stuck in his leg! After trying to back the hook out, we noticed it was a barbed hook – against the law to use in the Truckee River. \$220 and 10 stitches later, we got the hook out of our poor dog's leg. But the issue stands: someone was out there illegally catching fish on barbed hooks with bait and dumping their trash. It's lucky that Satchmo "rescued" the abandoned hook so some child didn't get it in their eye! But it is sad that we have so many careless people coming to this town (or in this town) and that we only have 2 game wardens patrolling the area. Though the Truckee River may not part of a police-patrolled jurisdiction, it would be nice to see less speed traps set for locals and more police going after litter-bugs (that's a \$1000 fine versus a \$300 fine – I'm sure our police could use the extra funding). In any case, please help out the community and try to pick up trash when you go out. If fishing, please respect the restrictions (that are posted at most great spots and easily visible) – they are set so that we can all enjoy the Truckee River.

~ Sara Zimmerman

### 'Rescue' of an illegal hook

Two weeks ago my husband and I took my dogs down to their favorite spot in the Truckee River, to swim and play ball. Usually, this is a spot where few people venture, most of them locals. Sometimes we see a few specs of trash and grab those as we go. This time, however, we saw a

## Ellos proporcionaron el camino

Un grupo de Kings Beach trabaja para afrontar el abuso de drogas y alcohol en la comunidad

Por Lucila Hussek  
Moonshine Ink

Me pregunto, ¿cuál es el mejor significado para la palabra "comunidad"? Parece tan simple y al mismo tiempo tan difícil de describir. La comunidad es la gente, sus actos, sus comportamientos, en un terreno en común, con las mismas metas y objetivos. Existen líderes que gobiernan por turnos. Pero hasta los líderes son miembros de la comunidad, son una parte del todo. Pueden dar un paso al costado y mirar los asuntos desde una perspectiva diferente, pero aún haciendo esto, están involucrados.

"Creciendo Unidos and Creating Alternatives" (Creciendo Unidos y Creando Alternativas) es una organización sin fines de lucro, con base en Kings Beach, que se encarga de ayudar

a la comunidad local a ocuparse de sus propios problemas; el abuso de drogas y alcohol en particular. Los líderes del grupo, Emilio Vaca y Sylvia Doignon, iniciaron la organización el pasado otoño y han afianzado sus roles dentro de la comunidad.

Era una tarde soleada de Agosto cuando me reuní con Sylvia y Emilio en el Blue Onion de Kings Beach. La hija de Sylvia, Aline, también se unió a nosotros.

Sylvia comenzó contándome los inicios de la organización, "Una adolescente, Paola Palomino, se acercó a nosotros el pasado Octubre de 2005, pidiendo ayuda, estaba muy preocupada por sus amigos que consumían drogas, pero no sabía qué hacer al respecto," dijo Sylvia. "Junto con Emilio decidimos reunirnos con los chicos y hablar." La primera reunión fue en la casa de Paola, a la cual asistieron cerca de 10



**Sylvia Doignon y Emilio Vaca**, los líderes de Creciendo Unidos and Creating Alternatives

**Sylvia Doignon and Emilio Vaca**, the leaders of Creciendo Unidos and Creating Alternatives  
(Photo by Lucila Hussek)

personas, todos jóvenes.

"Desde el pasado Octubre, cada lunes a las 5 p.m. nos reunimos con los jóvenes (adolescentes entre 10 y 20 años de edad), y a las 6 p.m. con adultos. Nos juntamos en el "Carpenter's Hall" (conocido por la comunidad latina como "La Casita Verde"), ubicado en Deer Street en Kings Beach", dijo Emilio. "Lo que intentamos hacer es estar allí para ellos, y explicarles que ellos están ahí el uno para el otro, así pueden confiar en nosotros y en ellos mismos".

Creciendo Unidos es una organización para todo aquel que necesita ayuda, aquel que quiera compartir un sentimiento o un interés. Emilio comentó que comenzaron a trabajar con este grupo porque ellos lo solicitaron.

"Ellos proporcionaron el camino para que nosotros viniéramos," dijo. "Es nuestra comunidad, por eso nosotros mismos debemos hacer el trabajo."

La hija de Sylvia, Aline, dijo en palabras simples que los años de juventud en Tahoe pueden ser muy difíciles. Hoy, con 27 años, y habiendo crecido aquí dice haber visto los problemas de drogas y alcohol desde temprano. Aline y su hermana fueron muy afortunadas, ya que su madre las mantenía ocupadas llevándolas a Girls Scouts, a eventos de beneficencia, caminatas y a la playa.

Alrededor de 10 familias latinas asisten a las reuniones cada lunes. Cuando pregunté si a las reuniones asistían sólo Latinos, Sylvia dijo, "Algunas veces americanos asisten a los eventos y a las actividades, pero rara vez se unen a nosotros los lunes. El problema es que muchos americanos, a pesar de saber que el alcohol y las drogas son problemas graves en nuestra juventud, prefieren cerrar los ojos y no afrontar el problema."

"En la organización, Emilio y yo trabajamos para abrir los ojos de las familias al hacerles ver lo que les sucede a sus hijos. Hablamos con los padres acerca de las responsabilidades que

tienen con sus hijos, los roles que juegan en la familia y en la comunidad," dijo Sylvia.

Cada tanto Sylvia y Emilio intentan unir a los dos mundos, padres e hijos juntos.

"Al principio los jóvenes no querían interactuar junto con sus padres. Pero luego se dieron cuenta lo importante que es que sus padres también sepan lo que les ocurre, así ellos también pueden ayudarlos," dijo Emilio.

El aspecto de "Crear Alternativas" entra en juego cuando el grupo organiza actividades y eventos tales como caminatas, campamentos, partidos de fútbol, obras de beneficencia, salidas al cine juntos y fiestas donde no hay drogas ni alcohol. En una fiesta, el marido de Sylvia, dueño de un restaurante francés, donó 15 cenas para que los jóvenes disfruten de una comida diferente, que nunca antes habían degustado.

Al preguntarles cómo logran costear todas las actividades, Sylvia y Emilio respondieron casi al unísono, "Por la gracia de Dios", y sonrieron al mirarse.

Creciendo Unidos y Creando Alternativas organizó recientemente un evento de recaudación de fondos. El dinero obtenido se destinó a un campamento en Sardine Lake del 25 al 27 de agosto. Emilio y Sylvia creen que las familias aprendieron cosas muy valiosas como la importancia de respetar la naturaleza y no contaminar, y a ser organizados en las comidas y en las actividades. Cantaron alrededor de una fogata, acompañados por la música de una guitarra. Uno de los adolescentes se acercó a Sylvia y Emilio al término del fin de semana y dijo, "Muchas gracias por estar ahí para nosotros."

Además de los eventos de recaudación, mencionaron algunas fuentes de recursos. "Creciendo Unidos ha recibido ayuda del Condado de Placer, una organización llamada Art for the Schools (Arte para las escuelas) y una

# bill kraus

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Vote por **Bill Kraus** para Director de "Área 1" Mesa Directiva del "Distrito Escolar Unificado de Tahoe Truckee."

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## They Provided the Avenue

Kings Beach group works to face drug and alcohol abuse in the community

By Lucila Hussek  
Moonshine Ink

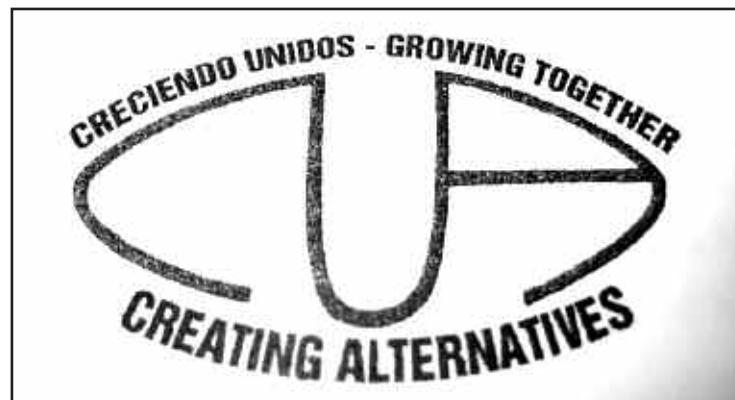
I ask myself, what is the best meaning for the word "community?" It seems so simple and yet at the same time so difficult to describe. A community is the people, their actions, their behaviors, in a common land, with common aims and objectives. There are leaders that take turns to govern. But even leaders are members of the community; they are a part of the whole. They might take a step aside and look at things from a different perspective, but by doing this, they are involved.

"Creciendo Unidos and Creating Alternatives" ("Growing Together and Creating Alternatives" in English) is a not-for-profit organization, based in Kings Beach, helping the local community take care of its own problems, in particular drugs and alcohol abuse. The group's leaders, Emilio Vaca and Sylvia Doignon, started the organization last fall and have embraced their roles *within* the community.

It was a sunny August afternoon when I met Sylvia and Emilio at the Blue Onion in Kings Beach. Sylvia's youngest daughter, Aline, also joined us.

Sylvia started by telling me about their beginnings with the organization, "A teenager, Paola Palomino, came to us last October 2005, asking for help. She was very concerned about her friends taking drugs, but she did not know what she could do about it," Sylvia said. "Together with Emilio, we decided to meet with the kids and talk." The first meeting was at Paola's house, around 10 people attended, all of them were kids.

"Since last October, we get together every Monday, at 5 p.m. with the kids (teenagers between 10 and 20 years old), and at 6 p.m. with adults. We meet at the Carpenter's Hall (known to the Latino community as "La Casita Verde" [The Green House] on Deer Street in Kings Beach," Emilio said.



Logo of Creciendo Unidos and Creating Alternatives

"What we do is we try to be there for them, and explain to them that they are there for each other, so that they can trust us, as well as trust themselves."

Creciendo Unidos is open to anyone who needs help, who wants to share a feeling or an interest. Emilio explained that they started working with this group of people because they asked for it.

"They provided the avenue for us to come," he said. "It is your community, so you should do the work yourself."

Aline, Sylvia's daughter, said in plain words that teenager years in Tahoe can be difficult. Now 27 years old, she grew up here and says she saw the problems of drugs and alcohol early on. Fortunately, her mother kept her busy – taking her and her sister to the Girls Scouts, benefit events, on hikes, and to the beach.

An estimated ten Latino families go to the meetings every Monday. When I asked if the meetings were only held among Latinos, Sylvia said, "Sometimes Americans assist the events and activities, but they rarely join us on Mondays. The problem is that lots of Americans, although they know drugs and alcohol are big issues with our youth, they prefer to close their eyes and just do not want to face the problem."

"In the organization, Emilio and I try to work as an eye-opener, making the families aware of what the kids are doing. We talk to the parents about the responsibilities they

have with their kids, the roles they have to play in the family and in the community," Sylvia said.

Every now and then they try to bring the two worlds together, with kids and parents together.

"At first the kids did not want their parents to interact at the same time as they did, but then, they realized how important it is that their families know what is going on with them as well, so they can help them too," Emilio added.

The "Creating Alternatives" aspect comes into play as the group also organizes activities and events, such as hikes, camping trips, soccer games, charity fairs, going to the movies together and parties in which there is no alcohol or drugs. At one party, Sylvia's husband, owner of a French restaurant, donated 15 dinners so the kids could enjoy a different kind of meal, never tried by them before.

When asked how they manage to afford all these activities, Sylvia and Emilio answered almost in unison, "By the grace of God," and smiled as they looked at each other.

Creciendo Unidos and Creating Alternatives hosted a recent fundraiser which raised money used for a camping trip to Sardine Lake August 25 to 27. Emilio and Sylvia believe the families learned valuable things such as the importance of respecting nature and not polluting, and being organized with the meals and the activities. They sang around a big campfire, accompanied by the

music of the guitar. One of the teenagers came to Sylvia and Emilio at the end of the weekend and said, "Thank you for being there for us."

In addition to fundraisers, they mentioned a few specific funding sources. "Creciendo Unidos has received help from Placer County, an organization called Art for the Schools, and a nice person also donated \$1,000," Sylvia said.

Emilio compared the work of organizing the group to an artist painting an image. People paint on their own colors – purple, yellow, green, or even polka dots. As an organizer, he said, "he fills in the missing shades." He touches up the details that the people have already started. In this way, as

one of the leaders playing his role *within* the community, he collaborates with the group in finishing the painting.

People in Incline Village and Truckee have asked if Sylvia and Emilio would help also with their communities. They have offered to give workshops where they will share how they started and what they do. But again, they say, the community members need to create the base coat in order for others to come and help them finish the painting.

*For information about "Creciendo Unidos and Creating Alternatives" please contact Silvia Doignon at 530-546-2304.*

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# Demanda y Respuesta

Los nuevos programas de Sierra College atienden las necesidades de las industrias locales

Por Mayumi Elegado  
Moonshine Ink

Sierra College realizó recientemente una conferencia de prensa para destacar el hecho de que su Centro de Tahoe Truckee no sólo está construyendo un nuevo campus. También han estado ocupados revelando una serie de programas que realizan un vínculo directo entre el aprendizaje en las aulas y el ‘mundo real’.

“La mayoría de la prensa se ha centrado en la construcción del nuevo campus, pero detrás de bastidores, hemos estado trabajando diligentemente en programas para enfocarnos en los recursos sociales, naturales y ambientales del área” dijo Rick Rantz, Decano de Sierra College Truckee.

La ‘demanda y respuesta’ comenzó con el pedido de los padres. “Cuando voy a las reuniones locales, escucho siempre que los padres quieren que sus hijos puedan quedarse en la zona, ganando un salario adecuado. Queremos construir programas que respondan a las necesidades de la comunidad” dijo Rantz. Luego de realizar ‘estudios de necesidades’, reuniones con líderes de diferentes industrias, discusiones con el distrito escolar local, e incontables conversaciones, Sierra College ha respondido.

## Administración de Recreación

Este otoño marcó el lanzamiento de un nuevo programa de Administración de Recreación en el centro de Truckee. El programa apunta a preparar a los estudiantes para carreras en manejo de recreación, resorts y turismo, enfocándose en las necesidades locales.

“Estoy aquí para responder a una gran necesidad de la comunidad del área de Tahoe y Truckee de entrenar a los estudiantes para que puedan obtener un puesto con un salario apropiado para la zona” dijo Jim Forkhum, Director del Departamento de Administración de Recreación. “La industria ha cambiado

bastante – ahora hay en el área emprendimientos hoteleros, de esquí y golf multimillonarios”.

Sierra College se reunió con representantes de las industrias del esquí, hotelería, turismo, hospitalidad, parques y recreación, rafting y deportes. “Sierra College ha respondido, con la dirección de estos líderes. El programa nuevo hará posible que hayan en la zona profesionales que cumplan con las necesidades de los clientes y permitan que se alcancen las metas económicas de la región” dijo Forkhum. “El plan a largo plazo es continuar reuniéndonos con los líderes de las industrias para continuar satisfaciendo sus necesidades”.

Los cursos, realizados durante la tarde, tratarán la historia de los servicios de esparcimiento en la cultura occidental e incluirán “mucho experiencia práctica” trabajando con profesionales de la industria, dijo la profesora Catherine Bening, quien tiene 15 años de experiencia laboral en la industria de la recreación.

El programa incluye pasantías locales, los créditos son transferibles a universidades de 4 años, y la facultad está desarrollando un programa de certificación, informó Forkhum.

## Mecatrónica: ‘Habilidades Reales para Trabajos Reales’

La mecatrónica es el campo interdisciplinario de la electrónica, mecánica, neumática, hidráulica y programación. “El término no es muy conocido en EEUU, pero sí en Europa y Japón” dijo Steve Hunter, profesor de electrónica integrada en Sierra Collage. “Casi todo lo que usamos en la actualidad incorpora la mecatrónica – desde los automóviles, cajeros automáticos, robots, sistemas de seguridad, y la lista continúa”. Y muy pocos técnicos tienen el conocimiento necesario de mecánica y electrónica para arreglarlos.

Actualmente Sierra College se jacta de tener uno de los cinco programas de



**Que sigan viniendo:** el profesor de Mecatrónica de Sierra Collage Steve Hunter y la miembro de la junta del distrito Bev Ducey dialogan sobre más formas de responder a las necesidades educacionales de la comunidad.

**Keep them coming:** Sierra College Mechatronics professor Steve Hunter and school district boardmember Bev Ducey brainstorm on more ways to answer community educational needs.

(Photo by Mayumi Elegado/cell phone)

mecatrónica en la nación. El programa local, con mucha “experiencia directa”, les brinda a los estudiantes el entrenamiento y las habilidades prácticas necesarias para comenzar carreras técnicas con buenos salarios y está diseñado acorde a las necesidades de la industria local del esquí. Con aproximadamente 50 millones de personas que hacen uso de las instalaciones de los centros de esquí de California y la mano de obra actual pronta a jubilarse, la demanda es acuciante. El programa, introducido la primavera pasada en Rocklin, tuvo como resultado estudiantes que salían de sus exámenes finales con ofertas laborales. Como los empleadores potenciales se amontonaron en la sala, Hunter cuenta que debió acortar los exámenes finales para “dar lugar a esos sujetos”.

“Es muy difícil para la gente de la zona ganar un salario apropiado. Mi meta es entrenarlos para que, si lo desean, puedan vivir y trabajar aquí. De eso se trata – del éxito de los estudiantes” dijo Hunter.

El nuevo programa recibió \$600K en

subsidios del estado, las industrias locales demostraron su entusiasmo igualando esta cifra con donaciones. Además de estudiantes, el programa está buscando profesores con experiencia.

## Educación K-14

Sierra College también está trabajando en conjunto con el Distrito Escolar Unificado de Truckee Tahoe para ayudar a los estudiantes más jóvenes a ingresar al mundo real. El programa Adding College Experience (ACE, sumando experiencia universitaria), lleva cursos de nivel universitarios (y créditos) como por ejemplo arte computarizado, inglés y filosofía a las escuelas locales. Las clases comienzan este otoño.

Otro programa, Career Exploration and Development (exploración y desarrollo de carreras laborales) está orientado a hacer que los estudiantes intermedios comiencen a pensar en planes laborales de largo plazo. Financiado con una subvención de \$150K de la Oficina del Rectorado de la Comunidad Universitaria de California, este programa ayuda a los estudiantes del séptimo y octavo grado, y a sus padres, a descubrir sus talentos naturales “Y luego analizar estilos de vida opciones laborales” dijo Bev Ducey, miembro de la junta de TTUSD y co-autora de la subvención. “Permitirá a los estudiantes hacer conexiones entre las dos cosas”.

“La sinergia entre Sierra College y el TTUSD traerá cosas buenas”, dijo la Superintendente del TTUSD Dennis Williams. “Hemos cambiado nuestra forma de pensar...ya no es sólo K-12, ahora es K-14”.

Sierra College está calificada como número uno en transferencias en universidades de 4 años en California y está entre las principales universidades a nivel nacional en entrega de títulos por estudiantes de dos años. “Como nuestro campus es muy pequeño y gracias a nuestro personal tan dedicado, básicamente estamos ofreciendo educación de universidad privada a un precio de universidad comunitaria. Esperamos que la gente pueda ver eso”, dijo el Decano Rantz.

Para información visite [www.sierracollege.edu](http://www.sierracollege.edu) o llame al 550-2225.

## Creciendo, viene de la pág. 14

amable persona que también donó \$1000,” dijo Sylvia.

Emilio comparó el organizar el grupo con la tarea de un artista que pinta un cuadro. La gente pinta utilizando sus propios colores –violeta, amarillo, verde. Como organizador, él “Completa los tonos que faltan” explicó. Emilio retoca los detalles del cuadro que la gente ya ha comenzado. De esta manera, como uno de los líderes, jugando su rol dentro de la comunidad, ayuda al grupo a terminar la pintura.

Gente de Incline Village y Truckee

ha preguntado si Sylvia y Emilio también podrían ayudar en sus comunidades. Ellos se ofrecieron a dar talleres en los que compartirán sus comienzos y las actividades que realizan. Pero otra vez recordaron que son los miembros de la comunidad quienes deben crear la primera capa, para que luego los demás se acerquen y los ayuden a terminar el cuadro.

~ Para información acerca de “Creciendo Unidos and Creating Alternatives” por favor contactarse con Sylvia Doignon al 530-546-2304.

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# Call & Response

New Sierra College programs heed the needs of local industry and community

By Mayumi Elegado  
Moonshine Ink

Sierra College held a press conference recently to highlight the fact that its Tahoe Truckee Center is doing more than just building a new campus. It has also been busy unveiling a slew of programs that make a direct link between classroom learning and the 'real world.'

"Most press has been on construction of the new campus, but behind the scenes, we have been working diligently on programs to focus on the social, natural, and environmental assets of the area," said Rick Rantz, Dean of Sierra College Truckee campus.

The 'call and response' began with voices of local parents. "As I go to local meetings, I hear over and over that parents want children to be able to stay in the area, earning a livable wage. We want to build programs that meet the needs of the community," Rantz said. After 'needs assessment' studies, meetings with different industry leaders, discussions with the local school district, and countless other conversations, Sierra College has responded.

## Recreation Management

This fall marked the kick-off of a new Recreation Management program at the Truckee center. The program aims to ready students for

careers in recreation, tourism, and resort management, with a focus on local needs.

"Why I'm here is to respond to strong community need in the Tahoe Truckee area to train area students to be able to enter above entry-level positions that will pay a livable wage in the area," said Jim Forkhum, Recreation Management Department Chair. "Industry has changed quite a bit around here – there are now multi-million dollar ski, golf, and hotel businesses in the area."

Sierra College met with representatives from ski, hotel, tourist, hospitality, parks and recreation, rafting, and sports industries. "With direction of these leaders, Sierra College has responded. The new program will allow the area to have workers that meet customer needs and allow the area to meet economic goals," Forkhum said. "The long range plan is to continue to meet with industry leaders and to continue to meet their needs."

The courses, held in the evening, will touch on the history of leisure services in Western culture and will include "a lot of hands-on, practical experience" working with industry professionals, said the professor Catharine Bening, who has 15 years job experience in recreational industries.

The program includes local internships, the credits are

transferable to 4-year universities, and the College is developing a certificate program, Forkhum said.

## Mechatronics: Real Skills for Real Jobs

Mechatronics is the interdisciplinary field of electronics, mechanics, pneumatics, hydraulics, and computer programming. "The term is not well understood in the U.S., but it is in Europe and Japan," said

Steve Hunter, long-time professor of computer integrated electronics at Sierra College.

"Almost everything you use today integrates mechatronics – from your car, ATMs, robots, security systems, the list goes on and on." And few technicians are equipped with both the mechanical and the electronic know-how to fix them.

Sierra College now boasts one of only about five mechatronics programs in the nation. The local program, which is "heavily hands-on," provides students with the training and practical skills needed to enter well-paid technical careers and is tailored to the needs of the local ski industry. With an estimated 50 million people riding California ski lifts annually and the current workforce getting ready to retire, the need is dire. The program, introduced this past spring in Rocklin, had students walking out of finals with job offers. As prospective employers crowded the room, Hunter says he had to cut short

the finals to "give room to these guys."

"It is very difficult for local people to get a living wage. My goal is to train people, so if they desire, they can work and live here. That's what it's all about – student success," Hunter said.

The new program received \$600K in

state grants; local industries showed their enthusiasm by

matching this amount in donations. In addition to

students, the program is looking for experienced teachers.

*I hear over and over that parents want children to be able to stay in the area, earning a livable wage.*

Rick Rantz, Dean of Sierra College, Truckee Campus

aims to get middle school students thinking about long-range job plans. Funded by a \$150K grant from the California Community College Chancellor's Office, this program helps seventh and eighth grade kids and parents discern students' natural talents, "then look at lifestyle and career choices," said Bev Ducey, TTUSD boardmember and co-writer of the grant. "It will enable the students to make connections between the two."

"The synergy between the College and TTUSD will bring great new things," TTUSD Superintendent Dennis Williams said. "We've changed our thinking...it's not just K-12 anymore, we're thinking K-14."

Sierra College is rated number one in California transfers to 4-year colleges and ranks in the top one percent nationally for associate degrees awarded. "Because of the small nature of the campus and the dedicated staff, we're basically offering private college education at community college prices. We hope people will see this," Dean Rantz said.

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## Una nueva clase de vecindario

CoHousing Partners, con base en Nevada City, trae un "proyecto de cohousing" a Truckee, el mismo incorporará diseño y materiales de construcción ambientalmente sustentables, y generosos espacios comunes elegidos por los residentes. El proyecto será una comunidad multi-generacional, con casas unifamiliares y apartamentos con dos a cuatro dormitorios. Los precios preliminares estimados están entre \$290.000 a \$600.000 (precio en 2010). La comunidad con aproximadamente 33 viviendas será construida sobre 2,7 acres en Hilltop Master Plan Area, frente al río desde el centro de Truckee. Un vecindario de cohousing normalmente demora de 3 a 4 años en ser planificado y construido. Entérese de más información en las dos reuniones próximas, ambas a realizarse en el salón de reunión del Distrito de Servicios Públicos de Truckee Donner. Confirme su asistencia a Nisanda Albaugh al 530-478-1970, o [nalbaugh@cohousingpartners.com](mailto:nalbaugh@cohousingpartners.com)

- Reunión de Organización, 21 de sep. a las 7pm: revisión de los fundamentos del proyecto e identificación de las personas, canales, publicaciones y lugares para publicitar los próximos eventos.
- Show de Diapositivas Introductorio, 2 de oct. a las 7pm: introducción al concepto de cohousing, incluyendo lo que se prevé para Truckee y la presentación de Kathryn McCamant, coautora de *Cohousing: A Contemporary Approach to Housing Ourselves*, y Presidente de CoHousing Partners.

## Honrando a los héroes no reconocidos del tránsito

En la víspera del Año Nuevo de 2005, el residente de Sierraville Chris Ball no estaba disfrutando con su familia; estaba en la ruta, intentando abrir un carril de tránsito en la Interestatal 80 bajo una lluvia torrencial, cerca de Iceland Grade, al este de Truckee. No llegó muy lejos. La ladera de la montaña se estaba desmoronando y en cuestión de segundos más de

una docena de vehículos quedaron atrapados cuando cuatro deslizamientos arrojaron barro y rocas a través de la carretera. En un punto, la corriente de escombros arrancó la isla central de la autopista, empujando la barrera de concreto al otro lado de la carretera y formando un pequeño lago. Mientras conductores y pasajeros desesperados intentaban llegar a un lugar seguro, Ball vio a un conductor encerrado en una van. Ball logró saltar sobre la barrera desplazada y avanzó entre barro y agua de 3 pies de profundidad. De alguna manera, Ball sacó al conductor y sus bolsos a través de la ventana y finalmente los dos hombres pudieron volver a subir a la barrera para estar a salvo.

Ball fue honrado por sus actos en la 26º ceremonia anual de los premios Governor's Employee Safety en agosto. El programa de premiación reconoce desempeños sobresalientes de grupos y empleados del estado.

## Dándole a la Paz su día

En observancia con el Día Internacional de la Paz, habrá una Vigilia por la Paz en la Capilla de Squaw Valley el 21 de septiembre a las 7pm. Esta reunión por la paz ofrecerá meditación y oración con la intención de promover la paz y honrando a aquellos que han sufrido actos de violencia. Para más información, contactarse con [Jamie\\_Olson@sbc-global.net](mailto:Jamie_Olson@sbc-global.net) o 530-412-2928.

## Comida en Tahoe en una tarjeta

Las tarjetas de Dining for Schools (cenando por las escuelas), que ya están a la venta, le permiten al poseedor ahorrar 50 por ciento en selectos restaurantes de Tahoe y Truckee. Las tarjetas, una colecta de fondos para la Tahoe Truckee Excellence in Education Foundation, cuestan \$45 y son válidas en 37 restaurantes hasta el 14 de diciembre de 2006 y luego a partir del 22 de abril hasta el 14 de junio de 2007. (en algunos restaurantes son válidas desde el 7 de enero hasta el 12 de abril de 2007). Las tarjetas

están disponibles para la compra en los locales de Porters (Tahoe City, Truckee & Incline Village), Albertson's en Tahoe City y locales de Safeway (Truckee y Kings Beach), Mountain Hardware (Truckee y the Village at Squaw) y online en [www.exined.org](http://www.exined.org). Para información llame al 530-550-7984 o visite [www.exined.org](http://www.exined.org).

## Bolsas azules de reciclado gratuitas

La North Tahoe Business Association y la Agencia Redesarrollo del Condado de Placer se han unido en una 'campaña de limpieza de la comunidad' centrada en la educación sobre reciclado. Retire su bolsa gratuita en el mercado de granja cada martes de 8am. a 1pm. En la esquina de Coon y Hwy. 28 en Kings Beach.

## Cena sin niños, por los niños

Por cinco años consecutivos, a fines de septiembre, muchos padres han dejado a sus hijos en la guardería gratuita para luego dirigirse a una cena especial en Dragonfly Restaurant para apoyar el Museo de Truckee KidZone. La cena a beneficio de este año tendrá lugar el miércoles 27 de septiembre; el precio es de \$60 por persona e incluye una cena de cuatro platos. Para reservas llame al 587-0557.



## Ayuda para la cuenta de electricidad

Un alivio para los hogares del Condado de Nevada que no pueden costear

grandes cuentas de electricidad, a través del Low Income Home Energy Assistance Program (LIHEAP, programa de asistencia de energía para bajos ingresos). La

ayuda de LIHEAP es brindada en forma de un único subsidio anual de pago directo a la compañía de servicios en nombre de los hogares que cumplen los requisitos. El subsidio máximo permitido a través de LIHEAP es de \$500 por hogar. El Condado de Nevada invita a las familias de bajos ingresos que todavía no hayan solicitado su subsidio de LIHEAP a comunicarse con la Agencia de Servicios Humanos del Condado de Nevada al 530-265-7251 para conseguir información y la solicitud.

El Condado de Nevada también ofrece un programa de asistencia en aislamiento climático, que ayuda a las familias de bajos ingresos a reducir en forma permanente sus gastos de energía haciendo sus casas más eficientes. Aislarse su hogar puede reducir los gastos en calefacción y refrigeración en un 31 por ciento, permitiéndole ahorrar más de \$400 por año. Las solicitudes y más información están disponibles a través de la Agencia de Desarrollo de la Comunidad del Condado de Nevada al 530-265-1388.

## Se acerca el invierno, evite los incendios

Antes de usar su horno u hogar a leña, lea estos recordatorios del Distrito de Protección de Incendios de Truckee:

- Evite que las agujas de pino se acumulen en su techo, terraza, y alrededor de su hogar. Manténgalas rastrilladas a 2 o 5 pies de su casa y terraza. Y no permita que se acumulen más de 1 o 2 pulgadas de agujas en 30 pies a la redonda.
- Apile la leña a 30 pies de su casa. Si está apilada sobre una ladera, asegúrese que la leña encendida no pueda rodar hacia abajo e incender su hogar.
- Asegúrese que su techo esté libre de suciedad, y que su chimenea esté limpia. Mantenga un contenedor de metal con tapa para colocar las cenizas cuando limpia su horno o chimenea. Deje las cenizas en el cubo por tres días antes de descartarlas; las cenizas calientes pueden encender su tacho se basura o en el camión recolector. Nunca las ponga en bolsas de plástico para transportarlas o guardarlas.

Para información llame al 582-7853 o visite [www.truckeefire.org](http://www.truckeefire.org).

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## What's Happening: Briefly

### New kind of neighborhood

CoHousing Partners, based in Nevada City, is bringing a "cohousing project" to Truckee, which will incorporate environmentally sustainable design and building materials, and generous common facilities chosen by the residents. The project will be a multi-generational community, with town homes and flats ranging from two to four bedrooms. Very preliminary price estimates range from \$290,000 to \$600,000 (prices in 2010). The community of approximately 33 homes will be built on 2.7 acres in the Hilltop Master Plan Area, located just across the river from downtown Truckee. A cohousing neighborhood typically takes 3 to 4 years to plan and build. Find out more at the two upcoming meetings below, both to be held at the Truckee Donner Public Utility District boardroom. RSVP to Nisanda Albaugh at 530-478-1970, or [nalbaugh@cohousingpartners.com](mailto:nalbaugh@cohousingpartners.com).

• Organizing Meeting, Sept 21 at 7 p.m.: review the basics of the project and identify the local people, networks, publications and places to publicize upcoming events.

• Introductory Slide Show, Oct 2 at 7 p.m.: introduction to the concept of cohousing, including what is envisioned for Truckee and featuring Kathryn McCamant, co-author of *Cohousing: A Contemporary Approach to Housing Ourselves*, and President of CoHousing Partners.



**Chris Ball** accepting his Governor's Safety Award with the Director of Caltrans, Wil Kempton.

**Chris Ball** aceptando su Premio Governor's Safety con el Director de Caltrans, Wil Kempton.

safety, Ball spotted a driver trapped in a delivery van. Ball managed to hop over the dislodged barrier and wade through mud and water three-feet deep. Somehow, Ball pulled the driver and his bags out of a driver's side window and eventually both men were able to climb back over the barrier to safety.

Ball was honored for his actions at the 26th annual Governor's Employee Safety award ceremony in August. The award program recognizes outstanding performance of individual state employees and groups.

### Giving Peace its day

In observation of the International Day of Peace, there will be a Peace Vigil at the Squaw Valley Chapel on September 21 at 7 p.m. This peace gathering will offer meditation and prayer with the intention of promoting peace and honoring those that have suffered from violence. For information, contact [Jamie\\_Olson@sbcglobal.net](mailto:Jamie_Olson@sbcglobal.net) or 530-412-2928.

### Tahoe food on a card

Dining for Schools cards, on sale now, save holders 50 percent at select restaurants in the Tahoe-Truckee area. The cards, a fundraiser for the Tahoe Truckee Excellence in Education Foundation, cost \$45 and are valid at 37 restaurants through December 14, 2006 and then April 22 through June 14, 2007. (Select restaurants honor the card during an extended period of January 7 through April 12, 2007.) The cards are available at Porters Sport locations (Tahoe City, Truckee & Incline Village), Albertson's in Tahoe City and Safeway locations (Truckee and Kings Beach), Mountain Hardware (Truckee and the Village at Squaw) and online at [www.exined.org](http://www.exined.org). For info, call 530-550-7984 or visit [www.exined.org](http://www.exined.org).

### Free blue recycle bags

The North Tahoe Business Association and Placer County Redevelopment Agency have partnered on a 'clean up the community campaign' that focuses on recycling education. Pick up your free bag at the farmer's market every Tuesday between 8 a.m. to 1 p.m. on the corner of Coon & Hwy. 28 in Kings Beach.



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\*Some restrictions apply. Passes are sold in limited quantities on a first-come, first-serve basis.

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# What's Happening: Briefly

## Dinner without kids, for the kids

For five years straight, in late September, local parents have dropped their kids off for free babysitting and then headed to a special dinner at Dragonfly Restaurant to support the Truckee KidZone Museum. This year's benefit dinner takes place on Wednesday, September 27; cost is \$60 per person and includes a four-course meal. For reservations, call 587-0557.

## Energy bill relief

Here's some relief to Nevada County households that can least afford high energy bills, through the Low Income Home Energy Assistance Program (LIHEAP). LIHEAP assistance comes in the form of a "once-a-year" direct payment subsidy to the utility company on behalf of eligible households. The maximum payment subsidy allowed through LIHEAP is \$500 per household. Nevada County is urging those low-income families that have not already applied for their "once-a-year" LIHEAP subsidy to contact the Nevada County Human Services Agency at 530-265-7251 for information and an application.

Nevada County also provides a Weatherization Assistance Program that

helps low-income families permanently reduce their energy bills by making their homes more energy efficient. Weatherizing your home can reduce heating and cooling bills by as much as 31 percent with energy dollar savings in excess \$400 per year. Information and applications are available through Nevada County Community Development Agency at 530-265-1388.

## As winter comes, be fire safe

Before using your woodstove or fireplace, here are a few reminders from the Truckee Fire Protection District:

- Keep pine needles from accumulating on your roof, deck, and next to your home. Keep them raked back at least 2 to 5 feet from the sides of your house and deck. Don't allow pine needles to get more than 1 to 2 inches deep for an additional 30 feet around your house.
- Stack firewood at least 30 feet from your home. If it is stacked uphill from your house, make sure that burning firewood cannot roll downhill and ignite your home.
- Make sure your roof is clear of debris, and that your chimney is clean. Keep a metal container with a tight fitting lid to put your ashes in as you empty out your wood stove or fireplace. Keep the ashes in the pail for at least 3 days

before disposing of them; hot embers in ashes can ignite the material in your trashcan or in the waste disposal truck. Never place them in grocery bags or boxes to transport or store them.

For info, call 582-7853 or visit [www.truckeefire.org](http://www.truckeefire.org).

## Marketing and Disaster

This fall, the North Lake Tahoe Resort Association (NLTRA) enters into a formal marketing partnership with the Incline Village Crystal Bay Visitors Bureau (IVCBVB) to support a single brand and marketing campaign for the North Lake Tahoe area. The NLTRA board of directors unanimously approved the partnership at the regular July 12 meeting. The IVCBVB board approved the plan July 18. According to Andy Chapman, tourism director for the NLTRA, the partnership will nearly double North Lake Tahoe's consumer marketing program budget, resulting in a more consistent, stronger message to travelers and potential visitors.

The North Lake Tahoe Marketing Cooperative is set to formally begin in October. The approved agreement is for a three-year term, with an option to renew and extend if both organizations agree in writing to do so.

On another note, the North Lake Tahoe Chamber of Commerce, operated under the umbrella of the NLTRA, will feature a presentation by the American Red Cross titled "Together We Prepare" on October 4. The goal of the presentation is to educate the community about how to successfully survive a natural disaster. The event is part of the Annual Membership Luncheon. For information, or to purchase tickets, contact Kym Fabel, chamber program manager, at [Kym@PureTahoeNorth.com](mailto:Kym@PureTahoeNorth.com) or 530-581-6904.

## Squaw Valley Founder dies

Ski pioneer and sportsman, Alexander C. Cushing, who brought the 1960 Winter Olympics to Squaw Valley, died from pneumonia on August 19 at his summer home in Newport,

Rhode Island. He was 92. To read Squaw's press release, visit [www.squaw.com/alex-cushing](http://www.squaw.com/alex-cushing).

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## A Cup of Coffee and a Round of Golf

Relieved that the noisy "diggers" had moved up the hill, away from Truckee Book & Bean, I headed into my personal favorite café for this edition of Java Jabber. I am in heaven when I have a good cup of coffee to sip on and am surrounded by books just waiting to be opened. As I suspected, people were working on laptops at the tables nestled in the cozy nooks created by the bookshelves, cleverly placed beneath the ancient floor beams of the Old Nevada Saloon. It is a space conducive to creativity. I met a poet, compiling a collection of her work for a manuscript and a jovial pair of businessmen wheeling and dealing in aggregate stone products and luxury properties.

While I jabbered away with my new acquaintances, a constant flow of people gathered in the front "room" filling it almost to capacity. I asked Truckee Book & Bean owner, Lou Raso, what they were up to.

"They are a group of concerned citizens gathering to save Ponderosa Golf course," he said. BINGO. That's the kind of work I'm looking to examine in this column, I want to take notice of people working for the good of our community.

I introduced myself to the group and was warmly welcomed to join in their meeting with Cadie Olsen one of the Town of Truckee's Planning Commissioners. The meeting was "an opportunity to express concern," said Cadie, whose presence was like a calm harbor in a sea of emotion. Later that evening the Planning Commission would meet at Truckee Town Hall Council Chambers for the 2025 General Plan public hearings. The General Plan addresses issues like noise, safety, traffic circulation, housing, economic development, land use, community character, conservation and open spaces. (Sounds like it might be important to be involved with the shaping of



### Java Jabber

By Kira Yannetta

the General Plan.)

The Ponderosa Golf course was the first in town, and was built by Truckee residents- volunteers- with borrowed equipment. It was referred to during the meeting as "the golf course

built by hand." The concerned citizens gathered were mostly homeowners with property adjacent to the golf course.

Naturally, they are threatened by the idea of having the open space around their homes razed and developed with 150 units of housing and

light commercial buildings. Would you be upset? Hims'l's request to re-zone the property from recreational to residential would be detrimental to the community, with increased noise and traffic and reduced property values being but a few of the negative aspects of his proposed development.

Robert Hims'l's family has owned the property in question since 1963, when they acquired it from the PUD. In a letter to Town Planner, Duane Hall, Hims'l says about golf courses, "They are no longer seen as a profit center, but rather as an additional recreation facility to promote these large housing developments." He points out that the golf and development businesses have changed since the sixties and that "golf courses are no longer built as "stand-alone" recreational facilities." Later in the letter he says, "The reality is that Ponderosa Golf Course will close in the next couple of years, given the current economic climate in the golf industry which we do not expect to change." Granted, Robert Hims'l offered to work "with the Town of Truckee and the community in providing a quality project on this site, one which would include a publicly-owned golf course that the community can enjoy for many decades to come." But the "Tinker-toy," - oh, excuse me, "Executive" Par 3 golf course he suggests be a part of Parks and Recreation, reduces the open space along Brockway

from 2,900 yards to 1,275 yards. That's a big chunk of change! Sherry Selwood pointed out a course that size would barely allow a player to use a 9 iron, a pitching wedge and a putter.

I've only been golfing once in my lifetime, so I have no personal attachment to golf courses, but I do love open space and wildlife and the sound of the wind in the aspen leaves.

Two things you can do.

One, take your family golfing at Ponderosa Golf Course. That's right, go have fun! Put down the to-do list, the telephone and the mouse, and go enjoy the great outdoors we work so hard to live in! Robert Hims'l insists that a nine-hole course is unsustainable in the current economic environment; we could help to change that.

Two, pay attention to your local government. There is an undeniable atmosphere of mistrust in our government, but this is a democracy- "government by the people, for the people." Get involved. Remember the old "Lotto" saying, "You gotta' be in it to win it!" Don't just sit around complaining about the state of the nation. Get active! Just like the Citizens to Save Ponderosa did at Truckee Book and Bean. They were able to pull together and accomplish their goal! The Planning Commission, who unanimously agreed to retain the property zoning as recreational, heard their voices.

Pay attention! If you are concerned about changes in Truckee, educate yourselves about the General Plan Update and other issues affecting your quality of life. Go on line and read the Plan at the Town of Truckee website. At least turn on your T.V. to see what's happening in the Town Council Meetings. They are televised; live on Channel 6, at 6 p.m., on the first and third Thursdays of every month. Planning Commission meetings are on the second Wednesday of the month. The broadcasts may not be as exciting as "Big Brother," but they are more reality based than reality T.V.



Citizens to Save Ponderosa making their voices heard at Truckee Book and Bean.

Thanks for reading while I jabbered on. Go to totally hip Truckee Book & Bean at 10009 West River Street. They're open Sunday through Thursday 8 a.m. to 8 p.m. and Friday and Saturday 8 a.m. to 10 p.m. Call 582-8302 for a schedule of their events.

Ponderosa Golf course is located at 10040 Reynold Way. Call 587-3501 for a tee time. Truckee Town Hall is at 10183

Airport Road, 582-7700. They have an easy to navigate website with lots of pertinent information [www.townoftruckee.com](http://www.townoftruckee.com)

I'll be back next month with another cafe communiqué. If you have any hot tips on cool people doing their daily grind at a happening java joint, email me at [javajabber@moonshineink.com](mailto:javajabber@moonshineink.com).

**AUTUMNAL EQUINOX: SEPTEMBER 23, 2006 ...**

# begin - Autumn

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# La medicina de Edison

Cómo la necesidad de Estados Unidos de tener energía económica nos dejó vulnerables para el ataque; y qué podemos hacer con esto

Por Brian Woody

*"Estamos descubriendo un gran bonanza, más de lo que mi vívida imaginación concibió en un principio. Sólo el Señor sabe donde se detendrá".*

~ Thomas Edison

Hoy en día, a seis años de haber comenzado el siglo 21, más del 50 por ciento de la electricidad que se consume en Estados Unidos se produce con tecnología arcaica del siglo 19. Es decir, cuando se prende la luz en las casas, es muy probable que se utilice energía que proviene de centrales eléctricas de carbón, una tecnología que se desarrolló unos pocos años después de la invención de la bombita de luz. La tecnología básica empleada por la mayoría de las centrales eléctricas de carbón no difiere mucho de la central eléctrica original de Thomas Edison construida en 1882. El proceso completo de extraer carbón de la tierra, transportarlo hasta la central y quemarlo, requiere de mucha más mano de obra y de energía cada día. La dependencia del carbón en nuestro país debilita la infraestructura nacional y nos deja así vulnerables para el ataque. Y en el quinto aniversario de los ataques del 11 de septiembre, la nación espera temerosa, anticipando un segundo ataque aparentemente inevitable. Aún así, poco se ha hecho desde el 11/9 para proteger nuestra infraestructura de energía que se debilita día a día y que respalda a todo nuestro sistema de defensa nacional.

Por suerte, existen opciones. Cada vez oímos más de ellas a diario: solar, eólica, geotermal y más. Tal como sucede con la inversión de dinero y con la plantación de verduras, cuando se trata de fuentes de energía, nosotros como nación deberíamos mantener una cartera diversificada. Pero en cuanto a la energía renovable de alto volumen, la mejor fuente disponible y que nosotros podemos utilizar está en el vien-to. De hecho, hasta un residente de Truckee puede hacer el cambio al adquirir los beneficios de energía renovable en la forma de "Green Tags (Etiquetas verdes)".

## Breve historia de energía sucia: 1882-1982

Después de inventar la lámpara de luz incandescente, Thomas Edison desarrolló y patentó un diseño para el primer sistema mundial de escala de utilidades para la producción y distribución de energía. El 4 de septiembre de 1882, Edison estuvo a cargo de la primera central nuclear y fue el primer inversor-dueño de una primera empresa eléctrica .La "Pearl Street Station (Central Nuclear Pearl Street)", que está ubicada en el extremo Sureste de Manhattan, comenzó de manera inmediata la producción y distribución de energía a las 800 de las lámparas de luz incandescentes desarrolladas recientemente por Edison, divididas entre 59 vecindarios usuarios que incluían las oficinas de J.P Morgan y el New York Times. El 19 de enero, 1883, la central comenzó a transmitir electricidad a 20 millas de distancia a Roselle, New Jersey, a través del primer sistema de distribución de energía que utilizó cables de electricidad aéreos. Y hacia fines de 1883, sólo 14 meses después de que se encargara la Pearl Street Station por primera vez, la base de usuarios de la central había crecido casi en un 900 por ciento. Edison había predicho el potencial explosivo de la industria unos cuatro años antes de su primera exhibición pública de la lámpara incandescente el 31 de diciembre, 1879, al afirmar "Haremos que la energía sea tan económica que solo los ricos utilizarán velas".

Edison diseñó casi cada característica de la Pearl Street Station por si solo, desde lo básico del cableado hasta el desarrollo de un generador lo suficientemente grande

como para producir electricidad en una escala sin precedentes. Las calderas requerían grandes cantidades de carbón, el escape de la quema de carbón salía del Pearl Street Station a través de un sistema de chimeneas convencional. Los resi-dentes del Sureste de Manhattan de inmediato se quejaron del olor, el hollín, y las cenizas en el aire que ennegrecían el vecindario. Esto dio lugar a que los fabricantes mudaran las centrales a ubicaciones más rurales.

Ya ha pasado más de un siglo desde la primera demostración exitosa de la central de carbón de Edison, sin embargo, ha habido algunos cambios implementados a su diseño original. La Laramie River Station (LRS), por ejemplo, es una central eléctrica de carbón ubicada al Este del pequeño pueblo de Wheatland (población de 3.548 habitantes) en el Sudeste de Wyoming. La LRS es una de más de 1.200 centrales eléctricas de carbón que en la actualidad funcionan en Estados Unidos. Tiene una capacidad generadora de 1.650 Megavatios (MW), unas 20.000 veces más potente que la central original de Edison.

La construcción de la Laramie River Station duró más de ocho años y representó costos mayores a \$1,6 mil millones. La LRS comenzó a funcionar en su totalidad en 1982. La LRS es comparable tanto en capacidad como en diseño con la Granite Fox Station (GFS), el proyecto de energía de carbón de 1.450 MW de Sempra Energy que en un principio se propuso en Gerlach, Nevada, en el Black Rock Desert, al Norte de Pyramid Lake y el lugar del festival anual Burning Man. Las emisiones de la central de carbón hubieran devastado de manera permanente el ecosistema acuático Truckee/Tahoe/Pyramid Lake, uno de los ecosistemas más sensibles y singulares del mundo. La propuesta por parte de Sempra fue rechazada por gran parte de la comunidad local y la empresa anunció en abril que vendería el proyecto y dis-continuaría los esfuerzos. (Para conocer acerca de la historia de la Granite Fox Station, ver Moonshine Ink, diciembre de 2005- febrero 2006). Tal como hubiera sido la Granite Fox, la Laramie River Station es un desastre ambiental. Cada hora que la LRS está en funcionamiento, consume 2,25 millones de libras de carbón pulverizado, y así requiere más de 230 vagones de trenes de carbón en un ciclo generador de 24 horas. La LRS consume no sólo un monto ridículo de carbón, sino que también cantidades absurdas de agua.

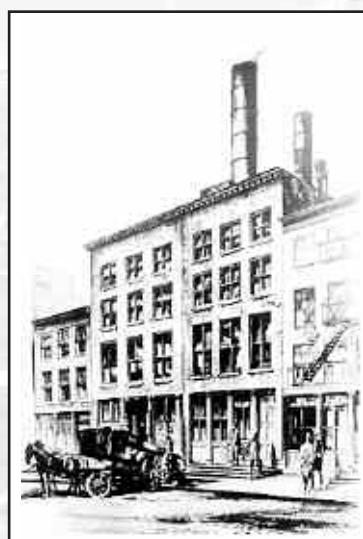
Estos recursos son devueltos al medio ambiente como desechos tóxicos y no están disponibles para ser utilizados otra vez. En 1998, se informó que la Laramie River Station consumía 7,6 galones de agua y emitía 810 libras de mercurio elemental a su medio ambiente inmediato. El mercurio es una de las neurotoxinas más peligrosas conocidas para el hombre. Se estima que menos de una sola libra de mercurio que se emita al Lake Tahoe haría que los peces fueran muy tóxicos para el consumo del ser humano. Estos efectos tendrían una duración indefinida, debido a que el mercurio se impregna en la cadena alimenticia y se acumula en los tejidos vivos de los organismo-s contaminados.

Tri-State Generation and Transmission Association (Tri-State G&T) (Asociación del triple estado de la transmisión y generación), con sede en Denver, Colorado, es dueño de una cuarta parte de la Laramie River Station y provee de electricidad a 44 cooperativas eléctricas diferentes. Tri-State G&T produce y trans-ports electricidad a un territorio de servicio que cubre unas 250.000 millas cuadradas; más de tres quintos del área de tierra total de Wyoming, Colorado, New Mexico, y Nebraska.

El sitio web de Tri-State reclama que "[la] River Station es una instalación de descarga cero, lo que significa que el agua que se utiliza en el pro-ceso generador de electricidad no sale de la planta".

El concepto de descarga cero es una imposibilidad física y el reclamo por parte de Tri-State G&T de que no se emiten aguas residuales de la planta es absolutamente falso. La planta no requeriría más de 7,6 miles de mil-lones de galones de agua cada año si todo el agua fuera recuperada o con-servada internamente. De lo contrario, todos los miles de millones de galones de agua se evaporan al medio ambiente inmediato, los vapores transportan muchas sustancias tóxicas al salir de los tanques de refrigeración de la central. Finalmente, ese vapor de agua se condensa a medida que se enfriá. Los 7,6 mil millones de galones de agua contaminada caerán luego a la tierra y se los confundirá con el ecosistema de alrededor como agua de lluvia, hidrógeno u oxígeno en la tierra. Estas toxinas serán con-sumidas por las plantas y animales que viven en el Sureste de Wyoming, en donde el alimento se produce en masa y se exporta a todo el país.

La Grey Rocks Reservoir (Represa Grey Rocks) ubicada a 11 millas al Este de la LRS, era la fuente principal y original de la central del agua uti-lizada en la producción de vapor y en la refrigeración. Como resultado de una sequía de ocho años que ha afectado a gran parte del Oeste de Estados Unidos, la represa ya no puede suministrar las grandes cantidades de agua que se requieren para la producción de energía. La LRS en la actualidad compra el agua de pozo de los hacendados locales a un precio que está en aumento; el agua que se necesita para la producción de cultivos utilizada para la exportación de alimentos y para el pastoreo de ganado local, dos contribuyentes principales en la economía relativamente sostenible de la Wheatland rural. El direc-



**Edison's Pearl Street Station** in the lower east side of Manhattan.  
**La Pearl Street Station** en el Sureste de Manhattan.



# Edison's Medicine

How America's need for cheap energy has left us vulnerable to attack; and what we can do about it

By Brian Woody

*"We are striking it big in the electric light, better than my vivid imagination first conceived. Where this thing is going to stop Lord only knows."*

~ Thomas Edison

Today, six years into the 21st century, more than 50 percent of the electricity consumed in the United States is produced using archaic 19th century technology. That is, when you flip on a light in your house, you most likely are using energy from coal-fired power plants, a technology that was developed just a few years following the invention of the light bulb. The fundamental technology employed by most modern coal-fired power plants is not too different than that of Thomas Edison's original electrical station built in 1882. The entire process of extracting coal out of the ground, delivering it to the plant, and burning it, becomes more labor intensive and requires more energy every day.

Our country's dependence on coal is weakening the national infrastructure, leaving us vulnerable to attack. And on the fifth anniversary of the attacks of September 11, the nation waits in fear, anticipating a seemingly inevitable secondary attack. Yet there has been little done since 9/11 to protect our weakening energy infrastructure which supports our entire national defense system.

Fortunately there are options. We hear of them more everyday – solar, wind, geothermal and more. As with investing money or planting a field of vegetables, when it comes to energy sources, we as a nation should maintain a diversified portfolio. But when it comes to high-volume renewable energy, the best source that is available and that we are ready to harness is in the wind. In fact, even a Truckee resident can make the switch by purchasing the benefits of renewable energy in the form of 'Green Tags.'

The label on the bulb pictured here reads, "**New Type Edison Lamp. Patented Jan. 27, 1880 OTHER EDISON PATENTS.**" Edison made continuous attempts to improve his original 1879 design, however even a century later, the most modern incandescent light bulbs retain the basic components of Edison's original design.

La etiqueta en la lámpara que se muestra aquí dice: "**Nueva clase de lámpara Edison. Patentada el 27 de enero, 1880, OTHER EDISON PATENTS**". Edison intentó de manera continua mejorar su diseño original de 1879, pero aún un siglo más tarde, las lámparas de luz más modernas incandescentes tenían los contenidos básicos del diseño original de Edison.

## A brief history of dirty energy: 1882-1982

After inventing the incandescent light bulb, Thomas Edison developed and patented a design for the world's first utility-scale system for energy production and distribution.

On September 4, 1882, Edison commissioned the nation's first central power plant and the world's first investor-owned utility. The 'Pearl Street Station,' located on Manhattan's lower east side, immediately began production and distribution of electricity to 800 of Edison's recently developed incandescent electric light bulbs, divided amongst 59 neighborhood customers, which included the offices of J.P. Morgan and the New York Times. On January 19, 1883, the plant began transmitting electricity 20 miles away to Roselle, New Jersey, via the first energy distribution system to use over-head power lines. And by the end of 1883, only 14 months after the Pearl Street Station was first commissioned, the plant's customer base had grown by almost 900 percent. Edison predicted the industry's explosive potential some four years earlier following his first public exhibition of the incandescent light bulb on December 31, 1879, stating that "We will make electricity so cheap that only the rich will burn candles."

Edison designed almost every feature of the Pearl Street Station himself, from the basic wiring to the development of a generator large enough to produce electricity on an unprecedented scale. The boilers required large amounts of coal; the exhaust from the burning coal escaped the Pearl Street Station through a conventional chimney system. Residents of lower-east Manhattan soon complained of the smell, soot, and fly-ash that blackened the neighborhood. This prompted manufacturers to move plants to more rural locations.

More than a century has passed since the first successful demonstration of Edison's coal-fired plant, yet there have been few changes made to its original design. The Laramie River Station (LRS), for example, is a coal-fired power plant located east of the small town of Wheatland (population 3,548), in southeastern Wyoming. The LRS is one of more than 1,200 coal-fired power plants that currently operate in the United States. It has a generating capacity of 1,650 Megawatts (MW), nearly 20,000 times more powerful than Edison's original plant.

The construction of the Laramie River Station took more than eight years and cost more than \$1.6 billion. The LRS, which became fully operational in 1982, is comparable in both capacity and design to the Granite Fox Station (GFS), Sempra Energy's 1,450 MW coal-fired power project originally proposed near Gerlach, Nevada, in the Black Rock Desert, north of Pyramid Lake. Emissions from the coal plant would have permanently devastated the Truckee/Tahoe/Pyramid Lake aquatic ecosystem, one of the most sensitive and unique ecosystems in the world. Sempra's proposal was protested by much of the local community and the company announced in April that it would sell the project and discontinue

efforts. (For the story of the proposed Granite Fox Station, see Moonshine Ink, December 2005 – February 2006.)

As Granite Fox would have been, the Laramie River Station is an environmental disaster. Every hour that the LRS is online, it consumes 2.25 million pounds of pulverized coal, thus requiring more than 230 train cars of coal in one 24-hour generating cycle. The LRS consumes not only a ridiculous amount of coal, but absurd quantities of water as well. These resources are returned to the environment as toxic waste and are unavailable for further use. In 1998, it was reported that the Laramie River Station consumed 7.6 billion gallons of water and emitted 810 pounds of elemental mercury into its immediate environment. Mercury is one of the most dangerous neurotoxins known to man. It is estimated that less than a single pound of mercury released into Lake Tahoe would render the fish too toxic for human consumption. These effects would last indefinitely, since mercury permeates the food chain and collects in the living tissues of contaminated organisms.

Tri-State Generation and Transmission Association (Tri-State G&T), based in Denver, Colorado, maintains nearly one-quarter ownership of the Laramie River Station and supplies power to 44 different electric cooperatives. Tri-State G&T generates and transports electricity to a service territory that covers approximately 250,000 square miles; well over three-fifths the total land area of Wyoming, Colorado, New Mexico, and Nebraska.

Tri-State's website claims "[the] Laramie River Station is a zero-discharge facility, meaning that no water leaves the plant site following its use in the electricity generating process." The concept of zero-discharge is a physical impossibility, and the claim by Tri-State G&T that no waste-water is emitted from the plant is completely false. The plant would not require over 7.6 billion gallons of water every year if all water was recovered or internally conserved. Rather, all the billions of gallons of water evaporate into the immediate environment, the steam-vapors carrying away many toxic substances as it leaves the plant's cooling tanks. Eventually that water vapor will condense as it cools. All 7.6 billion gallons of contaminated water will eventually fall to the earth and be mistaken by the surrounding ecosystem as rain-water. These toxins will be consumed by many plants and animals living in southeastern Wyoming, where food is mass produced and exported nationwide.

The Grey Rocks Reservoir located 11 miles east of the LRS, was the plant's original principal source for water used in steam production and cooling. As a result of an eight-year drought that has affected much of the western United States, the reservoir can no longer supply the huge quantities of water required for energy production. The LRS is currently purchasing well water from local ranchers at an increasing cost; water that is necessary for crop production used for food export and local cattle grazing, two major contributors to the relatively sustainable economy of rural Wheatland. The Laramie River Station's power supply manager, Doug Bantam, has conceded that the loss of cooling water would result in the ultimate decommissioning of the power plant.

Fortunately, Wheatland lies within one of the nation's best wind resources. More than enough energy could be produced in southeastern Wyoming to match the energy production capacity of the Laramie River Station by more than 10-fold. Such a facility would require no fuel, no water, and would create no

tor de suministro de energía de la Laramie River Station, Doug Bantam, ha reconocido que la pérdida del agua para la refrigeración podría resultar en un problema importante de la central eléctrica.

Afortunadamente, Wheatland se encuentra dentro de uno de los mejores recursos de vientos de la nación. Se podría producir más que la suficiente energía en el Sureste de Wyoming para igualar la capacidad de producción de energía de la Laramie River Station en más de 10 veces. Tal instalación no requeriría combustible, ni agua, y no contaminaría. De hecho, los beneficios que resultan de un cambio a la energía eólica en esta región son muchos en alcance, y hasta incluiría una mejor seguridad nacional.

### Respaldar los bombarderos de Stealth con la tecnología del siglo 19

La Laramie River Station distribuye energía a lo largo de Front Range en Colorado. Esta región, que se extiende desde el Sur-central de Wyoming, a lo largo de Colorado y justo por encima de la frontera con New Mexico, tiene un rol colectivo en la defensa estratégica y la seguridad nacional de los Estados Unidos, siendo el lugar donde se encuentran varias bases principales de la Fuerza Aérea, centros de desarrollo e investi-



**No existe tal cosa como la red de energía nacional:** Las diferentes regiones que constituyen el North American Electric Reliability Council (NERC).

**No such thing as a national energy grid:** The different regions that make up the North American Electric Reliability Council (NERC).

gación secreta, y el North American Aerospace Defense Command (NORAD, según su sigla en inglés) (Comando aeroespacial estadounidense de la defensa), un centro cuya tarea es controlar y vigilar el espacio aéreo estadounidense.

Si en cualquier momento un verdadero enemigo formidable atacara Estados Unidos, sólo necesita inutilizar la

Laramie River Station , por lo tanto cortar la electricidad en una de las regiones más principales para la defensa y seguridad nacional. Esto no requeriría hacer chocar un Boeing 747 contra una central física. De hecho, todo el proceso de sabotaje sería bastante simple. Un grupo de adolescentes inteligentes inspirados en la novela de Edward Abbey "The Monkey Wrench Gang" ("La cuadrilla de la llave inglesa") y armados con algunas herramientas poderosas y un poco de iniciativa podrían con facilidad inutilizar todo el sistema estratégico de defensa aérea de Estados Unidos. La infraestructura de energía que brinda suministro a Front Range en Colorado y la red central de defensa nacional ubicada allí es extremadamente vulnerable debido a que es arcaica y bastante simple en cuanto a su diseño; en otras palabras, tenemos tecnología de defensa del siglo 21 (misiles nucleares y bombardero de Stealth) totalmente dependientes de la energía del siglo 19.

Casi todos los componentes de nuestro estilo de vida del siglo 21 dependen de este sistema anticuado de producción y distribución de energía. Sin la disponibilidad de electricidad económica y abundante, ¿cómo sobreviviría nuestra cultura? ¿Cómo nos transportaríamos? ¿Dónde trabajaríamos? ¿Cómo obtendríamos nuestro alimento?

Existen sólo tres componentes básicos de logística que constituyen el sistema del que dependemos para la energía: extracción, consumo, y distribución. La extracción de combustible en este caso se trata de la explotación de las minas de carbón. El transporte de ese combustible depende casi en su totalidad del ferrocarril (no depende sólo cuando la central nuclear está ubicada directamente adyacente a la mina). El consumo se refiere a la central nuclear física en la que el carbón se quema a fin de producir electricidad.

Después de que se produce la electricidad en la central nuclear, se envía a través de una red de transmisión de cables y se distribuye al consumidor final.

El combustible del carbón que se utiliza en la Laramie River Station se origina de dos minas separadas ubicadas en las reservas de carbón aparentemente sin fin de la Powder River Basin (PRB): la New Horizon Mine ubicada a unos 175 al Norte de la Laramie River Station y la Dry Fork Mine a unas 191 millas al Oeste de la LRS y a cinco millas al Noreste de Gillette, Wyoming. Gillette es el epicentro económico y logístico de la Powder River Basin, y el lugar en el que quizás se encuentran los depósitos más abundantes de carbón en todo el mundo y el lugar en el que se encuentran 14 de las 20 minas de carbón más grandes en los Estados Unidos. Un 30 por ciento de las ventas de carbón de los Estados Unidos se originan en Wyoming, representando el 80 por ciento de la producción federal tierra adentro de carbón en 2001. Además, la veta de carbón de la PRB se encuentra relativamente cerca a la superficie de la tierra, y por lo tanto requiere de menos procedimientos de extracciones profundas necesarias para extraer depósitos de carbón del Este. Debido a nuestra elección actual de carbón, no resulta difícil ver por qué Gillette, Wyoming, con una población menor a 20.000 personas, ha sido apodada "Capital de energía de la nación".

En el último libro de Jeff Goodell "Big Coal: The Dirty Secret Behind America's Energy Future", se describe en detalle el engorroso procedimiento de transportar grandes cantidades de carbón fuera de la Powder River Basin. El señor Goodell explica que ni uno de los varios trenes de carbón en los que viajó mientras investigaba para su libro pudo terminar un viaje sin tener algún problema mecánico que finalmente resultaba en que se pospusiera la distribución del combustible del carbón.

Lo menos que se puede decir acerca del sistema de ferrocarriles actual que se utiliza para el transporte de combustible del carbón es disfuncional, arcaico y difícil de manejar. En su mayoría, la degradación del sistema de ferrocarriles de carbón es la consecuencia natural de una negligencia continua y una demanda en aumento de cantidades más grandes de carbón. La Northern Santa Fe (BNSF) y la Union Pacific (UP) cuentan con un monopolio efectivo del sistema de ferrocarriles de carbón. Las dos empresas no intentan invadir el territorio del otro, por lo que ante la falta de una competencia verdadera, no se les puede imputar la responsabilidad por los consumidores. Cuando los ferrocarriles se rompen, se le pasa el costo primero al productor de electricidad, y luego al consumidor final. Se requeriría de un capital importante para actualizar el sistema de ferrocarriles de carbón en su totalidad, ¿pero quién se va a hacer cargo de los gastos? Los productores de electricidad no quieren

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pollution. In fact, the benefits resulting from a switch to wind energy in this region are huge in scope, not least of which would be increased national security.

### Supporting Stealth Bombers with 19th century technology

The Laramie River Station distributes energy along the Front Range of Colorado. This region, which extends from south-central Wyoming, through Colorado and just over the New Mexico border, plays a collective role in the strategic defense and national security of the United States, serving as home to several key Air Force bases, top-secret research and development centers, and the North American Aerospace Defense Command (NORAD), a center tasked with the control and surveillance of North American airspace.

All the while, if a truly formidable enemy were to attack the United States, they need only disable the Laramie River Station, thus cutting power to one of the most key regions for national defense and security. This wouldn't require crashing a Boeing 747 into the actually physical plant either. In fact the entire process of sabotage would be quite simple. A group of intelligent teenagers inspired by Edward Abbey's novel 'The Monkey Wrench Gang,' and armed with some power tools and a little initiative could easily disable the entire North American strategic air defense system. The energy infrastructure supporting the Front Range of Colorado and the central web of national defense located there is extremely vulnerable because it is archaic and relatively simple in design; in other words, we have 21st century defense technology – nuclear missiles and stealth bombers – entirely dependent on 19th century energy technology.

Almost every component of our 21st century lifestyle depends on this outdated system of energy production and distribution. Without the availability of cheap and abundant electricity, how would our culture survive? How would we transport ourselves? Where would we work? How would we procure our food?

There are only three basic logistical components that make up the system that we depend on for energy: extraction, consumption, and distribution. Fuel-source extraction in this case is coal mining. Transportation of that coal is almost entirely dependent upon rail (only when the power plant is located directly adjacent to the mine is it not). Consumption refers to the physical power plant where coal is burned to produce electricity. After the electricity is produced at the power plant it is sent out along a wired transmission network and distributed to the end user.

Coal fuel consumed at the Laramie River Station originates from two separate mines located in the seemingly endless coal reserves of the Powder River

Basin (PRB): the New Horizon Mine located approximately 175 north of the Laramie River Station and the Dry Fork Mine about 191 miles west of the LRS and five miles northeast of Gillette, Wyoming. Gillette is the economic and logistical epicenter of Powder River Basin, and the site of possibly the most bountiful deposits of coal in the entire world and home to 14 of the 20 largest coal mines in the United States. Some 30 percent of U.S. coal sales originate in Wyoming, accounting for 80 percent of Federal onshore coal production in 2001. Moreover, PRB coal seams lie relatively close to the surface of the earth, requiring less deep mining procedures necessary for extracting eastern coal deposits. Given our current fuel of choice, it is not difficult to see why Gillette, Wyoming, population less than 20,000, has been dubbed the 'Energy Capital of the Nation.'

In Jeff Goodell's latest book "Big Coal: The Dirty Secret Behind America's Energy Future," he describes in detail the cumbersome procedure of transporting large amounts of coal out of the Powder River Basin. Mr. Goodell explains that not one of the several coal trains he rode with while researching his book went an entire trip without some sort of mechanical problem that ultimately resulted in postponement of coal-fuel delivery. The rail system currently used for coal-fuel transport is dysfunctional, archaic, and unwieldy at best. For the most part, the degradation of the coal-train rail system is the natural consequence of continuous neglect and increasing demand for larger quantities of coal. The Northern Santa Fe (BNSF) and the Union Pacific (UP) have an effective monopoly on the coal-train rail system. The two companies do not attempt to invade the other's territory, so in the absence of any real competition, they cannot be held accountable by their customers. When rails break, the cost is passed on to the power producer, which is then passed on to the end user. Serious capital would be required to completely update the current coal-train rail system, but who is going to front the bill? The power producers are not willing to increase their budgets to pay for it, since this would result in either a loss of profits or unhappy customers. The BNSF and UP have no incentive to rebuild the system. If the power producers decide to take issue with regular delays and higher coal prices to pay for the continuous maintenance of an outdated transit system, then (as far as the BNSF and UP companies are concerned) the power producer can find another means for transporting some 20,000 tons every day.

As a result of neglect from improper funding, the coal-rail system is becoming increasingly dysfunctional and vulnerable to sabotage.

Once coal is extracted from the ground it is sent out by rail to a designated power plant, the electricity produced there is sent out through a network that is as equally dysfunctional and archaic as the coal rail system. The general concep-

tion is that the energy 'grid' is a system of interconnected wires spanning over a given area perfectly parallel and perpendicular resembling a quadrangular grid. Utility-scale energy is produced at a central location and distributed outward. This fundamental design is hugely problematic and, from an engineering perspective, allows little possibility for efficient development. Basically, the domestic energy infrastructure has been built upon a foundation that is entirely incapable of supporting future growth.

Contrary to popular belief, there is no such thing as a national energy grid. The continental United States is divided into three disjointed power grids, as depicted in the map, on page 24; the Western Interconnect (shown in tan), the Texas Interconnect labeled ERCOT (shown in purple), and the Eastern Interconnect, which includes the remaining eight regions. Each Interconnect is unable to reasonably communicate energy to the others. The different colors represent the 10 different regions of the North American Electric Reliability Council (NERC). These regions also have difficulty communicating energy between one another, much less transmission from one region to another via an intermediate region. The absence of a comprehensive national energy grid *disallows* one region's ability to assist the others during an emergency situation. On August 14, 2003, the entire NPCC grid went down leaving as many as 57 million people

without power for several days. New York City, Ontario, Montreal, Pittsburgh, Cincinnati, St. Louis, Washington D.C. and Detroit were among the major cities affected. Airports, monorails, emergency response systems, every thing that requires conventional power was completely disabled. It was the largest black-out in our nation's history.

If energy produced in North Dakota could have been transmitted to the NPCC, then the whole catastrophe may have been avoided. The nation's inability to communicate energy between disjointed grids undermines the development of a sustainable energy grid.

But with necessity comes innovation, and in the 1990s the federal government realized a way to override the physical energy grid and create a superficial energy grid using the renewable benefits of clean energy. For every megawatt (MW) of energy produced by a renewable resource, such as wind or solar, the federal government allocates a Renewable Energy Certificate (REC), otherwise known as a "Green Tag."

### The new 'Grid'

The trading of Green Tags is convoluted and sometimes difficult to understand, resulting in a slow progression of effective marketing. To illustrate the Green Tag market, consider the following

See **Edison's**, page 27

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aumentar sus presupuestos para pagarla, ya que esto resultaría en una pérdida de ganancias o en clientes insatisfechos. La BNSF y la UP no tienen incentivo por reconstruir el sistema. Si los productores de electricidad deciden tomar el asunto con retrasos regulares y precios de carbón más altos para pagar el mantenimiento continuo de un sistema de transporte anticuado, entonces (en tanto les concierne a las empresas BNSF y UP) el productor de electricidad puede encontrar otro medio de transportar unas 20.000 toneladas a diario.

Como resultado del descuido de un financiamiento indecoroso, el sistema de ferrocarriles de carbón se está convirtiendo cada vez más disfuncional y vulnerable al sabotaje.

Una vez que se extrae el carbón de la tierra, se envía en ferrocarril a una central eléctrica designada, la electricidad allí producida se envía a través de una red que es igual de disfuncional y arcaica al sistema de ferrocarriles de carbón. La concepción general es que la "red" de energía es un sistema de cables interconectados que se extienden sobre un área dada de manera perfectamente paralela y perpendicular asemejándose así a una red cuadrangular. La energía de la escala de utilidades se produce en la ubicación central y se distribuye hacia el exterior. Este diseño básico es muy problemático y, desde una perspectiva de ingeniería, con pocas posibilidades para el desarrollo eficaz. Básicamente, la infraestructura de energía nacional ha sido construida sobre cimientos absolutamente incapaces de soportar el crecimiento futuro.

En contra de lo que comúnmente se cree, no existe tal cosa como la red de energía nacional. Estados Unidos continental está dividido en tres grillas de energía inconexo, tal como se ve en el mapa, en la página 24; the Western Interconnect (figura en color habano), the Texas Interconnect bajo la sigla ERCOT (figura en violeta), y Eastern Interconnect, que incluye las ocho regiones restantes. Cada Interconnect no puede comunicar energía de manera razonable al resto. Los diferentes colores representan las 10 diferentes regiones del North American Electric Reliability Council (NERC, según su sigla en inglés). Estas regiones también tienen una dificultad de transmitir energía una a la otra, mucha menos transmisión de una región a otra a través de una región intermedia. La falta de una red de energía nacional integral no permite que la capacidad de una región asista a las otras en medio de una situación de emergencia. El 14 de agosto, 2003, toda la red del NPCC dejó de funcionar dejando a 57 millones de personas sin electricidad durante varios días. La ciudad de Nueva York, Ontario, Montreal, Pittsburg, Cincinnati, St. Louis, Washington D.C y Detroit fueron las ciudades más afectadas.

Los aeropuertos, monorrieles, los sistemas de respuesta de emergencia, todo lo que requiere de la electricidad convencional quedó inutilizado. Fue el apagón más largo en la historia de nuestra nación.

Si la energía que se produce en Dakota del Norte pudiera haber sido transmitida a la NPCC, entonces toda la catástrofe pudiera haberse evitado. La incapacidad de la nación de transmitir energía entre las redes inconexas socava el desarrollo de una red de energía sustentable.

Pero con la necesidad llega la innovación, y en la década de 1990 el gobierno federal advirtió una manera de anular la red de energía física y crear una red de energía superficial utilizando los beneficios renovables de la energía limpia. Por cada megavatio (MW) de energía producida por una fuente renovable, como es el caso de la eólica o la solar, el gobierno federal otorga un Renewable Energy Certificate (REC) (Certificado de Energía renovable), también conocido como una "Green Tag (Etiqueta verde)".

### La nueva "red"

El comercio de Green Tags (Etiquetas verdes) es intrincado y a veces resulta difícil de entender, resultando en un lento progreso de un marketing eficaz. Para ilustrar el mercado de las Green Tags, consideren el siguiente ejemplo. Existen unos 63 arroyos alpinos que se bifurcan en el Lake Tahoe. Si se tirara un balde con agua proveniente de la mitad del lago, resultaría imposible determinar los orígenes exactos de la muestra de agua. La producción de electricidad centralizada funciona de manera similar. El solo hecho de tocar una llave de luz permite que la electricidad entre en el circuito y no hay manera de saber de dónde proviene dicha electricidad.

Sin embargo, la energía renovable que se agrega a la red se monitorea con el conteo de la producción de Green Tags. La energía eólica, por ejemplo, se vende a la red desconectada de sus beneficios renovables y tratada de manera igual a la electricidad de carbón. Los beneficios renovables, o las Green Tags, se compran al servicio que adquiere esa electricidad o en el mercado nacional. Si una empresa o una residencia desea reclamar que la energía que consumen fue producida a partir del viento, entonces pueden comprar Green Tags en una cantidad semejante al uso que planeen hacer.

Se pueden comprar las Green Tags a una firma de marketing acreditada por un valor aproximado de \$10 a \$40 por MW (el promedio de hogares estadounidenses en la actualidad utiliza un promedio de 10 MW por año). Las firmas de marketing de Green Tags, como es el caso de Native Energy, venden Green Tags a varios grupos que quieren compensar su consumo de energía y reclamar los beneficios sociales y ambientales de la energía producida a partir de fuentes limpias y renovables. Native Energy compra Green Tags a proyectos de energía eólica propuestos por adelantado, que a su vez ayudan a financiar la construcción de esa

granja de viento. Native Energy vende Green Tags a una lista cada vez más larga de entidades como Cliff Bar, Ben & Jerry's, Warner Brothers, Timberland, Aveda, MTV, Interface, Albertsons, Colgate University, DMB, the Clinton Global Initiative, NRDC, Jack Johnson, Co-op America, Bonnaroo, Stonyfield, Green Mountain Coffee Rosters, the Rolling Stones, etc. Algunos grupos hasta quieren llegar a ser retroactivos en su compensación. El 27 de junio de 2006 Dave Matthews anunció que su banda adquiriría Green Tags para compensar el total de emisiones de dióxido de carbono producidas por los requisitos de combustible fósil de sus esfuerzos itinerantes y de grabaciones desde 1991.

### El valor del viento

La energía eólica es, en la actualidad, la opción más viable para producir energía renovable y limpia a escala industrial. Y es en la actualidad también el sector del mercado de la producción de energía que crece más rápido. Durante los últimos 25 años, la industria del viento ha sobrepasado una revolución importante de investigación y desarrollo, y así da comienzo a una próxima generación con turbinas del viento cada vez más poderosas y muy eficaces. Por ejemplo, el Departamento de Energía de Estados Unidos colaboró en el desarrollo de dos de los primeros proyectos comerciales de energía eólica a comienzos de la década de 1980, ambos en California. Estos proyectos eran, sin duda, experiencias de aprendizaje y bajo la luz de la nueva tecnología, ambos lugares deberían ser dados de baja y luego redesarrollados. Las turbinas utilizadas en los proyectos de California tenían una capacidad de producción de 0,025 MW.

En el encarte central de la publicación de agosto de 2003 de National Geographic se pueden ver más de sesenta trabajadores daneses formando fila al lado de una lámina de fibra de vidrio de 18 toneladas y de 200 pies de largo, que será sujetada a una turbina que se encuentra en la cima de una torre tubular de 400 pies. En su altura máxima, esta turbina europea tendrá más de 600 pies de altura, cuatro veces más alta que la estatua de la libertad. El prototipo danés producirá la energía suficiente para satisfacer las necesidades promedio de más de 5.000 hogares estadounidenses, con una capacidad de producción de 5 MW; casi 200 veces más que la capacidad de producción de turbinas de una generación atrás. La turbina ha sido diseñada para el uso en Alemania.

El mercado eólico danés sirve con un ejemplo principal de promesa de la industria. La crisis del petróleo de la década de 1970 inspiró a Dinamarca a repensar su dependencia y, una generación más tarde, son uno de los mayores productores y consumidores de energía eólica en el mundo. La industria de fabricación de turbina del viento de Dinamarca crea en la actualidad empleos y ayuda a reforzar una de las economías más sanas de la

Unión Europea. La energía eólica también ayuda a Dinamarca en su meta por convertirse en menos dependiente en los combustibles fósiles. La actual capacidad eólica instalada es de más de 3.000 MW y representa el 20 por ciento del uso de energía anual del país.

El Energy Information Administration (Organismo de Información de energía) predice que la demanda de energía a nivel mundial podría aumentar tanto como un 50 por ciento durante los próximos 25 años. A nivel nacional, Estados Unidos en la actualidad cuenta con 1.200 centrales eléctricas de carbón que producen más del 50 por ciento de las necesidades de energía del país. Muchos funcionarios del gobierno, tal como el ex secretario de energía Spencer Abraham, creen que, debido a los vastos recursos de carbón de Estados Unidos, la construcción de más centrales eléctricas de carbón nos ayudará a adquirir más independencia en la energía. Si los representantes como el senador Lamar Alexander, un republicano de Tennessee y el presidente del Senate Energy Subcommittee (Subcomité de energía del senado) hicieran lo que les parece, podríamos ver el número de plantas de carbón en el país duplicarse durante los próximos 25 años. Un ferviente partidario de las subsidiarias de carbón; Alexander se opone abiertamente a la energía eólica. De acuerdo con Alexander, las turbinas de viento son "una pobre excusa para una política de energía limpia".

Si prevalecen las opiniones similares, la situación empeoraría. El Federal Production Tax Credit (PTC) permite un cuidado de impuestos de unos \$15/MWh durante los primeros diez años de energía producida por una granja de viento.

Mientras que los subsidios de carbón federados son permanentes, el PTC es temporario y se le permite caducar cada un par de años. Los inversores se rehusan a involucrarse en los proyectos eólicos nacionales porque a veces no queda claro si el proyecto va a estar listo antes de que caduque el PTC. Si el PTC fuera permanente, entonces habría más capital de inversión disponible para los proyectos de viento nacionales. El hecho es que el carbón está muy subsidiado y el viento no lo está.

El propósito de los subsidios es ofrecer asistencia permanente para ayudar a construir el mercado a un punto tal que el mercado pueda sustentarse a sí mismo. En Dinamarca, eran abundantes las subsidiarias de energía eólica en los comienzos del programa de viento en 1976 y de a poco se retractaron durante 1996. El país invirtió un total de \$75 millones en un período de 20 años en la investigación y desarrollo del viento. Ahora, la industria del viento en Dinamarca produce aproximadamente \$1000 millones por año en rentas públicas y provee de más de 16.000 empleos. De hecho, aproximadamente el 60 por ciento de las turbinas de viento instaladas en el mundo fueron hechas en Dinamarca.

example. There are some 63 alpine streams that feed into Lake Tahoe. If you were to draw a bucket of water from the middle of the Lake, it would be impossible for you to determine the exact origins of that sample of water. Centralized power production works in a similar way. The simple flipping of a light-switch allows electricity to enter the circuit and there is no telling from where that power originated.

However, renewable energy that is added to the grid is monitored by counting the production of Green Tags. Wind energy, for example, is sold to the grid decoupled from its renewable benefits and treated no different from coal-fired power. The renewable benefits, or Green Tags, are either sold by the utility that is acquiring that power or on the national market. If a business or residence wants to claim that the energy they consume is produced by wind, then they can purchase Green Tags in an amount equal to their projected use.

Green Tags may be purchased from an accredited marketing firm for a cost of about \$10 to \$40 per MW (the average American household currently uses an average of 10 MW per year.) Green Tag marketing firms, such as Native Energy, sell Green Tags to various groups that want to offset the impact of their energy consumption and claim the environmental and social benefits of energy produced from clean and renewable sources. Native Energy purchases the Green Tags from proposed wind energy projects in advance, which in turn helps finance the construction of that wind farm. Native Energy sells Green Tags to an increasingly growing list of entities like Cliff Bar, Ben & Jerry's, Warner Brothers, Timberland, Aveda, MTV, Interface,

Albertsons, Jack Johnson, Co-op America, Bonnaroo, Stonyfield, Green Mountain Coffee Roasters, the Rolling Stones, and the list goes on and on. Some groups are even going as far as to be retroactive in their offsetting. On June 27, 2006, the Dave Matthews announced that his band would purchase Green Tags to offset the total carbon dioxide emissions produced by the fossil fuel requirements of their touring and recording efforts since 1991.

### The value of wind

Wind energy is currently the most viable option for producing clean and renewable energy on an industrial scale. And it is currently the fastest growing sector of the energy production market. Over the past 25 years, the wind industry has undergone a major revolution in research and development, thus igniting the next generation of highly efficient and increasingly powerful wind turbines. For example, the U.S. Department of Energy assisted in developing two of the nation's first commercial wind energy projects in the early 1980s, both located in California. These projects were certainly learning experiences and in light of new technology, both sites should be decommissioned and subsequently redeveloped. The turbines implemented in the California projects had a production capacity of 0.025 MW.

In the August 2003 issue of National Geographic, the centerfold shows more than sixty Danish laborers lined-up alongside a 200-foot long 18-ton fiberglass blade, which will be attached to a turbine placed atop a 400-foot tubular tower. At its maximum height, this European turbine will be more than 600 feet tall, four times as tall as the Statue of Liberty. The Danish prototype will produce enough energy to satisfy the average needs of



**Danish subsidization** of wind energy has resulted in a revolution in wind energy research and development that has larger wind turbines with an unbelievable capacity for energy production, like the 1.2 MW turbine shown here.

**Subsidiaria danesa de energía** eólica tuvo como resultado una revolución en la investigación y el desarrollo de la energía eólica que tiene turbinas de viento más grandes con una increíble capacidad para la producción de energía, tal como la turbina de 1,2 megavatios que se ve aquí.

more than 5,000 American homes, with a production capacity of 5 MW; roughly 200 times the production capacity of turbines from a generation ago. The turbine has been designed for off-shore use by Germany.

The Danish wind market serves as a prime example of the promise of the industry. 1970s oil crunch inspired Denmark to rethink its energy dependence and a generation later they are one of the biggest producers and consumers of wind energy in the world. Denmark's wind turbine manufacturing industry is creating jobs and helping to bolster one of the European Union's healthiest economies. Wind energy is also helping Denmark in its goal of becoming less dependent on fossil fuels. Denmark's current installed wind capacity is more than 3,000 MW and accounts for 20 percent of the country's annual energy use.

The Energy Information Administration predicts that the demand for energy worldwide could increase by as much as 50 percent over the next 25 years. At home, the United States currently has more than 1,200 coal-fired power plants producing over 50 percent of the country's energy needs. Many government officials, like former Secretary of Energy Spencer Abraham, believe that, because of America's vast coal resources, the construction of more coal-fired power plants will help us to achieve energy independence. If representatives like Senator Lamar Alexander, a Tennessee Republican and chairman of the Senate Energy Subcommittee, have their way, we could see the number of domestic coal plants double over the next 25 years. A strong supporter of heavy coal subsidies, Alexander is an outspoken opponent of wind energy. According to Alexander, wind turbines are "a lame excuse for a clean energy policy."

If similar opinions prevail, the condi-

### Medicina, viene de la pág. 26

La energía eólica ofrece un camino verdadero a la independencia de la energía. La electricidad de carbón depende de la capacidad de procurar grandes cantidades de carbón, para transportar de manera permanente ese carbón largas distancias, y para transmitir de manera eficaz la energía una vez generada. La energía eólica depende de sólo una de esas tres variables: la transmisión. Las Green Tags son una manera de transmitir los beneficios sociales y renovables de la energía eólica en el mercado abierto. Son, de hecho, una forma de subsidio de energía eólica que va directamente al desarrollo de nuevas granjas de viento. Cuanta más energía limpia y renovable produzcamos a partir del viento, necesitaremos generar una cantidad menor a partir de la quema de carbón y la ebullición de agua.

El año pasado cuando Sempra Energy consideraba el desarrollo de la Granite Fox Station en el Black Rock Desert, la comunidad respondió con un rotundo "no". Sempra con el tiempo consintió. El

resultado fue un éxito importante para aquellos residentes que aprecian la belleza prística de Tahoe. Pero Sempra y otros importantes productores de energía continuarán con sus esfuerzos por construir centrales eléctricas de carbón en tanto haya una demanda de mercado. Green Tags ofrecen un medio para la "estación de bombeo principal" de una infraestructura de energía renovable y viable de Estados Unidos. Son una oportunidad para los consumidores, desde el distrito de servicios más grande hasta el simple dueño de una casa, para elegir la fuente de energía que utilizan.

~ Brian M. Woody es un matemático local, consultor de energía, y cofundador de Truckee Biofuels, llc. Woody en la actualidad trabaja para un socio en la construcción de una granja de viento comercial en Slater, Wyoming Sur de Wheatland, que compartirá transmisiones con la Laramie River Station. Para hacerle preguntas o comentarios, se le puede enviar un correo electrónico a [wind101@gmail.com](mailto:wind101@gmail.com).

tion could worsen. The Federal Production Tax Credit (PTC) allows a tax shelter of about \$15/MWh for the first ten years of energy produced by a given wind farm. Whereas federal coal subsidies are permanent, the PTC is temporary and allowed to expire every couple of years. Investors are reluctant to get involved in domestic wind projects because sometimes it is unclear if the project will be on-line before the PTC is allowed to expire. If the PTC were made permanent, then more investment capital would become available for domestic wind projects. The simple fact is that coal is heavily subsidized and wind is not.

The purpose of subsidization is to offer temporary assistance to help build the market to a point at which that market can sustain itself. In Denmark, subsidies for wind energy were heavy at the beginning of the wind program in 1976 and slowly retracted through 1996. The country spent a total of \$75 million over a 20-year period on wind research and development. Now, Denmark's wind industry produces approximately \$1 billion a year in revenues and provides more than 16,000 jobs. In fact, approximately 60 percent of the wind turbines installed in the world were made in Denmark.

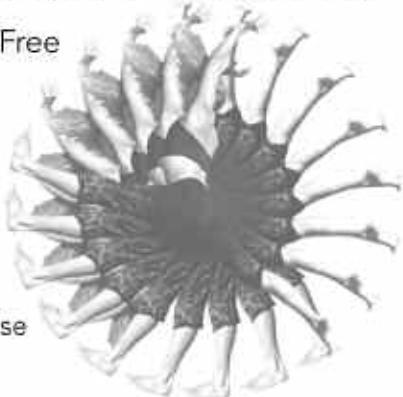
Wind energy offers a true path to energy independence. Coal-fired power depends on the ability to procure large amounts of coal, to dependably transport that coal over large distances, and to efficiently transmit the energy once it is generated. Wind energy depends on only one of those three variables, transmission. Green Tags offer a way to transmit the renewable and social benefits of wind energy on the open market. They are, in fact, a form of wind energy subsidization that goes directly to the development of new wind farms. The more clean and renewable energy we produce from the wind, the less we will need to generate from burning coal and boiling water.

Last year when Sempra Energy was considering the development of the Granite Fox Station in the Black Rock desert, the community answered with an emphatic 'no.' Sempra eventually acquiesced. The result was a major success for residents that appreciate Tahoe's pristine beauty. But Sempra and other large energy producers will continue efforts to build coal-fired power stations as long as there is a market demand for them. Green Tags offer a medium for the 'prime-pumping' of a viable U.S. renewable energy infrastructure. They are an opportunity for consumers, from the largest utility district to the single homeowner, to choose the source of energy they consume.

~ Brian. M. Woody is a local mathematician, energy consultant, and cofounder of Truckee Biofuels, llc. Woody is currently working with a silent partner to build a commercial wind farm in Slater, Wyoming south of Wheatland, which will share transmission with the Laramie River Station. For comments or questions, you may email him at [wind101@gmail.com](mailto:wind101@gmail.com).

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# Addicted to Soda

## How Soft Drinks Have Changed America's Health

In 1977, for the first time, Americans drank more soda than milk. Now, 30 years later, we drink an average of 56 gallons of soda each year. Mirroring this increase in soda consumption has been our nation's alarming rise in obesity. Soda, as it turns out, has become the average American's single largest source of calories.

So what happened 30 years ago to make us start guzzling soda? The change can be traced to the early 70s, when Japanese scientists found a way to convert cornstarch into a product with an elevated fructose content. The result, high fructose corn syrup, was sweeter than cane sugar, less expensive, and had a longer shelf life. Throw in the fact that it blended well with liquids, and it became the new sugar choice of the beverage industry.

When high fructose corn syrup emerged onto the market, manufacturers were suddenly able to 'supersize' your soda for just pennies more than the cost of a regular drink. Americans quickly lost sight of what constituted a reasonable serving size and started to think of Big Gulps as the norm. Supersizing became



### Practical Wellness

By Linda Lindsay

such a trend that even car manufacturers changed their drink holders to accommodate larger beverages.

Gone are the days when Coke came in a slim green bottle containing 6.5 ounces of soda. Now, the standard soda can holds 12 ounces, and plastic bottles hold 20 ounces or more. If you order a fountain drink in a restaurant, you get unlimited refills. And except for diet drinks, virtually all of those sodas are sweetened with high fructose corn syrup.

While fructose occurs naturally in fruits and some veggies, high fructose corn syrup does not. Some researchers believe high levels of fructose may raise triglycerides and increase insulin resistance. Studies have indicated that fructose is broken down and absorbed differently in the body than other sugars, allowing the liver to convert it more easily to fat. But whether high fructose corn syrup (which is only part fructose) is that much worse than other sugars is still debatable. The bottom line is that soda contains a lot of sugar – the equivalent of 10 to 13 teaspoons per can – and Americans are drinking way too much of it.

One reason that sodas contribute so readily to weight gain is that it's easy to



lose track of liquid calories. Research shows that most people don't offset the calories in soda by eating less food. And the calories add up fast; if you added just one soda a day to your diet and made no other changes to your eating and exercise routine, you would gain about 15 pounds in a year.

Our love for sodas has also fueled a rise in type 2 diabetes, also known as adult-onset diabetes. Once a disease of the out-of-shape middle aged, type 2 diabetes is now occurring in young people at alarming rates. It's projected that *one in three children born in the year 2000 will develop diabetes in their lifetime*.

Sodas can also take a toll on your teeth, but the main culprit is not sugar. Of course, sugar leads to plaque and cavi-

ties, but it's the flavor-enhancing acids that do more serious damage by eroding tooth enamel. The worst offenders are not cola drinks, but rather Sprite, Mountain Dew, Red Bull, KMX, ginger ale, and drinks with fruit extracts such as Lemon-Lime Gatorade, Snapple Lemonade, and bottled ice teas with lemon. These products can cause anywhere from 2 to 11 times the tooth erosion of Coke. Surprisingly, root beer is safer on the teeth than other sodas because it contains the fewest additives.

Your saliva is somewhat capable of 'remineralizing' your teeth after erosion by acidic drinks, so dentists offer soda drinkers the following advice; use a straw, don't nurse your soda over a long period of time, rinse with water when you're done, and don't brush your teeth right away – give your saliva time to remineralize your enamel. Diet drinks, by the way, do not contribute to plaque, but they erode tooth enamel just as much as their sugared counterparts.

Another soda additive, phosphorus, is a concern because it may impair calcium absorption and lead to weaker bones. Both human and animal studies have exhibited this link. A 1994 Harvard study found that 14-year old girls who drank

See **Soda**, continued on next page

# Adictos a las Gaseosas

## Cómo las Bebidas Gaseosas han Cambiado la Salud de los Estadounidenses

En 1977, por primera vez, los estadounidenses tomaron más gaseosa que leche. Ahora, 30 años más tarde, tomamos un promedio de 56 galones de gaseosa por año.

Este aumento en el consumo de soda se vio reflejado en el alarmante crecimiento de la obesidad en nuestra nación. Las gaseosas, como resultado, se han convertido en la mayor fuente de calorías de los estadounidenses.

¿Qué fue lo que sucedió 30 años atrás que nos hizo empezar a tomar tanta gaseosa? El cambio puede rastrearse hasta los comienzos de los 70s, cuando científicos japoneses descubrieron una manera de convertir harina de maíz en un producto con alto contenido de fructosa. El resultado, jarabe de maíz de alta fructosa, era más dulce que el azúcar de caña, más barato, y tenía mayor vida útil. Y además, el hecho de que se mezclara bien con líquidos hizo que se convirtiera en la nueva azúcar de elección para la industria de las bebidas.

Cuando el jarabe de maíz de alta fructosa emergió en el mercado, de repente

los productores pudieron 'agrandar' nuestras gaseosas por sólo algunos centavos más del costo de una bebida regular. Los estadounidenses rápidamente perdieron de vista lo que constituía una porción razonable y comenzaron a ver al Big Gulp como lo normal. Agrandar las bebidas se volvió una tendencia tal, que incluso los fabricantes de automóviles cambiaron el tamaño de los posavasos para que cupieran los refrescos.

Están en el pasado los días cuando Coca-Cola venía en una pequeña botella verde con 6,5 onzas de gaseosa. Ahora, la lata de gaseosa estándar contiene 12 onzas, y las botellas de plástico contienen 29 onzas o más. Si uno ordena un refresco en un restaurante, puede servirse cuantas veces quiera. Y excepto por las bebidas dietéticas, casi todas las gaseosas están endulzadas con jarabe de maíz de alta fructosa.

La fructosa se halla naturalmente en frutas y algunas verduras, pero el jarabe de maíz de alta fructosa no. Algunos investigadores consideran que los niveles elevados de fructosa podrían aumentar los triglicéridos e incrementar la resistencia a la insulina. Los estudios han demostrado

que la fructosa se descompone y es absorbida por el cuerpo de manera diferente que otros azúcares, permitiendo que el hígado lo convierta en grasa más fácilmente. Pero todavía es debatible si el jarabe de maíz de alta fructosa (sólo parte fructosa) es tanto peor que otros azúcares. Lo importante es que la gaseosa contiene mucha azúcar – el equivalente de 10 a 13 cucharadas por lata – y los estadounidenses están tomando demasiada.

Una de las razones por las que las gaseosas contribuyen al aumento de peso es que es muy fácil perder registro de las calorías en los líquidos. Las investigaciones demuestran que la mayoría de las personas no compensan las calorías de las gaseosas comiendo menos alimentos. Y las calorías se acumulan rápidamente, si una persona agregara a su dieta una gaseosa por día sin hacer ninguna modificación en la alimentación o la rutina de ejercicios, aumentaría unas 15 libras (7 kilos) en un año.

Nuestro amor por las gaseosas también ha alimentado un aumento en la diabetes de tipo 2, también conocida como la diabetes del adulto. Antes era una enfermedad de los adultos fuera de forma, de

edad media; ahora la diabetes de tipo 2 sucede en personas jóvenes en un índice alarmante. Se estima que *uno de cada tres niños nacidos en el año 2000 desarrollará diabetes en algún momento de su vida*.

Las gaseosas también pueden causar daño en los dientes, pero el principal culpable no es el azúcar. Por supuesto, el azúcar lleva a la formación de caries y placa, pero son los ácidos saborizantes los que provocan daños más serios al erosionar el esmalte de los dientes. Las peores no son las bebidas cola, sino Sprite, Mountain Dew, Red Bull, KMX, ginger ale, y bebidas con extractos frutales tales como Lemon-Lime Gatorade, Snapple Lemonade, y el té frío con limón. Estos productos pueden provocar entre 2 y 11 veces más erosión en los dientes que la Coca-cola. Sorprendentemente, la "root beer" es menos ofensiva para los dientes que otras gaseosas porque contiene menos aditivos.

La saliva tiene la capacidad de 'remineralizar' los dientes luego de la erosión de las bebidas ácidas, entonces los dentistas ofrecen a los consumidores de gaseosas

Vea **Gaseosas** en la paginación siguiente

## Soda, from previous page

soda were five times more likely to fracture a bone than girls who didn't drink soda. And a recent study on women found that those who drank one cola per day had slightly weaker hipbones.

Some scientists, though, argue that phosphorus is found naturally in other foods, so soda shouldn't take all the blame. The bone loss, they suspect, is the result of soda replacing milk and other calcium-rich foods in the diet.

Two other additives in soda, caffeine and artificial sweeteners, require entire articles to cover adequately, but a few points are worth mentioning here. Caffeine content can be deceiving – clear sodas like Mountain Dew often contain more caffeine than colas. Most soft drinks contain between 20 and 70 mg of caffeine, compared with coffee's 80 to 175 mg per cup. Some manufacturers label the caffeine content – others don't. As an adult, you know your own tolerance for caffeine, but it's wise to limit children's intake of this stimulant.

Of the top selling artificial sweeteners, Splenda seems to cause the fewest side effects. It's relatively new on the market, and its use in soda is still limited. Aspartame has been cleared of rumors that it causes brain tumors, MS and lupus, but many experts recommend using it with caution. Aspartame causes instant headaches in some peo-

### Kids and Soda: Are you raising a soda junkie?

- Don't introduce babies and toddlers to soda. Early introduction of intensely sweet foods habituates a child to a lifelong desire for sugar.
- Soda should be considered an occasional treat. In restaurants, set limits on the number of refills kids can have, and don't allow supersizing.
- Read labels carefully. Sugar and calorie content are listed per serving, and many bottles contain between 2 and 3 servings.
- Don't just replace soda with sports drinks or fruit punches. Many of these products contain just as much sugar as soda.

ple, and can trigger migraines in others. Pregnant women, people with liver disease, and those with phenylketonuria should avoid aspartame.

Saccharin no longer carries a cancer warning, but some doctors think it should. The best human study to date shows an increased risk of bladder cancer in people who drink 16 ounces or more of saccharin-sweetened diet drinks per day.

With the controversy surrounding artificial sweeteners, and the health problems associated with a high sugar diet, the best approach to take with sodas is to enjoy them occasionally, as you would chocolate cake or a Snickers bar. After all, sodas are really nothing more than liquid candy.

## Gaseosas, de la paginación anterior

el siguiente consejo: usar una pajita, enjuagarse con agua al terminar y no lavarse los dientes de inmediato – darle tiempo a la saliva para remineralizar el esmalte. Las bebidas dietéticas, por cierto, no contribuyen a la formación de placa, pero erosionan el esmalte de los dientes tanto como sus equivalentes azucarados.

Otro aditivo de las gaseosas, el fósforo, podría perjudicar la absorción de calcio y originar huesos débiles. Estudios en humanos y animales han demostrado esta relación. Un estudio de Harvard de 1994 halló que las niñas de 14 años que consumían gaseosas eran cinco veces más proclives a fracturas de huesos que las niñas que no tomaban gaseosas. Y un estudio reciente realizado en mujeres encontró que aquellas que tomaban una bebida cola por día tenían huesos de las caderas más débiles.

Sin embargo, algunos científicos argumentan que el fósforo se encuentra naturalmente en otros alimentos, por lo tanto la gaseosa no debería ser la única culpable. Sospechan que la pérdida ósea es resultado del reemplazo de la leche y otros alimentos ricos en calcio por gaseosa.

Otros dos aditivos de las gaseosas, la cafeína y los endulzantes artificiales, merecen un artículo aparte, pero vale la pena mencionar algunos puntos aquí. El contenido de cafeína puede ser engañoso – las bebidas claras como la Mountain Dew usualmente contienen más cafeína que las colas. La mayoría de las gaseosas contienen entre 20 y 70 mg de cafeína por vaso, comparado con 80 a 175 mg por taza de café. Algunos productores informan el contenido de cafeína en las etiquetas – otros no lo hacen. Los adultos conocen su propia tolerancia a la cafeína, pero es recomendable limitar la ingesta de este estimulante en los niños.

De los endulzantes artificiales más vendidos, Splenda parece ser el que causa menos efectos



secundarios. Es relativamente nuevo en el mercado, y su uso en las gaseosas todavía es limitado. Se despejaron los rumores de que el aspartamo provocaba tumores cerebrales, esclerosis múltiple y lupus, pero muchos expertos todavía recomiendan usarlo con precaución. El aspartamo causa dolores de cabeza instantáneos en algunas personas, y puede desatar migrañas en otras. Las mujeres embarazadas, personas con enfermedades del hígado y aquellos con fenilcetonuria deben evitar el aspartamo.

La sacarina ya no tiene una advertencia por cáncer, pero algunos doctores creen que debería tenerla. El mejor estudio realizado en humanos hasta la fecha muestra un aumento en el riesgo de cáncer de vejiga en personas que consumen 16 onzas o más por día de bebidas dietéticas endulzadas con sacarina.

Con la controversia alrededor de los endulzantes artificiales, y los problemas de salud asociados con las dietas elevadas en azúcar, el mejor camino a seguir con las gaseosas es disfrutarlas ocasionalmente, como lo haríamos con una torta de chocolate o una barra de Snickers. Después de todo, las gaseosas no son más que dulces líquidos.

### Niños y Gaseosa: ¿Está criando un adicto a las gaseosas?

- No le de gaseosas a los bebés y a los infantes. El consumo temprano de alimentos extremadamente dulces habitúa a los niños al deseo de azúcar.
- La gaseosa debe considerarse un deleite ocasional. En restaurantes, ponga límites en el número de recargas, y no permita 'agrandar' la bebida.
- Lea las etiquetas con atención. El azúcar y las calorías están indicados por porción, y muchas botellas contienen 2 o 3 porciones.
- No reemplace la gaseosa por bebidas deportivas o ponches frutales. Muchos de estos productos contienen tanta azúcar como la gaseosa.

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# A New Take on 12-steps

## Recovering addicts discover Yoga and Ayurveda

By Susan Schnier  
Moonshine Ink

Addicts often turn to drugs and alcohol to fill a spiritual or emotional void. Twelve step programs, like Alcoholics Anonymous, teach that material substances can't produce spiritual fulfillment and ask participants to turn to a higher power to keep them from using. But these programs intentionally do not specify what or who that higher power is; it's up to the individual to choose.

Durga (spiritual name), a local of this area, started her search five years ago when she was seeking a system of health to help her recover from addiction.

"My main drug of choice was alcohol, but I was also addicted to cigarettes and I would smoke pot and do cocaine occasionally," explains Durga. "I had a corporate career in London and I never knew what would happen when I started drinking. Sometimes I would have two and go home and sometimes I would have 20 and not go home until the morning." After making the decision to stop the destructive habits, she embarked upon the typical road of 12-step programs, but in time found she wanted more. She discovered that the Eastern principles of Yoga and Ayurveda were highly compatible with the 12-step process, eventually founding an addiction retreat program based upon these values.

"After I was sober for a while, I didn't like the 12-step programs anymore. I was living in Tahoe and I was hearing the same story over and over," says Durga. "Then my sponsor reminded me to carry the message, not the mess. I started reading and found the solution in this program."

"When you stop using, you're suddenly faced with your body," Durga explains. "I didn't have medical insurance, so I looked at nutrition. I took a yoga teacher training course, studied Ayurveda, and was eager to bring this to other people in recovery who were interested in a holistic approach to health." With the vision and the know-how, she then developed the series of retreats to help others like her.

Durga holds these retreats across the globe – in the Bahamas, India, New York, Canada and California. She held her fourth retreat in mid-August at the Yoga Farm in Grass Valley, a spiritual retreat center (*see box at far right*).

All ten of participants in the August program were well-versed in the 12-step process. Because of the intensity of the course, Durga asks that guests with substance/alcohol addictions have at least six months of sobriety before attending one of her retreats. The retreats are open to anyone who wants to recover from any addictive/compulsive behavior (gambling, sex, love, shopping, people, etc.) Though about half of the

students had never tried yoga before this week, they're all intimately familiar with each of the 12 steps.

I visited the group on day three of the retreat.

Students in Durga's five-day program attend all of the mandatory Farm activities and participate in additional classes and workshops that are specific to addiction. These include Ayurveda instruction, yoga classes, daily 12-step meetings, and "Tools of Recovery" workshops that teach meditative 'tools' for peace of mind.

Ayurveda literally means "Knowledge of Life" and uses nutrition and lifestyle adjustments to stabilize emotional and physical imbalances and heal the root of disease.

Durga believes that most recovering addicts need some guidance in health/self-care. "Those recovering from alcoholism often have undiagnosed hypoglycemia and they eat chocolate or drink coffee to cope with fatigue. They often gain weight, which leads to depression," she says. "Ayurveda helps understand health is a dynamic state, rather than something that is reached. In the same way that 12 step programs tell us that recovery is a daily reprieve contingent upon the maintenance of a spiritual condition – health

is a dynamic state based upon a balanced body and mind."

Ayurveda looks at people as being composed of three essential demeanors or doshas. Vata embodies movement, wind and change; Pitta is focused and introspective, always taking ideas apart and reconstructing them; Kapha embraces solidity and routine. Everyone usually has one predominant dosha, though the balance can shift from external factors, causing an imbalance.

One lecture in Durga's retreat, framed in Ayurvedic language, is called the Sadhana of Eating. Sadhana means seeing the spiritual in everyday/mundane events.

It looks at how becoming imbalanced toward one dosha or another can affect our digestion. Ayurveda recommends a balanced diet, and focuses on how you eat (taking the time to sit and digest without noise and distraction) and what you eat (fresh organic foods). Our Agni or digestive fire, determines how often and how much we should eat. Pittas have the fastest metabolism and need to eat the most, Kapha have the slowest and need to eat less often. The sister science of yoga, Ayurveda helps you understand your constitution so you are ready for yoga. The Yoga Asana classes of Durga's retreats teach the physical exercises of yoga along with Pranayama (control of breath to energize the body and calm the mind). This is essential for recovering addicts who have lived a long time in fight or flight mode and have exhausted their adrenals and immune systems.

Tools of Recovery workshop focus on basic guidelines



for meditation like how to improve concentration and think positively. One 'Tools of Recovery' workshop looks specifically at how different types of yoga compare to specific steps in 12-step programs.

For example, Bhakti yoga asks students to find an idea of God and then form a personal relationship with their personal concept of him/her/it. This equates to Step 2, which is to believe in a power greater than ourselves. And Karma yoga, the yoga of selfless service, is a reflection of the twelfth step – having had a spiritual awakening, we must carry the message to others.

Seated cross-legged on the floor of the meditation room, surrounded by photos of the Yoga Farm's founding Swamis and a shrine with figures from a variety of religious traditions, Durga's students discuss the topic. One participant, a man whose addiction began when he was living on Haight Street in the 60s explains, "Every addict is searching for the ultimate high. In recovery, we're forced to find that high without mind-altering substances, and that is God."

Durga is one of the few teachers to have associated yoga and Ayurveda with 12-step recovery. Her students come from all over the world; most of them heard about her retreats through the internet. One participant received a grant from a Winston Churchill foundation to study the relationship between yoga and addiction recovery. She found Durga's program on the internet and traveled to California from England to attend the Nevada City retreat.

Durga hopes to expand on the link that she's uncovered and is currently working on a book to expound on the connection. The success of her retreats indicate that she's tapped into a valuable resource, helping bridge the gap between body, mind and spirit that mainstream culture continues to widen.



The Yoga Barn, which will officially open next year at the Yoga Farm.

### The Yoga Farm, Grass Valley

The Yoga Farm is staffed by volunteers and operates year round, with a firm schedule of meals, meditation, yoga and lectures, starting at 5:30 a.m. each day. Open to everyone, the Yoga Farm is a collection of cabins, temples, treatment rooms, and practice space. Peacefully situated on 40-acres of rolling hills, it's just an hour and a half drive from Truckee and well worth a visit. The cost is reasonable – \$70/night includes meals, accommodations, yoga and meditation. The Farm hosts a variety of specialty programs throughout the year, from Children's Yoga camps to Ayurvedic cooking. In its 35th year, it is one of many Sivananda Ashrams around the world. Ashrams are spiritual retreat centers and the Sivananda Ashrams are non-profit organizations based on the yogic philosophies of yoga masters, Swami Sivananda and Swami Vishnu-devananda.

# September Spotlight on Sports

One of the great things about living in Truckee is the chance to enjoy the great outdoors year around. The opportunity to participate in sports surrounds us. On the shelves of the Truckee Library (Dewey Decimal Numbers 796 to 799), there are books on practically every sport imaginable. There are books about team sports including soccer, baseball, football, and basketball. There are many more books about individual summer and winter sports including in-line skating, gymnastics, mountain biking, BMX, golfing, swimming, horseback riding, rock climbing, tennis, surfing, skateboarding, fishing, boating, skiing, snowboarding, ice skating, and sled dog racing.

To find out more about the famous athletes who help define their respective sports, check out National Geographic's photographic histories of the Olympics. "Freeze Frame" is the photographic history of the Winter Olympics and "Swifter, Higher, Stronger" tells the story of the Summer Olympics throughout history.



## **Book Whys**

Your Living Library

**Seventeen-year old Jackie Mitchell, dubbed the 'Strike-Out Queen' became the first professional female pitcher in baseball history and pitched against Babe Ruth and Lou Gehrig in an exhibition game in 1931.**

For an amazing history of the climbing of Mount Everest, take a look at "To the Top: The Story of Everest."

The winner of the 2004 Caldecott Medal for best illustrated picture book can be found in the sports section: "The Man Who Walked Between the Towers."

Mordicai Gerstein tells the story of Philippe Petit's 1974 tightrope walk between the World Trade Center towers. Another wonderful picture book in the sports section is "Mighty Jackie:

The Strike-Out Queen" by Marissa Moss. Seventeen-year old Jackie Mitchell became the first professional female pitcher in baseball history and pitched against Babe Ruth and Lou Gehrig in an exhibition game in 1931.

So whether you want to learn the practicalities of your favorite sport or want to read about famous athletes mastering their favorite sports, you can find it all on the shelves of the Truckee Library.

## Kids Improv Workshop

Introduce your children to action with Gerry Orton in a two-week improvisational theater for kids ages 10 and older, October 2 to 14, from 7 to 9:30 p.m. Kids will showcase their new improv talents Oct. 13 to 14 at 7 p.m. \$30. Brewery Arts Center, 449 W. King St., Carson City, 775-883-0438.

## Musikgarten

Musikgarten, the Music, Movement, and Me's award-winning program curriculum begins the new Fall 2006 ten-class session at the downtown Truckee Recreation Center. Classes are available for children birth-4.5 years, accompanied by an adult on Mondays, Tuesdays, or Thursdays, September 18 to November 30. Additionally, a new Family Music class is now available on Monday mornings and Thursday evenings. For the current class schedule, please refer to the website: [www.geocities.com/musicwithrita/musikgarten.html](http://www.geocities.com/musicwithrita/musikgarten.html). For class info, call instructor Rita Whitaker-Haun at 582-1341 and to register, call the Truckee Recreation Center at 582-7720.

## Kid's Day At Wingfield Park

September 16

Introduce your child to art by drawing and painting fall landscapes, flowers and trees on site at beautiful Wingfield Park in downtown Reno. Students will spend the day outdoors drawing with dry pastels, painting with vibrant watercolors, learning about mixing colors, special painting techniques, and other fun ways to make their drawings and paintings look fabulous. With instructor Jennifer Ishimatsu. 10 a.m. to 2:30 p.m. for ages 8 to 12. \$40 NMA members, \$45 non-members. Nevada Museum of Art, 160 West Liberty Street, Reno. 775.329.3333 or visit [www.nevadaart.org](http://www.nevadaart.org).

## Free Flights for Kids

October 14

Truckee Chapter of the Experimental Aircraft Association (EAA) will be offering free local flights for kids who have not flown in General Aviation Aircraft. For kids 8 to 17. Pancake Breakfasts will be available and are open to the public, at 8:30 am. Register between 8:00 to 8:30 am. Truckee Tahoe Airport. 530-587-4811

## Have you heard of these sports?

Most kids know something about soccer, basketball, ping pong, snowboarding, sledding, and bowling. But there are many sports around the world that you may have never even heard of. Test your sports knowledge by matching up the name of the sports listed below with their description:

### Falconry

The world's fastest ball game in which a small and very hard ball is thrown at a granite wall using specially-made scoops that are tied to the players' hands.

### Jai-Alai

The objective in this game is to score a goal by hitting the small ball (called a sliotar) into the other team's net. Players can also make points by hitting the ball over the cross-bar at the top of the goal.

### Hurling

A team sport which is played on horseback. Riders score points by using long mallets to hit a ball into the other team's goal.

### Aikido

The process of training a raptor (a bird of prey such as a hawk, owl or eagle) to hunt other animals for you.

### Korfball

A bat-and-ball game which is played on a field with two teams of eleven players, using a hard, fist-sized ball.

### Cricket

A modern Japanese budo (martial art).

### Polo

In this game which is played with two teams of eight (four men and four women), teams make points by throwing a ball through baskets attached to the top of poles at either ends of a field. Because dribbling are walking not allowed, players move the ball by passing.

## Last one is a rotten egg...

Word search: Can you find the names of these popular sports (across, down, and diagonally)? **Swimming, hiking, bicycling, hockey, jogging, tumbling, football, skiing, fishing, tennis, volleyball, and karate**

D	G	R	U	O	G	P	F	H	U	P	W	O	E
T	H	T	S	I	N	N	E	T	K	Y	E	S	T
U	M	I	L	L	A	B	Y	E	L	L	O	V	A
F	G	O	K	R	T	H	O	C	K	E	Y	X	R
B	O	Z	N	I	G	S	A	V	O	H	R	L	A
W	Y	S	X	F	N	E	G	S	P	J	B	O	K
P	L	H	G	N	I	G	G	O	J	I	T	K	W
A	L	A	G	H	M	P	S	A	Q	E	U	E	Y
C	A	G	M	U	M	K	A	N	M	O	M	E	T
A	B	B	A	R	I	U	K	D	A	L	B	F	Z
L	T	A	H	I	W	T	C	F	N	M	L	E	B
D	O	L	N	E	S	G	N	I	H	S	I	F	A
E	O	G	D	A	B	I	Y	C	L	I	N	G	I
R	F	A	G	N	I	M	M	I	W	S	G	E	O
X	C	A	S	S	A	T	T	B	O	U	W	G	L

## Truckee Trails Day

September 16

Come join in trail building fun with The Truckee Trails Foundation, the U.S. Army Corps of Engineers, and the International Mountain Bicycling Association on Truckee Trails Day 2006. Trails in need of help are the Stockrest Springs Trail, the Glenshire Lake Trail, and trails in Martis Valley. Meet at the Martis Creek Campground for registration with trail building following from 8:30 a.m. to 1 p.m. BBQ to follow. Please RSVP by email or phone at 587-8214 to let us know that you will be joining us. PS- want to learn more? Attend a state of the art trail building class with the International Mountain Bicycling Association on Friday, September 15 from 1 to 4 p.m. to learn the latest and greatest trail building techniques.

## National Championship Air Races

September 13 to 17

Check out fast planes and historic exhibitions at the 43rd annual National Championship Air Races at Reno Stead Airport. The five-day event includes six classes of aircraft competing against each other for top prize, plus military and historic airplane displays and jaw-dropping aerobic exhibitions. Guests can also visit the pits and watch race teams work on their planes, browse hundreds of vendor booths and enjoy a wide variety of food and beverages. Tickets start at \$10. [www.airrace.org](http://www.airrace.org) 775-972-6663.

## The Annual Art Bark Fest

September 16 and 17

The Animal Art and Wine Festival is back at the Village at Squaw Valley with this year's events featuring animal art by Cholla the horse to a jeweler who creates 14k gold necklaces from your own dog's nose print. There will be several great wineries, many of which featuring their animal themed wines along with live music from blues/rock band, Kelly's Lot. All proceeds benefit the Humane Society of Truckee-Tahoe. For more information and to purchase tickets, visit [www.thebarkfestival.com](http://www.thebarkfestival.com), [www.thevillageatsquaw.com](http://www.thevillageatsquaw.com) or call 877-464-3364.

## Geology

### Hike

September 17

Learn about different kinds of rock and geological events with Frank DeCourten on a Geology



Hike at Squaw Valley's High Camp. The moderate to easy hike will go from Squaw Valley's High Camp to Emigrant Peak, over the Emigrant Peak Trail to the base of Squaw Peak, and back to High Camp through Siberia Basin. The hike is free and open to the public with a start time of 9 a.m. at the base of the Squaw Valley Cable Car. 530-581-4138. [www.squawvalleyinstitute.org](http://www.squawvalleyinstitute.org)

## Extreme Golf

September 27

Who says golf can't be extreme? Huh? Lake Tahoe Marathon Race Director Les Wright added extreme golf to the marathon event roster a few years ago and has been attracting many participants since. Not sure what extreme golf is? Participants run the 18-hole course carrying three golf clubs of their choice. Their overall score is a combination of the stroke plus run time. The event is scheduled for Wednesday, September 27 at the Tahoe Paradise Golf Course, 3201 Highway 50 in South Lake Tahoe, California. Tee off time is 9 a.m. and registration fee is \$20. For more information or to register, call 530-544-7095 or visit the Lake Tahoe Marathon website at [www.laketahoemarathon.com](http://www.laketahoemarathon.com).

requested at the door. 530-581-4138. [www.squawvalleyinstitute.org](http://www.squawvalleyinstitute.org)

## Championship Outhouse Races

October 7 and 8

The 2006 Championship Outhouse Races in Virginia City will start with the Outhouse Parade at noon on Saturday on C street with the Famous Plungerettes. Following the parade will be double elimination heats with the finals to be held on Sunday, Oct. 8. Races will be paced throughout the day and be held on C Street, starting at the Bucket of Blood and racing to the end of the Delta Saloon Parking Lot. Have an outhouse and want to join the fun? Entry fee is \$100/per outhouse. Rules and Entry forms are available online at [www.otsnv.com](http://www.otsnv.com). For info, contact Bryan Staples 775-742-4086.

## 11th Annual Truckee River Day

October 15

Sign up now to help restore the Truckee River on the 11th Annual Truckee River Day. Spend all day or part of a day learning about and working on our river through restoration projects for adult and children volunteers. Project leaders will specialize in revegetation, native plants, history, geology, fisheries, and forest health. Call the Truckee River Watershed Council at 550-8760 if you are interested in leading groups or if you wish to participate. The Villager and U.S. Forest Service Office will also have registration forms by mid September.

## "Calculated Risk" The Extraordinary Life of Jimmy Doolittle

September 28

Jonna Doolittle Hoppes, granddaughter of famed aviator Jimmy Doolittle will share photographs and stories of her grandfather's legendary history. A master of calculated risk, General James Doolittle was a popular aviation personality and aeronautical engineer who completed the first flight using only gauges and flew numerous distance and speed records, shaping aviation and pioneering the aviation industry. 6 to 6:30 p.m. no host bar, 6:30 to 8:30 program at the Resort at Squaw Creek. A \$10 donation is

# Wellness & Learning Out in the thin air & In the classroom

## Introductory Family Systems Constellations Workshop

September 16

Learn to reveal hidden or unconscious dynamics that create the patterns and entanglements within the family, couple, personal or physical (body) system through Family Systems Constellations. With facilitator Chris Assell from Germany. 9 a.m. to 6 p.m. Group limited to 15 participants. \$100/person registration fee. Information and registration contact Kaye Dunn 4481762 or Lin McNulty 274-7560. [www.systemic-constellation.com](http://www.systemic-constellation.com)

## Chakras and Energy system Meditative Workshops

September 16

4 Meditative Workshops on the Chakras

and Energy system at the Reno Psychic Institute. Includes Chakra Awareness Meditation (1 p.m.), chakra reading & Healing (2 p.m.), How chakras work (3 p.m.), and Setting the energy for a new beginning (4 p.m.). \$10 ea or \$25 for all 4. 20 Hillcrest Dr. Reno NV, located 1 block South of Plum Lane on the west side of Virginia St. 775-324-2872 Email:Lpeppard01@aol.com, [renopsychicinstitute.org](http://renopsychicinstitute.org)

## Birth Doula Training & Certification workshop

September 22 to 24

Learn to be a certified doula (a woman experienced in childbirth who provides continuous physical, emotional, and informational support to the mother before, during and just after childbirth)

through DONA International. Pre-enrollment required. [www.sierrachildbirth.com](http://www.sierrachildbirth.com) or call Sierra Childbirth Institute at 530-272-2734.

## Meditation For Prenatal Health Workshop: Calm Birth Methods

September 23

This workshop is for pregnant and not yet pregnant women/couples, doulas, midwives, nurses, and others who serve pregnant couples. Learn how to help yourself or others manage pain naturally and improve your physiology with a regular meditation practice. Lecture, testimonials, research, a journey through the three distinct guided meditations, Practice of Opening, "Womb Breathing, and Giving and Receiving," will be provided. \$35/person or \$65/couple. 9 a.m. to noon at the Wild Mt Yoga

Center 530-265-4072

[www.wildmyoga.com](http://www.wildmyoga.com). Materials fee of \$35 covers book/practice CD. To register call Deborah Jordan @ 530-913-5899 or 271-7390 [www.bodhibabyyoga@msn.com](mailto:www.bodhibabyyoga@msn.com)

## The Way of the Shaman — An Experiential Weekend Workshop

October 7 & 8

Have you been wanting to explore what shamanism is all about and how it can help you? Join dynamic shamanic teacher Beth Beurkens and the Foundation for Shamanic Studies in their annual N. Lake Tahoe workshop on the shamanic journey, power and healing. In this highly experiential

## The Snowy September

The first time I met Snowy things didn't go so well. One of my friends took me for a long hike to a nice secluded lake. When I got there I met Snowy and a few of her two-legged and four-legged friends. It took

us over an hour of hiking to get

to the lake but when I got there I had an anxiety attack. Where was my main two-legged guy? Where are my brothers and sisters? I got a little worried so I left. I didn't really tell anyone so they had to chase me down. I made it all the way back to the car before they found me.

The next time I met Snowy things went a lot better. I drove over to her foster home and picked her up. She seems to be staying with some nice people. We usually go to the shelter but this was a little different. Snowy has a nice yard to play in, a deck and a sweet house. This place is way better than the shelter. I think she even has cable television and high-speed internet access. Foster homes are a great alternative to being stuck at the shelter. The shelter has less space to roam and their internet connection is too slow – even for a dog.

Before Snowy and I went for a walk we had to stop at my house and pick up some more dogs. Snowy was great at my house. She did manage to find where we keep the dog food. She stuck her head right in the bag and went to town. It wasn't my food so I didn't mind. What's the deal with dog food anyway? Give me some wild Alaskan salmon or a steak. I don't care if it's the \$9.99 for a 50 lb bag dog food or that organic free range vegan stuff they have at the health food store,

### Flip's Friends

By Flip Speckleman



dog food is always brown and it tastes like cardboard. I want some people food.

Snowy looks like a black lab with a rottweiler's butt. I really mean this in the most complimentary way possible. She weighs about 80 pounds and is 6 years old. I

took Snowy for a hike near Prosser Reservoir. We did all kinds of fun stuff and Snowy stayed with our group for the entire walk. We ran around in the meadow and jumped over some logs. We stopped at a nice creek for a break where Snowy showed off some of her talents. Snowy loves to play with big sticks. The bigger the better. Snowy picked up this one stick that was the size of an entire tree. I was most impressed with how long Snowy could hold her breath underwater. She can even put her whole head under the water.

Snowy loves to run and exercise but she doesn't overdo it. She is just as happy hanging outside. She is energetic but not hyper.

Snowy is a great mutt with a good temperament. She listens to her name when she is called and had no problems with the other people and dogs we met on our walk. She wasn't too barking or obnoxious. Snowy was just right.

I would like to thank all the people who provide foster homes for animals. Some dogs really appreciate being away from the kennel. The Humane Society of Truckee-Tahoe is always looking for foster homes for animals and they can make a big difference in a dog or cat's life. I had two foster homes. The first house I stayed in was real nice. I had to move out though because I tried to eat it. It made sense at the time. The second foster I had ended up being my forever home. I still tried to eat the house but I soon learned that wasn't a good idea.

If you are interested in Snowy or any of the other fine animals at the Humane Society you can always see pictures at [hstt.org](http://hstt.org). If you would like to foster an animal or adopt Snowy drop us an email or give us a call at 587-5948.

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- September 23: Adoption Day at the Truckee Corp Yard 12 to 2 pm
- September 23: Cat Adoption Day and Festival at the Glenshire Clubhouse 1 to 4 pm
- September 30: Adoption Day at Wine, Walk & Shop in downtown Truckee 12 to 3 pm
- October 7: Adoption Day at the kennel (Town of Truckee Corporation Yard) 12 to 2 pm



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## Wellness & Learning Classes for life

### Classes, from page 34

weekend you will have the opportunity to explore the classic visionary methods used by shamans worldwide to restore spiritual power and health and awaken dormant spiritual abilities. You will discover your own power animal helper and your spiritual teacher, work with shamanic drums and rattles and share in the Dance of the Animals. Registration and information, contact Beth Beurkens at 530-938-4777 or [www.shamanicuniverse.com](http://www.shamanicuniverse.com).

### Mountain Gardening Classes

The Mountain Gardening Class Series in its 31st year is taught by local botanists, ecologists, landscapers and gardeners with extensive knowledge and years of practical experience. Upcoming classes include:

- September 16, from 10 to 11:30 a.m.: Gardening in the Fall;
- September 30, from 10 to 11:30 a.m.: Gardening with Bulbs;
- October 7, from 10 a.m. to noon: Seed Collecting and
- October 21, from 10 to 11:30 a.m.: "Winterizing" your garden.

All classes will be taught at The Villager Nursery at 10678 Donner Pass Rd. Pre-registration is encouraged but drop-ins are welcome. We will cancel or reschedule if the weather is unpleasant. Classes are free of charge. The workshops have minimal materials fees. Dress warmly and please bring a folding chair or stool. You are welcome to bring loads of questions and samples of plants or soils for identification (after each class held at the nursery). The setting is very informal and we always have fun. Check on-line to [www.villagernursery.com](http://www.villagernursery.com) for additional information.

### Choices For Sustainable Living Discussion Group

Choices for Sustainable Living, a subject of global importance, is the focus of a study group that is currently forming in Truckee. The participants will meet weekly from September 19 to November 14 and address personal, community and regional decisions related to the ecological sustainability of the earth. The topics include: A Call to Sustainability; Ecological Principles; Sustainable Communities; Sustainable Business and Economy; Sustainable Food; Sustainable Buying; Home, Health and Leisure; and Visions of Sustainability. The initial meeting for the next course, Choices for Sustainable Living, will be held on Tuesday evening, September 19th at 7 p.m. at the office of the Truckee River Watershed Council. Cost of the course reader is \$17. No course fee. Group size is limited to 12 participants. Please pre-register with Lucetta Swift at 582-1415. [www.nwei.org](http://www.nwei.org).

### Fall Community Courses at ElderCollege

ElderCollege, a learning-in-retirement organization sponsored by Extended Studies at the University of Nevada, Reno, is now offering fall courses to its members and the community. All classes are held in downtown Reno at the Warren Nelson Building, 401 W. Second St., in the University's off-campus ElderCollege facility. Early enrollment is encouraged. For more information, a membership application or a complete course schedule, call an ElderCollege volunteer at 775-784-8053, or Extended Studies at the University, 775-784-4046, or visit <http://www.eldercollege.unr.edu>.

### Dance Classes For All Ages

Registration is now open at InnerRhythms for Fall classes for all ages and abilities, from Classical Ballet to Hip-Hop. As part of the MiniRhythms Program, a new Leap n' Learn early childhood creative movement class has been added to the syllabus. [www.innerrhythms.org](http://www.innerrhythms.org) 530-550-8464.

### Green Building Workshop Alameda & Santa Clara County

Attention homeowners and building professionals: learn about the latest green building practices, products and technologies in informative workshops that will help you create a healthy, energy and resource-efficient home. Classes include Hiring & Working with Green Professionals (Sept. 13), Green Building 101 (Oct. 11 and 17), House as a System (Oct. 14), and several more from \$20 to \$20 per class. Registration for all workshops is required and space is limited. To register, visit [www.buildit-green.org](http://www.buildit-green.org).

### Paralegal Studies Certificate Program

According to the U.S. Bureau of Labor Statistics, job opportunities for paralegals are projected to increase by nearly 30 percent between 2002 and 2012. In answer to rising demand, Extended Studies at the UNR is offering a Paralegal Studies Certificate Program in an intensive weekend format. Dates run through Nov 19. 775-784-4062 or 800-233-8928. [www.extendedstudies.unr.edu](http://www.extendedstudies.unr.edu).

## The Belles are Singing

By Kira Yannetta  
Moonshine Ink

Bum, bum, bum, bum.

At their first barbershop concert, in 2003, The Mountain Belles' singer Lynelle Tyler had her seeing-eye dog, "Dobie," on stage beside her. During the song "Side by Side" there is a line, "What if the sky should fall," and on cue, the dog fell onto his side. It was not rehearsed, but the audience loved it. A dog with a sense of humor!

Truckee's own Mountain Belles infuse humor into all of their work and this September, get ready for a mid-western version of humor. The Belles have joined the barbershop chorus, Sierra Mountainaires, as co-producers of the Eleventh Annual Truckee Barbershop Show. This year's show, "A Truckee Home Companion" is a satirical play on the famous book/radio series/now-movie, with familiar characters such as Guy Noir and the Ketchup Advisory Board. The Mountain Bells portray "a bunch of man-crazy hillbillies," says the Belles' Director, Lynelle Tyler. They have names like Socia Belle, Hellsa Belle and Mizzra Belle. If this is any indication of the cornball humor in store, we'll be getting a big taste of the mid-west in the mountains of Truckee.

The Mountain Belles is an a cappella barbershop chorus with 9 female members singing the traditional four-part blend of distinct harmonic voices, bass, baritone, lead (the melody) and tenor. (Within the group they have an award-winning quartet called No Frills.) They are a playful group, "a goofy bunch," as Lynelle described them, that enjoys the comedic aspect of performing as much as the music itself. They have a history with comedy. Brandy Gerbi, who started the Mountain Belles was the daughter of Ruth

Emely, a Sweet Adeline in a barbershop quartet, the Norse Winds, who originally introduced comedy to barbershop performance about thirty years ago.

As soon as the Belles have a theme to play upon, they start working on their costumes



**What:** The Truckee Home Companion, featuring Sierra Mountainaires and Mountain Belles  
**When:** September 30 at 2 and 7 p.m.  
**Info:** 530-426-3136

and comedy routines. Lynelle is particularly excited about "big hair" in this production. Apparently we will be entertained with an infomercial from the Acme Hair Co.

Perhaps some of you have gotten a taste of the Belles at this year's Follies, or at the Tahoe Women's Services Chocolate Festival where their sweet sounds complement the confections. They sing traditional pieces as well as do-op, more modern pieces, and satirical and original songs. I was regaled with the witty song, "Don't Berm Me In," at a recent rehearsal. They also sing carols in Old Town during the holiday season. (They were not, however welcomed at Safeway last year, as some of you may remember. Oh, the scandals that surround those Barbershop troublemakers!)

Lynelle is adamant about giving credit where it is due, and is thrilled that after three years of participation in the Sierra Mountainaires' Barbershop shows, the Belles have been granted partnership in the production by Chris Nelson, Director of the Truckee Community Chorus and the Sierra Mountainaires. There is a great deal of responsibility in this endeavor. Marketing, ticket sales and finding sponsorship are as important as the creative participation involved. It is a fifty-fifty workload. Lynelle is proud to be entrusted with this collaboration.

She is also glad to be able to give back to the community that has supported the Mountain Belles and helped give them their start. The Rotary Club gave them their first microphone, and Truckee Tahoe Community Foundation started them off with \$1,500. Funds from "The Truckee Home Companion" performance go to the Truckee Community Foundation and are earmarked specifically for vocal music programs in local schools. Our school children, sadly, have no vocal learning opportunities after sixth grade. Mountain Belles is an Emeritus (no credit) class at Sierra College, which meets Tuesday evenings at 6 p.m. for rehearsals. They are always recruiting new singers. An ability to read music is not a prerequisite, and Lynelle laughed as she pointed out that even she doesn't read music, since she happens to be legally blind! They memorize the music from learning CDs.

"The Truckee Home Companion" with The Sierra Mountainaires, The Mountain Belles and this year's Featured Guests, "Gesundheit," is at Truckee High School on Saturday, September 30 at 2 and 7 p.m. General admission is \$12. Student and Children's admission is \$5. Tickets are available at Dickson Realty and Between the Notes as well as at the door.

For more information, call 530-426-3136 or visit [www.mountainbelles.org](http://www.mountainbelles.org).

## As the leaves become art, make some music

### Tahoe Conservatory of Music

The Tahoe Conservatory of Music is now accepting registration for fall music classes. Classes include: piano, guitar, bass guitar, harp, violin, viola, cello, orchestral bass (strings), flute, recorder, clarinet, saxophone (woodwinds), trumpet, trombone, French horn, tuba (brass), voice and most recently, drums and percussion. Part of the new faculty is seasoned drummer and percussionist Peter Burtt, a Kings Beach local with a BA from the University of New Hampshire, and holds an MA from San Francisco State University. Burtt, a lifetime drummer, percussionist, and song writer, spent 3 years in Africa studying drums, has 2 solo CDs, and has performed with and been featured on several recordings by such artists as Corey Harris, Bob Brozman, David Jacobs-Strain, Joe Craven and George Kahumoku. The Tahoe Conservatory of Music is headquartered in Kings Beach with a second location in Truckee. To register or for more information, call 530-546-2356 or log on to [www.tahoeconservatory.com](http://www.tahoeconservatory.com).

### Mandolin and Flatpicking Guitar Workshop

The Nevada Bluegrass Project is hosting legendary bluegrass guitarist, Steve Kaufman, October 27 through 29 during his west-coast teaching tour. Steve will be providing a Flatpicking Guitar workshop and Concert and a Mandolin Workshop. Since Steve tailors his workshops to those who attend, everyone is invited, regardless of ability level. Come early and stay late to enjoy and learn the essence of jamming. The Flatpicking Workshop is 8 hours (Friday evening and Saturday), \$90. Mandolin workshop is Sunday, 9 a.m. to noon, \$45. Sign up soon- enrollment is limited to 25. Registration forms and info are at [www.nevadabluegrassproject.org/Registration.html](http://www.nevadabluegrassproject.org/Registration.html).



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**September 15**

**2 Out Rally**

**September 15**

**Dukes of Ted**

**September 21**

**Smokin' Joes**

**September 22 & 23**

**Grinch**

**September 29**

**Bongo Love**

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**Rainmaker**

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## Vegans like breakfast too

Don't you love going out to breakfast? What an enjoyable way to meet friends or to load up before a day of outdoor activity. Too bad I don't get to do this very often since I am almost a vegan. Vegans are slightly different than vegetarians in that not only do

they not eat meat, they don't eat any animal by-products such as eggs and dairy. While some are vegan because they are allergic to animal by-products, most vegans choose this diet because they are acutely aware of the horrendous animal suffering and environmental damage that modern day factory farming causes, with the dairy and egg industries being right

up there as the worst offenders. Therefore, vegans will make dietary choices that are cruelty-free as a means to counteract these negative aspects and to participate in socially conscious living. For more information see [meetyourmeat.com](http://meetyourmeat.com); [milksucks.com](http://milksucks.com); or [upc-online.org](http://upc-online.org).

Though our area can certainly boast a wide range of dining options and lovely eateries, if you are vegan, pickin's are sporadic. Although vegetarian

### What's Cookin'

By Keaven Van Lom



She'd like to get out of bed

options are available, an average cost of \$20 to \$24 for a vegetarian entrée is outrageous and I think it keeps a lot of folks from eating out more often. The food cost on vegetarian meals does not warrant such high prices, but the practice of price gouging permeates this area in general. Restaurants all over the country are catering to vegetarian and vegans by offering menu items that are cruelty-free. Not only does this serve the lactose intolerant, it provides options for those seeking low-fat meals and those desiring kosher choices.

Back to going out to breakfast. I don't want fruit bowls and oatmeal topped with the soy milk I've toted in. I want something hot and gratifying such as a tofu scramble, veggie sausage links and vegan pan-

**Veg Advantage ([www.vegadvantage.com](http://www.vegadvantage.com))** is a group of chefs who help other chefs add tantalizing vegetarian and vegan dining options to their menus. They also help food-service operators reach out to customers they are missing. As a non-profit, their consulting services are free.

cakes. I haven't found a place that serves a tofu scramble so if you know of one, let Moonshine Ink know. Tofu scrambles are delicious and closely resemble the look and texture of scrambled eggs. Tofu can be sautéed with anything, including garlic, tumeric, cumin, curry, mushrooms, green onion and bell pepper and can be topped with soy cheese and salsa. Vegetarian sausage links or patties taste so much like their meat counterparts, you can hardly tell the difference though you'll notice less grease and fat to clog up your arteries. I hear that at one time, the Stony Ridge in Tahoe City had a fantastic tofu scramble, but they have gone out of business.

Restaurants can easily order tofu, tempeh, soy cheese, soy milk, soy butter and faux meats from large restaurant distributors such as Sysco. They are inexpensive, have long shelf lives and might just bring through their doors a whole new slew of people that are normally forced to cook at home.

If vegans had local menu options so they could dine out more and if pizzerias would offer soy cheese pies, imagine the added business our local restaurants could enjoy as they tap in to this large and growing market. Vegan options are good for the planet, good for animals, good for you and good for business!

~ Submit your own What's Cookin' piece, find out details at [editors@moonshineink.com](mailto:editors@moonshineink.com) or 530-587-3607.

### Music and Events

Thursday September 14

#### Bleeding Through w/ Through the Eyes of the Dead, Terror & Animosity

Doors @ 6:30pm, Show @ 7:30 p.m. \$15.00 Ad., \$17.00 Door. The New Oasis, 2100 Victorian Ave. Sparks, NV 89431. 530-898-1497. [jmaxproductions.net](http://jmaxproductions.net)

#### National Championship Air Races

September 13 to 17 at the Reno-Stead Airport. 775-972-6663 or [www.airrace.org](http://www.airrace.org).

Friday September 15

#### Tim High

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

#### Sexrat

Pastime. 10096 Donner Pass Road. 582-9219

#### Dwight Yoakam

9 pm. \$50, \$60, \$70. Silver Legacy Resort Casino, [www.silverlegacy.com](http://www.silverlegacy.com) 800-687-8733.

#### Earthdance 2006

3 day Camp Out Celebration for World Peace and Unity, Friday to Sunday, Sept. 15, 16 & 17, set amidst a beautiful old growth oak forest, featuring 5 Stages of Entertainment uniting Jamband, World, Conscious Lyricism, Electronica, Reggae and Folk. Also featuring Global Artisans Market, Late Night Cinema, Healing Village, Kidlandia, Speakers Forum, Activist Alley, Workshops, All Night Music Cafes and much more. Black Oak Ranch, Hwy 101, Laytonville, CA. Friday to Sunday, Sept. 15th, 16th & 17. WWW.EARTH DANCE.ORG / S.F.

#### National Championship Air Races

See September 14

#### Duck Show

Truckee, Truckee Sunrise Rotary fundraiser. Net proceeds benefit charitable community organization. 530-587-3626

#### 2 Out Rally

Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

#### Showboat In Concert

Nevada Civic Light Opera presents Show Boat in Concert, a musical revue of Jerome Kern and Oscar Hammerstein II's Show Boat, performed aboard the MS Dixie II sternwheeler, 5 to 7pm. \$59. Call Lake Tahoe Cruises at 800-238-2463.

#### International Boat Show

The Sierra Boat Company, Carnelian Bay. Over 100 prized old wooden boats restored to breathtakingly beautiful perfection will gather to compete to be the Boat Of The Year. 9 am to 4 pm. [www.acbs-tahoe.org](http://www.acbs-tahoe.org) or 650-345-8163

#### Manhattan Short Film Festival

Show times are at 7:30 both nights. Tickets are available at the doors or in advance at Bibo's coffee house. \$8.00 <http://www.renofilmfestival.org> 775-334-6707. Location: TMCC Dandini Campus Sierra Building Auditorium on Friday and Grand Sierra Resort on Saturday.

#### Frank Carabetta

Jake's on the Lake Classic Rock. Music starts at 8 p.m. Jake's is located at 780 N. Lake Blvd in the Boatworks Mall. 530-583-0188.

#### Dick Dale

9:00p @ Crystal Bay Club - \$20 Adv/\$23 Dos. Crystal Bay Club Casino, 14 State Route 28, Crystal Bay, Nev. 89402. 775-833-6333, [www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com).

#### Absynth

w/ Lazlo Hollyfeld, Great Basin Brewing Co. Sparks, NV

Saturday September 16

#### George Souza

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

#### Dukes of Ted

[www.dukesofted.com](http://www.dukesofted.com). Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

#### Earthdance 2006

See September 15

#### George Lopez

8 pm, Reno Events Center, 400 North Center St, Reno, Nev. 89501. [ticketmaster.com](http://ticketmaster.com), 1-888-288-1833.

#### National Championship Air Races

See September 14

#### 3rd Annual Bark Festival

The Village at Squaw Valley USA. Animal art and animal-themed activities. This event benefits local animal organizations. [www.thevilageatsquaw.com](http://www.thevilageatsquaw.com) or 877-297-2140

#### Truckee Renaissance Faire

Truckee River Regional Park. Entertainment and activities include jousting, reenactment groups, stage entertainers and food. [www.truckeerenaissance.org](http://www.truckeerenaissance.org) or 530-582-1498.

#### Southern Culture On The Skids

8:00p @ Great Basin Brewing Company, 846 Victorian Avenue, Sparks, Nev. 775-355-7711.

#### Sexrat

See September 15

#### Howie Mandel

John Ascua's Nugget. 800-648-1177. [www.janugget.com](http://www.janugget.com)

#### International Boat Show

See September 15

#### Manhattan Short Film Festival

See September 15

#### 3rd Annual Native American Basket Weaver's Market

Annual show held at the Gatekeepers Museum in Tahoe City at Fanny Bridge. 530-583-1762.

#### Commander Cody & Johnny Sketch & The Dirty Notes

9 p.m. @ Crystal Bay Club \$12 Adv/\$15 Dos. Crystal Bay Club Casino, 775-833-6333, [www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com).

Sunday September 17

#### Juan Gabriel

7 p.m. at the Grand Sierra Outdoor Amphitheatre. The night is sure to be a hot one with one of Latin Music's best artists performing his hit songs that span three decades! 775-789-2285 or 800-648-3568, or through any Ticketmaster outlet. Tickets are just \$40.00, \$65.00 or \$85.00 for reserved seating.

#### Southern Culture On The Skids

8:00p @ Great Basin Brewing Company, 846 Victorian Avenue, Sparks, Nev. 775-355-7711.

#### Trumpeter Randy Brecker

Reno Jazz Orchestra presents Trumpeter Randy Brecker. Hawkins Amphitheater at Bartley Ranch. 6000 Bartley Ranch Road, Reno. Doors open 5pm 775-327-5867 ext. 505.

#### Twin Cities Concert Association benefit concert

Daniel Brooks, baritone & Ken Hardin, piano at the Peace Lutheran Church, 828 West Main Street, in Grass Valley. 2 p.m. Admission free with donations requested. TCCA 530-470-9454 or [www.tcca.net](http://www.tcca.net)

#### Earthdance 2006

See September 15

#### National Championship Air Races

See September 14

#### 3rd Annual Bark Festival

See September 16

#### Truckee Renaissance Faire

See September 16

#### 3rd Annual Native American Basket Weaver's Market

See September 16

Tuesday September 19

#### Ani DiFranco

\$44.50/\$39.50. Hawkins Amphitheater Washoe County Parks, 2601 Plumas Ave, Reno, NV. 775-828-6642 [www.hawkinsamphitheater.com](http://www.hawkinsamphitheater.com).

#### Rock Kills Kid

Doors @ 7:30pm, Show @ 8pm, \$10.09 Adv, \$12.00 Door. The New Oasis, 2100 Victorian Ave. Sparks, NV 89431. 530-898-1497. [jmaxproductions.net](http://jmaxproductions.net)

Wednesday September 20

#### Dr. John

7 p.m. @ Mont Bleu. - \$35 Adv/\$25 Sro. Mont Bleu Resort (Formerly Caeser's Tahoe). 888-829-7630. [www.montbleuresort.com](http://www.montbleuresort.com)

Thursday September 21

#### NEA Jazz Master Randy Weston

UNR Performing Arts Series. Randy Weston's African Rhythms Quintet and the Master Gnawa Musicians of Morocco, visit <http://www.randyweston.com>. Adult \$30/Senior \$24/Student \$12/University student \$7. 775-784-4ART. [www.unr.edu/arts](http://www.unr.edu/arts)



Randy Weston, African Rhythms  
(Photo: Carol Friedman)

## A guitarist by any other name

By Robert Zimmerman  
Moonshine Ink

For more than 40 years now, the name Jeff Beck has been synonymous with the guitar. From jazz to rock, and everywhere in-between, Jeff Beck has set his name in stone among the great innovators of modern music. With a handful of Grammys spread over several decades, and nearly two dozen records to his name, Beck has shown his brilliance as both a musician and a composer, and continues to inspire guitarists around the world. Yet Beck's diverse portfolio is exactly what makes it so difficult to talk about him. He can't be pinned into a genre, and just when you think he's settled into a style that fits him oh-so-well, he ploughs forward to the next project, leaving would-be critics in the dust and breaking new ground as a guitarist.

Though this maze of music Beck continues to spin may seem daunting to some, it seems quite natural to him. He clearly states his interests as lying solely in the guitar as a music-making tool, and creating music that is a sum of its parts, not in music as a genre-specific commercial entity. This does not, however, make Beck a purist, by any means. He has stated on several occasions his interest in using the guitar only as a tool, and taking it above and beyond the realm in which it has traditionally lived. What this translates into



**Who:** Jeff Beck  
**When:** September 23 at 8 p.m.  
**Where:** Grande Sierra Resort (formerly the Reno Hilton)  
**Info:** Ticketmaster.com

for the listener is traditionally "aware" music for the 21st century, incorporating myriad sounds outside of the traditional spectrum. The traditional tools are all there, but they are used in conjunction with modern recording techniques and processing to create a unique aural experience.

This may be a turn-off for Beck traditionalists who remember his early days with The Yardbirds (where Beck replaced Eric Clapton as lead guitarist, and led them to hits such as "Heart

Full of Soul" and "Shapes of Things") and The Jeff Beck Group (with Rod Stewart and Ron Wood, who later went on to take the band Faces to stardom). But every great musician grows and takes their craft to new heights, and Jeff Beck is no different. Instead of lazily basking in the glory that has surrounded him, Beck has risen to a higher level with each new album he has released, constantly pushing his craft to new heights.

Despite labeling of Beck's more recent works as "electrónica," the music is diverse and packed full of the influences that have

made this extraordinary guitarist what he is today. Listeners should expect a rich and immense tonal palette and a combination of the influences that have helped Beck create world-class albums in nearly every major genre in current popular music.

Whether an old fan, or fresh ears, you owe it to yourself to experience that mastery that is Jeff Beck.

## Call for Film Entries

### Wild and Scenic Film Festival

Deadline, September 30

The Wild and Scenic Environmental Film Festival celebrates the natural and wild world. Get out those dusty cameras and submit your environmental and adventure films determined to educate, motivate, and inspire. Prizes will be awarded. Download an application and info at: [www.wildandscenicfilmfestival.org](http://www.wildandscenicfilmfestival.org) or call 530-265-5961 x202.



### Squaw Valley Winter Film Festival

Deadline October 16

Squaw Valley is looking for outstanding new ski and snowboard films to showcase at the 7th Annual Squaw Valley Winter Film Festival on November 24, 2006. Short and feature-length films will be accepted, but it is asked that each film be edited to a 30-minute version. Filmmakers interested in screening their movie at the Film Festival should contact Squaw Valley's Marketing Department at 530-583-6985.



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- Two convenient locations: Kings Beach and Truckee
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**(530) 546-2356**  
[www.tahoemusic.com](http://www.tahoemusic.com)

- 8079 North Lake Blvd., Suite 208, Kings Beach
- 9709 Highway 267, Suite C, Martis Valley Professional Center, Truckee

## Psychedelic, digitally enhanced tour of "The Human Body"

The Fleischmann Planetarium presents

By Amber Fuger  
Moonshine Ink

A virgin to the University of Nevada, Reno campus, a skeptical outlook loomed in my mind as I prepped for this assignment. Skepticism turned into bewilderment and then a familiar curiosity took over all senses.

One aspect of a planetarium I had never pondered was film viewing. But here I was, on a lazy Wednesday afternoon, making the journey down I-80 to Reno to catch the IMAX film, "The Human Body" at the Fleischmann Planetarium.

In the Fleischmann Planetarium, scientific marvels cover the walls and allow even the most scientifically depraved to explore through touch, sight, smell, and hearing. There were all sorts of entertaining, hands-on activities geared toward exploring the human body to keep me occupied before the show. The one I found the most active and enticing was the activity set up to test your brain reaction time. Basically, a metal stick is attached to a magnet and then the magnetic field is turned off. The stick drops and you catch it. On the stick are measurements in seconds. I fell between .15 and .1 seconds, which is just between average and 'lightning fast' reaction time.

Back to the movie. To my surprise the film was fascinating. Now, I am the girl who put off a core Biology course in college until the final semester – this film would have made the class much more interesting. The Human Body is not a typical science flick with diagrams and fake skeleton replicas. This film was set in London focusing on a family composed of an Aunt and Uncle, who are expecting, and their niece and nephew. Most of the dialogue is narration and the human characters do play an active role, but the brain is the main character. The film uses modern day technology to show viewers what the body is doing on a daily basis and how the brain is the key to all the functions of the human body. "Everything that you do, say, think, see, taste, hear, and feel is processed and controlled by a complex network of specialized cells in your brain," read a sign outside the theater. This film demonstrates, in a way that is digestible by a biology-phobe, how exactly the brain does all this.

Further, with psychedelic enhancement of regenerating blood cells and fertilization set to Marvin Gaye, The Human Body succeeded at entertaining for educational purposes. Other human functions were touched upon as well – digestive, respiratory, and childbirth, all of which were enhanced by special IMAX features and a 3-D globe type screen. As for viewing flicks in a planetarium, sit in the back and prepare to be fully immersed in the content matter on display.

Viewing times, ticket prices, and all other films shown at the Fleischmann Planetarium can be viewed at [www.planetarium.unr.edu](http://www.planetarium.unr.edu). To entice further, a recreation of the Pink Floyd's Dark Side of the Moon will be shown the first Friday of every month at 8 p.m.



**Fleischmann Planetarium**, looks to the stars and inside the human body

## Psychedelic, digitally enhanced tour of "The Human Body"

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A virgin to the University of Nevada, Reno campus, a skeptical outlook loomed in my mind as I prepped for this assignment. Skepticism turned into bewilderment and then a familiar curiosity took over all senses.

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### Smokin' Joes

Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

### Celebrate the Taste of Summer Wine Event

Plump Jack Cafe Squaw Valley. Enjoy fabulous food pairings while you learn the theory behind developing estate wines from Ridge Vineyards. Classes range from \$35-50 per person. To sign up, please visit [www.plumpjack.com](http://www.plumpjack.com) or contact Liz Dugan 530-583-1576 for reservations.

### Moe

9 p.m. @ Mont Bleu. Mont Bleu Resort (Formerly Caeser's Tahoe). 888-829-7630. [www.montbleuresort.com](http://www.montbleuresort.com)

### 20th Annual Draft Horse Classic & Harvest Fair

Nevada Co. Fairgrounds. 273-6217. [www.nevadacountryfair.com](http://www.nevadacountryfair.com)

Sunday September 24

### No Bad Barley

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

### Doobie Brothers

Silver Legacy 800-687-8733. [www.silverlegacy.com](http://www.silverlegacy.com)

### Funk the Band

Pastime.10096 Donner Pass Road. 582-9219

### Grinch

Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

### The Saddle Tramps

Crystal Bay Club Free Stage Lounge Show at 10pm. 775-833-6333

### 20th Annual Draft Horse Classic & Harvest Fair

See September 21

Saturday September 23

### Larry Johnson

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

### The Blasters with "BoDeans Acoustic"

Kurt Neumann & Sam Llanas. \$40/\$35. Hawkins Amphitheater Washoe County Parks, 2601 Plumas Ave, Reno, NV. 775-828-6642 [www.hawkinsamphitheater.com](http://www.hawkinsamphitheater.com).

### Doobie Brothers

See September 22

### David Lee Roth

John Ascuaga's Nugget. 800-648-1177 [www.janugget.com](http://www.janugget.com)

### Liquid Cheese

Pastime.10096 Donner Pass Road. 582-9219

### 86th Annual Genoa Candy Dance

775-782-8696. [www.candydanceartsandcraftsfair.org](http://www.candydanceartsandcraftsfair.org)

### Grinch

See September 22

### Jimbo Mathus Band

Crystal Bay Club Free Stage Lounge Show at 10pm. 775-833-6333

### Bomshel

Grand Sierra Resort and Casino. The country music female duo. The concert will benefit the Make A Wish Foundation. Tickets are just \$25.00 general admission. 775-789-2285 or 800-648-3568 or through any Ticketmaster outlet.

### Judith Owen

Jazz vocalist. Barkley Theatre at Oats Park Art Center is located at 151 East Park Street, Fallon. Tickets are \$17 CAC members; \$20 non-members. 775-423-1440

### Jeff Beck

Grand Sierra Resort and Casino. 8 pm. 775-789-2285 or 800-648-3568 or through any Ticketmaster outlet. Tickets are just \$52.50 or \$85.00 for reserved seating.

### 20th Annual Draft Horse Classic & Harvest Fair

See September 21

### Absynth

Auld Dubliner, Squaw Valley, CA

Sunday September 24

### 86th Annual Genoa Candy Dance

See September 23

### 20th Annual Draft Horse Classic & Harvest Fair

See September 21

Monday September 25

### Hotter Than Hell

Zenbu Live Rock. Zenbu, Squaw Valley USA, 583-9900

Wednesday September 27

### Shannon Curfman

Crystal Bay Club Free Stage Lounge Show at 9pm. 775-833-6333

Thursday September 28

### Lake Tahoe Autumn Food and Wine Festival

Lake Tahoe Autumn Food and Wine Festival September 28 to October 1. The four-day celebration of food in Lake Tahoe includes a lakeside grape stomp; Blazing Pans Mountain Chef Cook-Off; Kings Beach Passport to Dining; Truckee Wine, Walk and Shop; wine tastings and food pairings; cooking demonstrations and seminars with celebrity chefs and the Grand Tasting and Culinary Competition. 888-229-2193 or [www.puretahoenoorth.com](http://www.puretahoenoorth.com)

Friday September 29

### Two Out Rally

Pastime.10096 Donner Pass Road. 582-9219

### Patrick Hourigan

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

### Bongo Love

Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

### Oktoberfest- Sparks

Presented by the Silver Club. Victorian Square in Sparks. 775-353-3325

### Kenny Rogers

Silver Legacy. 800-687-8733. [www.silverlegacy.com](http://www.silverlegacy.com)

### Lake Tahoe Autumn Food and Wine Festival

See September 28

Saturday September 30

### Fearless Chicken

Pastime.10096 Donner Pass Road. 582-9219

### Tuck Wilson

Cottonwood Restaurant, at Hilltop, Truckee. Reservations recommended. 587-5711.

### Nevada County Gold Harvest Wine Trail

8th Annual. Wine, food, music, tours, vineyards, wineries, and more. J. 11 to 5 on Saturday and 12 to 4 on Sunday. Tickets are \$35 in advance and \$40 at the door. 530-292-3235



"Mary, Queen of Scots" hosts a banquet with Royal Saint Gyles Actors Guild at KVMR's Celtic Festival.

### 10th Anniversary KVMR Celtic Festival & Marketplace

Nevada County Fairgrounds. Celebrate Celtic culture in Grass Valley. The festival features world-famous musicians from Celtic lands, dance, Scottish Games, pageantry, falconry, horses, sheep, open jams, parades, fencing demonstrations, historical re-enactments, kids' area, storytelling and shopping in the authentic medieval village. Adults: one day, \$27; two days, \$38. Youth (6-16): one day, \$14; two days, \$19. Children under six are free. KVMR members get discounts. [www.kvmr.org/celticfestival](http://www.kvmr.org/celticfestival). 530 265-9073

### Wine, Walk & Shop

Historic Downtown Truckee. In conjunction with the annual Autumn Food and Wine Festival. From Noon to 4pm merchants in historic downtown Truckee will offer wine and appetizer tasting to wine lovers, food connoisseurs and shoppers extraordinaire. 530-550-2252

### 5th Annual Village Oktoberfest Brew Ha Ha

The Village at Squaw Valley USA. The European-style stone walkways and atmosphere of The Village set the scene for this Bavarian festival that includes authentic German beer, music, dancing, games and food. [www.squawvalleyusa.com](http://www.squawvalleyusa.com) or 877-297-2140

### Oktoberfest- Sparks

See September 29

### Kenny Rogers

See September 29

### Lake Tahoe Autumn Food and Wine Festival

See September 28

### 10th Anniversary KVMR Celtic Festival & Marketplace

See September 30

### Nevada County Gold Harvest Wine Trail

See September 30

Thursday October 5

### Oak Ridge Boys

John Ascuaga's Nugget. 800-648-1177. [www.janugget.com](http://www.janugget.com)

### Mofro

9 p.m. @ Crystal Bay Club \$12 Adv/\$15 Dos. Crystal Bay Club Casino, 14 State Route 28, Crystal Bay, Nev. 89402. 775-833-6333, [www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com).

Friday October 6

### Rainmaker

[www.rainmakertheband.com](http://www.rainmakertheband.com) Bar of America, 10042 Donner Pass Road, Truckee. 587-3110.

### Oak Ridge Boys

See October 5

# The Rocking Stone: Live & eat

## Teddy Geiger

Grand Sierra Resort and Casino. 8 p.m.  
\$20.00. 775-789-2285 or 800-648-3568 or  
through any Ticketmaster outlet.

Saturday October 7

## The Pickadillos

[www.thepickadillos.com](http://www.thepickadillos.com) Bar of America,  
10042 Donner Pass Road, Truckee. 587-  
3110.

## 14th Donner Party Hike

Truckee and Donner Summit. Presented by  
Truckee Donner Chamber of Commerce.  
Discover historical points of interest on guided  
hikes along Emigrant Trails. Presentations  
and lunch provided on Saturday hikes. One  
and two day hikes available.  
[www.truckee.com](http://www.truckee.com) or 866-443-2027



## North Mississippi Allstars,

(Photo: Jon R. Luini, courtesy of [www.nmallstars.com](http://www.nmallstars.com))

## North Mississippi Allstars Hill Country Revue

[www.nmallstars.com](http://www.nmallstars.com). \$23 adv/\$25 Dr.  
Crystal Bay Club Casino, 14 State Route 28,  
Crystal Bay, Nev. 89402. 775-833-6333,  
[www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com).

## Great Italian Festival

Eldorado Hotel Casino downtown Reno. 800-  
879-8879. [www.eldoradoreno.com](http://www.eldoradoreno.com)

## Oak Ridge Boys

See October 5

## Lovell Sisters

Barkley Theatre at Oats Park Art Center is  
located at 151 East Park Street, Fallon.  
Tickets are \$17 CAC members; \$20 non-  
members. 775-423-1440

Sunday October 8

## 14th Donner Party Hike

See October 7

## Great Italian Festival

See October 7

Friday October 13

## Gov't Mule & Donavon Frankenreiter

8 p.m. @ Grand Sierra Resort (Formerly  
Reno Hilton). 1-800-501-2651. [www.grandsierra.com](http://www.grandsierra.com).

## Argenta

Friday, 8 p.m. Nightingale Concert Hall,  
University of Nevada, Reno campus. Adult  
\$13/University students, seniors, children \$8.  
530-766-2277. [www.unr.edu/arts](http://www.unr.edu/arts)

Saturday October 14

## Bill Engvall

Silver Legacy. 800-687-8733.  
[www.SilverLegacy.com](http://www.SilverLegacy.com)

## Auburn Bluegrass Festival

Top bluegrass artists Laurie Lewis and Tom  
Rozum will headline the Auburn Bluegrass  
Fest noon to 10 p.m. at Auburn's Gold  
Country Fairgrounds. Also performing: F  
150's, Mountain Laurel, On the Loose, Spillit  
Quikkers, and Common Sense. Adults \$25,  
teens \$15, children 12 and under, free with  
an adult. 530-885-9009. [www.livefromauburn.com](http://www.livefromauburn.com)

## Ongoing

### Truckee Books

Mondays 6 p.m.: Knitting Group, all levels  
welcome; 6 to 8 p.m.: Chess Knight hosted  
by Geoff, bring your board and pieces.  
Tuesdays 6 to 9 p.m.: Open mic Music,  
Poetry, Storytelling. Thursdays 6 to 8 p.m.:  
Acoustic Guitar with Dan from "Blarney" 6  
PM, Friday live music 7 to 9 p.m. Truckee  
Books, 10009 West River Street, Truckee,  
Calif. 96161. 530-582-8302

### Open Mic Night

The Bar of America, Truckee. Starting  
September 6, now moving to Wednesdays  
from 8:30 p.m. to 10:30 p.m. featuring \$2  
microbrews and live entertainment from  
Truckee's bravest souls. 530-587-2626.

### North Tahoe Arts First Fridays

North Tahoe Arts presents opening art receptions  
the first Friday of the month. Come view  
fantastic works by artists from regional and  
visiting artists at this free event, open to the  
public. North Tahoe Arts at 380 North Lake  
Blvd in Tahoe City. 530-581-2787  
[www.northtaoearts.com](http://www.northtaoearts.com).

### Farmer's Market

Farm fresh produce and hand made products.  
Every Tuesday through October 3, from  
8 am to 1 pm; in Truckee at the Regional  
Park and in Kings Beach at the Foot of Coon  
Street by the boat ramp.

### Reno/Sparks Singles

Reno/Sparks Mingling Singles welcomes all  
Professional, Business and Retired Singles  
who want to meet other singles in our area.  
Please attend our Fridays Meet & Greet Event  
@ Amelia's 6-10pm Drinks, Dinner,  
Conversations and Music by Bonnie Sue and  
The Doctor, at Mercury Air Field, 655 Rock  
Blvd. Reno. Free Parking & No cover. Call for  
additional information- Leola 746-4904

### Grower's Markets in Nevada City

Mondays: 3to 6pm, Lake of the Pines, Red  
Wagon Inn. Tuesdays: 3to 6pm,  
Imaginarium, 151 Nevada City Hwy,  
Nevada City. Thursdays: 3to 6pm, Western  
Gateway Park, Penn Valley. Fridays: 8:30am  
to 1pm, Downtown Nevada City. Saturdays:  
9am to noon, Nevada County Fairgrounds.  
906-0831. [www.ncgold.com](http://www.ncgold.com).

### Tahoe Tunesday

At Cal Neva Resort Spa & Casino's Circle  
Bar every Tuesday, 6 p.m. to 9 p.m., featuring  
live music by Lake Tahoe's Jimmy Buffet,  
Darin Talbot. \$2 tacos and drink specials.  
800-CAL-NEVA.

## Art

### Life Drawing: Open Studio

Improve your life drawing techniques and  
skills while working freely from a nude  
model. An instructor will be present to coordinate  
class and offer instruction if requested.  
Both male and female models will be drawn.  
Students may register for 4, 6 or 8 classes.

Instructor: Jerry Stinson. Session 1:

Wednesdays, September 13 to November 1,  
6 PM to 8 PM. Ages 18 and up. \$144 NMA  
members, \$144 non-members, \$108 for 6  
sessions, \$88 for four sessions. To register,  
call Elizabeth at 329-3333 ext. 260. Nevada  
Museum of Art, 160 West Liberty Street,  
Reno. [www.nevadaart.org](http://www.nevadaart.org).

### "The Natural World"

Presented by North Tahoe Arts, photographer,  
Aaron Sedway of Tahoe City and  
painter, Andrea Raft of Southern California  
will show a combined exhibit in the Main  
Gallery of the art center, 380 N. Lake Blvd.  
(next to the fire station) in Tahoe City, begin-  
ning with an opening reception Fri. Sept. 1 at  
5 p.m. to 7 p.m. The exhibit, "The Natural  
World," will continue until Oct. 1. For more  
information on the September exhibit, contact  
North Tahoe Arts at 530-581-2787 or visit  
[www.northtaoearts.com](http://www.northtaoearts.com).

their website at [northtaoearts.com](http://www.northtaoearts.com).

### Andy Skaff at Wolfdale's

The paintings of Andy Skaff will be shown at  
Wolfdale's Restaurant, 640 North Lake Blvd.  
in Tahoe City, from August 29th through the  
month of October. An artist's reception will  
be held Friday, September 15th from 4 to 6  
pm at Wolfdale's. "Colors of the West" will  
feature landscapes of the Sierra Nevada and  
American West. Andy works in oils in the  
Plein Air tradition. By painting almost every  
day in the Sierra Nevada Mountains and  
throughout the West, he has developed a  
deep appreciation of the color and beauty of  
the Western landscape. Under the tutelage of  
master painter, Kevin Macpherson, Andy also  
completed an intensive course of study in the  
Loire Valley of France with the En Plein Air  
Masters Program. A selection of Andy's work,  
news of upcoming exhibits, and contact information  
can be found on his website at  
[www.askaff.com](http://www.askaff.com).

### First Friday Art Walk

Come enjoy art in Nevada City on every first  
Friday during Art Walk. Featuring all  
Downtown Galleries. 6 to 9pm. Julie Baker  
Fine Art 265-9ART.

### Sara Zimmerman at Cottonwood Restaurant

Come view the bold, lively artworks of  
Truckee acrylic painter Sara Zimmerman from  
August 1st through October 31 at  
Cottonwood Restaurant in Truckee. Spiritual  
yet surreal landscapes/still lives. Cottonwood  
Restaurant at Hilltop, Truckee. Contact Sara  
at [www.sarazimmerman.net](http://www.sarazimmerman.net) or 530-550-  
7253 for more information.

### 'Raising Monet' for the Arts

Please join us at our second annual 'Raising  
Monet' Art Sale and Silent Auction at the art  
center in Tahoe City. The event will kick-off at  
the First Friday Opening Reception on  
September 1st and run through the 18th.  
Money raised will help North Tahoe Arts con-  
tinue to provide programs and services as we  
work to fulfill our mission of supporting the  
art community throughout the North Lake  
Tahoe-Truckee region. These programs  
include the monthly exhibits at the Art Center,  
Tahoe ARTour, ARTisan Shop, ART in Public  
Places and YouthART camp. For more informa-  
tion call the art center at 530-581-2787  
or visit 380 North Lake Blvd in Tahoe City in  
September.

### Ryan Salm at Dragonfly

The explosive photography of Ryan Salm will  
be featured at Dragonfly Cuisine from August  
through October. The show, "Journey's  
through Asia" is a culmination of over a  
year's worth of traveling throughout the  
deserts, mountains, jungles and waterways of  
the Asian subcontinent, including adventures  
in Mongolia, China, Tibet, Nepal, Thailand,  
Myanmar and Borneo. For the entire collection  
of Ryan's work visit his website at  
[www.ryansalmphotography.com](http://www.ryansalmphotography.com). Dragonfly is  
located upstairs at 10118 Donner Pass Rd.,  
right in the heart of downtown Truckee. For  
reservations, call Dragonfly at 530-587-  
0557.

### Still Waters:

Nevada Museum of Art presents Still Waters:  
An Installation by Marlene Alt through Sept.  
17. \$10 adults, \$8 students, seniors. Media  
Gallery, NMA, 160 W. Liberty St., 329-  
3333.

### Woven Legacy

Gatekeeper's Museum presents Woven  
Legacy: A Collection of Dat-so-la-lee Works,  
through 2007. An exhibition of 62 miniatures  
and models, woven for Amy Cohn, from  
1900-1921. Dat-so-la-lee (Louisa Keyser), the  
most famous of Washoe weavers, became  
famous for her talent while creating baskets  
exclusively for the Cohn family of Carson  
City, NV. The Gatekeeper's Museum will  
remain open through the winter to April on  
weekends from 11am - 3pm. 130 W. Lake  
Blvd., Tahoe City, 583-1762.

# A.G.H.

## ANYTHING GROWS HYDROPONICS

We are the One Stop Hydro & Organic Supply Shop  
for the hobbyist to the commercial grower.

Come see our large selection of organic soil and additives.



Largest ON-HAND selection of indoor/outdoor  
gardening supplies in the High Sierra



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Friendly, knowledgeable staff with over 20 years  
experience in hydroponic and organic gardening

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10607 West River Street

Building 3-C

(530) 582-0479

Mon-Sat: 11am - 6pm

Reno Store

190 West Moana Lane

(775) 828-1460

Mon-Sat: 10am - 6pm

Sun: Noon - 4pm

[www.anythinggrowshydro.com](http://www.anythinggrowshydro.com)



10096 DONNER PASS RD  
TRUCKEE, CA  
(530) 582-9219

OVER 21 ONLY  
ID REQUIRED

## LIVE MUSIC

### UPCOMING SHOWS

9/15-16 Sexrat  
(Rock)

9/22 Funk the Band  
(Reggae, Ska, Funk)

9/23 Liquid Cheese  
(Reggae, Latin, Ska)

9/29 Two Out Rally  
(Rock, Funk, Jam)

9/30 Fearless Chicken  
(Surf Punk)

# The Rocking Stone: Let's say yes

## Mike Ogilvie & Sean Russell

Oct. 2 to Nov. 3 (Reception, Oct. 5), Monday to Friday, 9 a.m. to 5 p.m. In this mixed-media exhibition featuring Mike Ogilvie and Sean Russell, recent graduates from the University of Nevada, Las Vegas graduate program, the gallery will be filled with large-scale paintings and sculptures scattering the floor. Both artists work in contemporary, comic style, using humor in their art. The opening will be Oct. 5, with an artists' lecture at 5:30 p.m., and reception at 6:30 p.m. Sheppard Fine Arts Gallery, University of Nevada, Reno campus. Free.

## The Kite That Never Flew

Nevada Museum of Art presents Alexander Calder: The Kite That Never Flew, an exhibition of Calder's prints and small sculptural models, through Nov. 12. \$10 adults, \$8 students, seniors. 160 W. Liberty St., 329-3333.

## Dance

### Nutcracker Auditions

A.V.A. Ballet Theatre will hold open auditions for its production of the Nutcracker Ballet, Sept. 23. Pioneer Center for the Performing Arts, 100 S. Virginia St., 775-762-5165.

### InnerRhythms Auditions

Auditions for the 2006/2007 Season scheduled for Monday, October 2, 6:30 p.m., InnerRhythms Training Centre. www.innerrhythms.org 12219 Business Park Drive, Suite 3, Truckee. 530-550-8464

### Congolese Dance Class

Thursdays 5:00 to 6:30 p.m. Saint Joseph Cultural Center, Grass Valley. www.saintjosephculturalcenter.org. 530-288-3603

## Theater

### A Doll's House Auditions

Reno Little Theater will hold auditions for Henrik Ibsen's A Doll's House, 7:30 p.m. Sept. 18 and 19. 246 E. Arroyo St., 775-329-0661 or www.renolittletheater.org.

## classifieds

To place a free classified ad, email it to [classifieds@moonshineink.com](mailto:classifieds@moonshineink.com).

Free classified ads are provided as a community service.

## For Sale

**Firewood**, \$280/cord, oak and walnut (hardwood). 530-412-2617

**Tires For Sale:** Toyo A/T 265-75-16. almost new. less than 1000 miles. paid \$650. selling for \$385. 530-448-3203.

**1989 BMW K100 RS motorcycle** with lots of extras including cruise control, Corbin seat, Progressive shock, hard bags, cover, manual, tank bag, etc. Hasn't been started in a year but ran great before. \$3,000.00. 530-308-2459.

**1992 Red Cadillac Seville STS Touring Sedan**, 4 door, Leather, CD, Air, Single Family Ownership, Regular Maintenance, Excellent Condition, Only 74,000 miles. 25 - 30 mpg, \$4,900, call 775-337-8096.

**Mountain Bike**, Trek 950 Single Track, great CC bike, \$100. 530-412-2617

**14k White Gold Engagement Ring** and White Gold Wedding Band for Sale. Engagement ring is solitaire style with 2 pear shape diamonds, .24cts total weight, all of VS2, G in color. Center diamond is a .72ct fancy oval shape of SI1 in clarity, H-I in color. Measurements, 7.33x4.87x3.04 - Price = \$2,500.00. Band is solid white gold. Measurements same as above. - Price = \$200.00. If interested please contact 530-993-4410.

**Kinder Shuttle sled**, excellent condition. Stay sane and fit this winter; pull your baby/toddler behind you in this super safe, super easy to use, fully enclosed sled for cross country skiing. Paid \$400, asking \$175. Please call 582 8464.

## On stage: Real Magic

Magicians Mark Kalin and Jinger Leigh present Real Magic, 8 p.m. Fridays-Saturdays, 3 p.m. Sundays. \$9.95-\$25.95. Magic Underground, Pioneer Center for the Performing Arts, 100 S. Virginia St., 775-324-6007.

## Chicago

The Broadway Comes to Reno 2006-2007 season kicks off with the Tony Award-winning musical Chicago, 8 p.m. Sept. 14 to 16; 7 p.m. Sept. 17; 2 p.m. Sept. 16 to 17. \$45-\$95. Pioneer Center for the Performing Arts, 100 S. Virginia St., 775-686-6600.

## And Then They Came For Me

September 28 to October 15. Nevada Theatre. Written by James Still. Directed by Gary Wright A mixed media presentation remembering the world of Anne Frank as told by two of her teenaged neighbors who survived the Holocaust. Nevada Theatre/Mainstage: Thursdays, 7 p.m., Fridays & Saturdays 8 p.m., Sundays 2 p.m. 401 Broad Street, Nevada City. [www.foothilltheatre.org](http://www.foothilltheatre.org). 265-8587

## Wrong Turn At Lungfish

Reno Little Theater will present Wrong Turn at Lungfish by Garry Marshall and Lowell Ganz, 8 p.m. Sept. 8 to 9, 15 to 16, 22 to 23, 2 p.m. Sept. 10, 17, 24. \$8-\$12. Hug High School Theater, 2880 Sutro St., 775-329-0661 or [www.renolittletheater.org](http://www.renolittletheater.org).

## Death Of A Salesman

Proscenium Players will present Arthur Miller's Death of a Salesman, 8pm Sept. 15 to 16, 22 to 23, 29 to 30, 2pm Sept. 17, Oct. 1. \$12 general, \$10 students, seniors. Donald W. Reynolds Theater, Brewery Arts Center, 449 W. King St., Carson City, 775-883-1976.

## Lady From Dubuque

Nevada Repertory kicks off its 2006 to 2007 season with Edward Albee's The Lady from Dubuque, 7:30 p.m. Sept. 29 to 30; Oct. 4 to 7; 1:30 p.m. Oct. 8. Redfield Studio Theatre, Church Fine Arts Building, University of Nevada, Reno, 775-784-6839 or 784-4444.

## Gross Indecency

Bruka Theatre opens its 2006-2007 season with Moises Kaufman's Gross Indecency-The Three Trial of Oscar Wilde, 8 p.m. Oct. 6 to 7, 12 to 14, 19 to 21, 26 to 28; 2 p.m. Oct. 22. \$16-\$20. 99 N. Virginia St., 775-323-3221.

## Hydrangea

Sept. 22, 23, 24, 7:30 p.m. at the UNR Student Theatre, Room 19. \$5, at the door. A production of Wafu, the Japanese Student Theatre club, "Hydrangea" is an original script by Tetsutaro Shinzato, performed in Japanese and directed by Mayumi Suzuki. <http://www.unr.edu/arts>, call (775) 784-4ART or 1-800-233-8928, or email arts365@unr.edu.

## Film

### "Black Holes" And "The Human Body" At Fleischmann Planetarium

Fleischmann Planetarium and Science Center at the University of Nevada, Reno presents two new immersive theater experiences featuring the SkyDome 8/70 large-format feature film exploring human physiology, "The Human Body," and the full-dome digital star show, "Black Holes," that takes you on a journey through one of the most mystifying, awe-inspiring phenomena in the universe. Both are playing daily through Jan. 7, 2007. "The Human Body" — 1, 3, and 5 p.m. daily through Jan. 7, 2007, with additional 7 p.m. showings on Fridays and Saturdays, holidays, and everyday June 9-Aug. 25 and Dec. 26-Jan. 5. "Black Holes" — 2, 4 and 6 p.m. daily through Jan. 7, 2007. Individual tickets for "The Human Body" and "Black Holes" are \$5 general admission/\$4 children and seniors. Also showing at the Fleischmann Planetarium is "Dark Side of the Moon," "The Secret of the Cardboard Rocket," and "DarkStar Adventure". For tickets, call (775) 784-4811 or visit: <http://www.planetarium.unr.edu>.

## Upcoming

### Sixth Annual Hospice Benefit

October 20, PlumpJack Squaw Valley Inn. The evening will include a gourmet meal as well as entertainment. This year's featured speaker will be historian and university professor Dr. Barbara Mossberg, an expert on John Muir: writer, naturalist, conservationist and founder of the Sierra Club. All proceeds from the event will go to benefit Tahoe Forest Hospice. 530-582-3534

### Crystal Bay Halloween Party

9 p.m. October 28. Halloween Costume Party with Tainted Love \$15 adv, \$17 dos, and free after party with Fearless Chicken. Crystal Bay Club Casino, 775-833-6333, [www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com)



### Johnny Winter

November 3 Friday , 9 p.m. @ Crystal Bay Club - \$25 Adv/\$27 Dos. Crystal Bay Club Casino, 14 State Route 28, Crystal Bay, Nev. 89402. 775-833-6333, [www.crystalbayclubcasino.com](http://www.crystalbayclubcasino.com).

### An Evening with Bill Maher

Saturday, November 4th at 8:30 pm. The comedian best known for his politically astute humor will bring his quick witted comedic talents to the Grand Theatre on November 4, at 8:30 p.m. Enjoy an evening of laughter and poking fun as Maher discusses his views on current events, politicians and modern issues. Don't miss the opportunity to See this hilarious

comedian, live and in person! 775-789-2285 or 800-648-3568, or through any Ticketmaster outlet. Tickets are for reserved seating and are just \$55.00.

### Nevada Opera- La Traviata

Nevada Opera's Reno season opens November 10th with the gripping drama La Traviata. La Traviata is Verdi's timeless tale of love's sacrifice is an opera filled with Verdi's surging melodies. La Traviata tells the story of a Parisian courtesan, Violetta Valery, who finds true love with the naïve Alfredo Germont. Her happiness is short-lived as she is forced to sacrifice her love for the sake of the Germont family honor. Nevada Opera, the state's only professional opera company is entering its 39th season bringing opera, operettas, musicals and education and outreach activities to Nevada and Sierra Nevada. Only November 10 and 12. 775-786-4046.

### Foam Fest

November 4, 7 to 10:30 p.m. at the Tahoe Biltmore. \$25 adv/ \$30 DOS. Sample from over 30 microbreweries, dance to the world acoustic rock sounds of "Sol Jibe", and win cool raffle prizes such as season passes, lift tickets, skis and snowboards. Call 530-581-4161 for tickets and information. All proceeds benefit the Tahoe Adaptive Ski School a program of Disabled Sports USA, Far West. Must be 21.

### Gregg Allman and Friends

Saturday, November 25, at 8:00 pm. Tickets go on sale September 16 at 10:00 am and are just \$39.50 general admission. Tickets may be purchased by visiting the Grand Sierra Ticket Office, by calling 775-789-2285 or 800-648-3568 or through any Ticketmaster outlet.

### In a local band, producing an event of culture or want us to know about something that's happening in Truckee-Tahoe

Moonshine Ink wants to put the spotlight on all things cultural, to keep our area vibrant and everybody's gas costs down. Send info our way to P.O. Box 4003, Truckee, CA 96160 or email us your myspace link and some info to [rockingstone@moonshineink.com](mailto:rockingstone@moonshineink.com).

**Lifecoaching service available:** For anyone wanting to explore what it is you value most in life and how to live in alignment with your beliefs; coaching can help bring you closer to your ideal day! If you are being challenged by relationships, career or life transitions; coaching can help you through tough issues and stay grounded. Call Lorna Tirman 412-1613.

**Walt Disney says:** The way to get started is to quit talking and begin doing.

**Seeking room rental or house sitting:** Professional, mature female seeks a room rental or house sitting situation for winter time, approximately, November-March. I live in Donner Lake but don't wish to endure another winter in my cabin. I am an office manager for an established company in Truckee and a freelance writer. I am super clean, quiet and responsible with two adorable, adult cats. I can keep paths shoveled and even have a cord of wood to contribute. I can easily go stay with a friend on weekends when the landlord wants to visit. Call, Keaven at 530-386-3286, [kitykabin@cebridge.net](mailto:kitykabin@cebridge.net).

**Where's Maggie:** Got your message, but I don't have your phone number; call back! leave number.



**Murphy's Law #9:** Tell a man there are 300 billion stars in the universe and he'll believe you. Tell him a bench has wet paint on it and he'll have to touch to be sure.

## Services

**Reliable Cleaning Services:** Alpine Home Care serving Lake Tahoe, Truckee, and the Sierra Valley. Licensed and insured. Call today for a free estimate. Sheryl Talmage 530-386-1391 email [alpinehc@yahoo.com](mailto:alpinehc@yahoo.com).

## Corkboard

### Reno/Sparks Mingling Singles

welcomes all Professional, Business and Retired Singles who want to meet other singles in our area. Please attend our Fridays Meet & Greet Event @ Amelia's 6-10pm Drinks, Dinner, Conversations and Music by Bonnie Sue and The Doctor, at Mercury Air Field, 655 Rock Blvd. Reno. Free Parking & No cover. Call for information- Leola 775-746-4904

## Collaboration makes magnificent art



**Burning Man** was a blast this year, says local burner Kurt Westerlund. Kurt took this photo of the amazing structure built by the "Belgians who upstaged everyone in a big way."

Hi everyone. As I write, Interstate 80 is jammed with traffic generated from the mass exodus of Burning Man. It

seems every third car is covered in a thin film of playa dust and has a mound of bicycles strapped loosely to the top or back. What started as one man's pagan ritual to nurse his broken heart has grown steadily into an annual art event that draws people

from all walks of life. Participants gather, loosen their imaginations, and reinvent society in the name of creativity. At last count, 39,100 people gathered on the playa this year to have a collaborative art experience.

Collaboration in art can take many different forms. Artists may collaborate with other skilled groups to create an event to benefit the community. Or an artist might try a 'collaboration' between different media, such as painting with photography, or poetry with dance. Or artists may collaborate with others to create one joint product. Despite its specific form, all collaboration is based on the exchange of ideas and merging of creative energy and expertise. The result is generally greater than a sum of the parts. Besides the vestiges of Burning Man, there are several magnificent examples of collaborative art on exhibit locally right now.

A moving and compelling example is at the North Tahoe Art Center. Titled "The Natural World," this mixed media exhibit is the result of a mother and son collaboration. Throughout their adult lives, Andrea Raft and Aaron Sedway have each found inspiration in other cultures, the outdoors, and in nature. Andrea Raft, an abstract painter based in Southern California, has traveled extensively through India, Bali, China, Nepal, and Tibet. Her experiences caused her to develop an Asian sensibility to her paintings. Her color palette is muted and deep, evoking a mood of



### Picassos Among Us

By Carole Sesko

contemplation, meditation, and spiritual reflection.

In contrast, Andrea's son Aaron Sedway is an accomplished photographer, who lives in Carnelian Bay. He is well known for his action shots of extreme sports, and his work has graced the pages of many sports and adventure publications around the world. Andrea states, "Aaron has a fabulous eye for composition and a certain genius about his work." He has been pursuing his passion for photography since he was first introduced to the art form as a teenager.

One day after Aaron photographed Andrea's artwork for her website, he sent her some images of his nature photography superimposed on top of her paintings, and the idea for "The Natural World" was born. Andrea experimented

with gluing Aaron's photographs in the surface of her paintings, then embellishing them with paint and



**Aaron Sedway and Andrea Raft**



**Natural World:** Andrea Raft's art works use photos from her son, Aaron Sedway

texture. The resulting artworks are powerful images demonstrating the bond of creativity that runs in their family. Individual works by each artist are on view as well. The Natural World will be on exhibit at North Tahoe Arts through October 1. For information call 530-581-2787 or visit [www.northtahoearts.com](http://www.northtahoearts.com)

Photographer Kelly Barrett plays with the collaboration of our senses. His show of double exposure abstract images is showing at New Moon Natural Foods in Truckee the end of September. This exhibit, "The Synesthetic Playground," reflects on the peculiar sensation of synesthesia, or feeling something with two senses at once. An example is experiencing a certain taste and having a strong color association at the same time. Barrett has used the concept of synesthesia as the context for his experimental photography, and the resulting images are fascinating.

A Truckee native, Kelly Barrett states, "My interest in photography was sparked by my first photo class, a black and white seminar taught by John Echols at Truckee High School. Over time, I became bored with standard methodologies of photography... and I decided to investigate double exposures. I was blown away by the images from that first roll." He has devoted almost a full year to perfecting his techniques. Barrett's work has been featured at Hide Gallery in Santa Cruz, and will be on view at New Moon through the end of September. This is a great show and I highly recommend you check it out. For information, contact Kelly at 530-587-7426.

Photographer Ryan Salm is the featured artist at Truckee's Dragonfly Restaurant through October. His "Journeys through Asia" exhibit is a collection of color images from his extensive travels through Asian deserts, mountains, jungles, and waterways. Salm's ability to connect with the people of the places he's visiting has allowed him to capture scenes from some of the most exotic and beautiful places on earth, and is the culmination of over a year's worth of travel. For information visit [www.ryansalmphotography.com](http://www.ryansalmphotography.com)

An outstanding show that is worth a

trip to Reno is featured at the Nevada Museum of Art. "Alexander Calder: The Kite That Never Flew," is an exhibit of Calder's marquettes and small sculptural models which served as the foundation for his well known large outdoor sculptures. Also on display is a selection of Calder's prints and collaborative works with weavers from the museum's permanent collection. This exhibit will be on display through November 12 in the Feature Gallery. NMA is located in downtown Reno at 160 Liberty Street.



Unique, double exposed photography by **Kelly Barrett**

Visit [www.nevadaart.org](http://www.nevadaart.org) for information and detailed directions.

Looking forward to seeing you around town or at one of these shows.

~ Carole Sesko is an artist and designer with a passion for promoting creativity within our community. Contact Carole at 530-587-7750 or visit her website at [www.carolesesko.com](http://www.carolesesko.com).

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**North Lake Tahoe Tour**

Saturday, October 14

9 a.m. to 3 p.m.

To register, call 914-819-8060  
or click to [www.sigba.org](http://www.sigba.org)

Learn about passive and active solar systems, geothermal heat pumps, green building features and more!

Cost is \$35/per person (*includes lunch*)



Tahoe Truckee Unified School District's Alder Middle School is an example of Green Building featuring many eco-friendly characteristics.

**Truckee Tour**

Saturday, October 21

9 a.m. to 3 p.m.

To register, call 530-587-1920  
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